



KOMUNIKAT KOŃCOWY ZAWODÓW

TORUŃ, 25-26 września 2010

Mały Memoriał Janusza Kusocińskiego

ORGANIZATOR:

MKL Toruń



PROGRAM MINUTOWY

| 10-09-25 | Godzina | Konkurencja | Szczebel/ilość/awans |
|-----------------|----------------|--|-----------------------------|
| | 12:30 | 5000 m chód mężczyzn | FINAŁ |
| | 13:00 | Ceremonia Otwarcia | |
| | 13:20 | 300 m ppł kobiet | Serie (4) |
| | 13:20 | Rzut młotem młodziczek (3kg) | |
| | 13:20 | Skok o tyczce mężczyzn | |
| | 13:20 | Rzut dyskiem młodziczek (0,75 kg) | |
| | 13:40 | 300 m ppł mężczyzn | Serie (4) |
| | 14:00 | 100 metrów kobiet | elim (3) 8q |
| | 14:00 | Skok wzwyż kobiet | |
| | 14:15 | 100 metrów mężczyzn | elim (3) 8q |
| | 14:30 | 600 metrów kobiet | Serie (2) |
| | 14:30 | Rzut oszczepem młodzików (600) | |
| | 14:40 | 600 metrów mężczyzn | Serie (2) |
| | 14:40 | Pchnięcie kulą młodzików (5kg) | |
| | 14:55 | 2000 metrów mężczyzn | Serie (2) |
| | 15:15 | 100 metrów kobiet | FINAŁ |
| | 15:20 | 100 metrów mężczyzn | FINAŁ |
| | 15:25 | 100 metrów kobiet (PK) | Serie (1) |
| | 15:30 | 100 metrów mężczyzn (PK) | Serie (2) |
| 10-09-26 | Godzina | Konkurencja | Szczebel/ilość/awans |
| | 10:30 | 3000 m chód kobiet | FINAŁ |
| | 10:30 | Rzut oszczepem kobiet | |
| | 10:30 | Skok wzwyż mężczyzn | |
| | 10:30 | Rzut młotem młodzików (5kg) | |
| | 10:30 | Skok o tyczce kobiet | |
| | 10:30 | Skok w dal kobiet | |
| | 11:00 | 100 m ppł młodziczki (76,2) | elim (3) 8q |
| | 11:20 | 110 m ppł młodzików (91,4) | elim (2) 8q |
| | 11:35 | 300 metrów kobiet | Serie (4) |
| | 11:55 | 300 metrów mężczyzn | Serie (4) |
| | 12:00 | Pchnięcie kulą młodziczek (3kg) | |
| | 12:00 | Rzut dyskiem młodzików (1kg) | |
| | 12:00 | Skok w dal mężczyzn | |
| | 12:15 | 100 m ppł młodziczki (76,2) | FINAŁ |
| | 12:25 | 110 m ppł młodzików (91,4) | FINAŁ |
| | 12:35 | 1000 metrów kobiet | Serie (2) |
| | 12:55 | 1000 metrów mężczyzn | Serie (2) |
| | 13:15 | 4x100 metrów kobiet | FINAŁ |
| | 13:20 | 4x100 metrów mężczyzn | FINAŁ |



KOMUNIKAT KOŃCOWY

5000 m chód mężczyzn

| | | | | |
|--------------|--------------|--------------|--------|----------|
| RP: 22:40.38 | Rafał SIKORA | Sokół Mielec | Mielec | 19/10/02 |
|--------------|--------------|--------------|--------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-25 12:34:03

| | | | | | | | |
|----|----|-----|-----------------------|----------|--------------------------------------|----------|-----|
| 1 | 5 | 560 | Adam MAŁEK | 95-01-01 | KKS Victoria Stalowa Wola(PDK) | 24:29.35 | PB* |
| 2 | 12 | 851 | Jan RYGAŁ | 95-06-25 | CKS Budowlani Częstochowa(SLK) | 24:35.61 | PB |
| 3 | 17 | 476 | Szymon ZIELIŃSKI | 95-12-06 | UKS Orkan Środa Wlkp.(WLP) | 24:47.48 | * |
| 4 | 2 | 2 | Marek KUBAS | 96-01-01 | GUKLA Bratkowice Korzeniowski.pl(PD) | 25:49.54 | |
| 5 | 10 | 448 | Arkadiusz MIŚKIEWICZ | 95-08-31 | UKS Olimp Kozienice(MAZ) | 26:22.99 | ** |
| 6 | 6 | 20 | Mateusz NOWAK | 96-05-06 | UKS Skoczek Skoki(WLP) | 26:45.19 | |
| 7 | 7 | 714 | Przemysław SZPECIŃSKI | 95-04-10 | KMKL Sztorm Kołobrzeg(ZPO) | 26:45.30 | PB |
| 8 | 1 | 959 | Daniel CHOJECKI | 95-01-24 | WLKS Siedlce - Iganie Nowe (MAZ) | 27:30.62 | * |
| 9 | 3 | 966 | Mateusz GOŁAWSKI | 95-01-24 | WLKS Siedlce - Iganie Nowe (MAZ) | 27:46.73 | |
| 10 | 14 | 976 | Mateusz KUĆ | 95-01-06 | WLKS Siedlce - Iganie Nowe (MAZ) | 27:55.96 | # |
| 11 | 9 | 58 | Artur KAIM | 95-06-11 | KL Lechia Gdańsk(POM) | 28:08.18 | PB |
| 12 | 13 | 100 | Michał BACHOR | 96-01-17 | GUKLA Bratkowice Korzeniowski.pl(PD) | 28:16.62 | |
| 13 | 16 | 142 | Krystian ANDREARCZYK | 95-04-10 | KL Lechia Gdańsk(POM) | 28:50.49 | |
| 14 | 11 | 270 | Karol NAJDYHOR | 95-01-18 | MKS Żak Biała Podlaska(LBE) | 28:56.66 | |
| 15 | 15 | 56 | Kamil KOMAROWSKI | 95-03-21 | MKS Juwenia Białystok(POD) | 29:37.03 | PB |
| 16 | 8 | 380 | Mateusz SZEWCZYK | 95-07-10 | CKS Budowlani Częstochowa(SLK) | 30:04.33 | PB |
| 17 | 4 | 7 | Martin NIEĆ | 96-07-05 | LKS Górnik Wałbrzych(DOL) | 30:53.01 | |

Międzyczasy

| | | | |
|-------|-----|------------------|---------------------|
| 1000m | 560 | Adam MAŁEK | 4:51.52 (4:51.52) |
| 2000m | 560 | Adam MAŁEK | 9:56.19 (5:04.68) |
| 3000m | 560 | Adam MAŁEK | 15:03.04 (5:06.85) |
| 4000m | 476 | Szymon ZIELIŃSKI | 19:50.81 (4:47.78)" |

300 m ppt kobiet

| | | | | |
|-----------|-------------------|-----------------------|---------|----------|
| RP: 43.29 | Karolina KOŁECZEK | UKS Trójka Sandomierz | Rzeszów | 31/08/08 |
|-----------|-------------------|-----------------------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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Bieg 1/4

Start: 10-09-25 13:22:00

| | | | | | | | |
|---|---|-----|-----------------------|----------|----------------------------------|-------|----|
| 1 | 4 | 149 | Joanna ŻMUDZIEJEWSKA | 96-11-02 | CWKS Resovia Rzeszów(PDK) | 45.23 | PB |
| 2 | 6 | 768 | Dagmara JARCZYŃSKA | 95-06-26 | RKS SKRA Warszawa(MAZ) | 45.48 | PB |
| 3 | 3 | 37 | Kamila KOPCZAK | 95-07-22 | UKS Tempo 5 Przemyśl(PDK) | 45.59 | PB |
| 4 | 5 | 73 | Aleksandra BUCZKOWICZ | 95-04-04 | MKS-MOSM Bytom(SLK) | 45.63 | PB |
| 5 | 7 | 61 | Natalia ŚLĘZAK | 95-05-07 | MKS Hermes Gryfino(ZPO) | 47.08 | PB |
| 6 | 2 | 66 | Żaneta STANISZEWSKA | 95-02-22 | UKS MOSiR Działdowo(WMZ) | 47.49 | |
| 7 | 1 | 91 | Aleksandra BALCEREK | 96-05-01 | MLUKS Pojezierze Elckie Elk(WMZ) | 48.38 | |

| | | | | | | |
|----------|---|-----|---------------------------|----------|------------------------|--------------|
| 8 | 8 | 458 | Aleksandra BUDZIAK | 96-05-11 | UKS Kusy Warszawa(MAZ) | 48.62 |
|----------|---|-----|---------------------------|----------|------------------------|--------------|

Bieg 2/4

Start: 10-09-25 13:25:22

| | | | | | | | |
|----------|---|-----|----------------------------|----------|----------------------------------|--------------|----|
| 1 | 4 | 5 | Katarzyna KOPYTO | 95-08-21 | LKLA Krokus Astromal Leszno(WLP) | 47.23 | PB |
| 2 | 5 | 71 | Oliwia KASPEREK | 95-09-20 | MKS-MOSM Bytom(SLK) | 47.86 | PB |
| 3 | 3 | 861 | Katarzyna RYCHTER | 96-02-01 | SL WKS Zawisza Bydgoszcz(KPO) | 47.90 | PB |
| 4 | 1 | 196 | Ewa POLOCH | 95-03-09 | UKS Achilles Leszno(WLP) | 48.39 | |
| 5 | 6 | 239 | Małgorzata CICHOSZ | 95-01-16 | MLKS Baszta Bytów(POM) | 48.80 | |
| 6 | 2 | 108 | Paulina BRYDA | 95-01-26 | TS AKS Chorzów(SLK) | 48.94 | |
| | 8 | 77 | Patrycja TKACZYK | 95-01-01 | RLMKS Orłęta Radom(MAZ) | DNS | |
| | 7 | 46 | Klaudia TERLIKOWSKA | 95-02-27 | LKS Górnik Wałbrzych(DOL) | DNS | |

Bieg 3/4

Start: 10-09-25 13:28:44

| | | | | | | | |
|----------|---|-----|----------------------------|----------|--------------------------------|--------------|----|
| 1 | 1 | 197 | Martyna POLOCH | 95-03-09 | UKS Achilles Leszno(WLP) | 47.41 | PB |
| 2 | 4 | 123 | Patrycja ŚLIWIAK | 95-08-10 | MKS Halicz Ustrzyki Dolne(PDK) | 47.74 | PB |
| 3 | 3 | 777 | Marta KUBEŁ | 95-09-23 | KS Podlasie Białystok(POD) | 48.38 | PB |
| 4 | 6 | 506 | Katarzyna TUNIEWICZ | 95-04-14 | MKL Toruń(KPO) | 48.73 | |
| 5 | 5 | 12 | Aleksandra RÓD | 95-01-20 | MLKS Sokół Lubin(DOL) | 49.14 | |
| 6 | 7 | 11 | Elwira WRÓBEL | 96-01-11 | LUKS Hańcza Suwałki(POD) | 49.41 | PB |
| 7 | 2 | 24 | Emilia PUCZYŁOWSKA | 95-05-30 | LUKS Hańcza Suwałki(POD) | 49.43 | PB |
| | 8 | 548 | Agata KĘPA | 95-07-24 | MKL Toruń(KPO) | DNS | |

Bieg 4/4

Start: 10-09-25 13:32:56

| | | | | | | | |
|----------|---|-----|----------------------------|----------|------------------------|--------------|----|
| 1 | 6 | 438 | Justyna SAGANIAK | 95-12-01 | SKS Start Łódź(LDZ) | 46.14 | PB |
| 2 | 1 | 81 | Marlena MORTON | 95-02-15 | SKS Kusy Kraków(MLP) | 46.50 | |
| 3 | 8 | 515 | Agata ROLIŃSKA | 95-07-22 | PLKS Gwda Piła(WLP) | 48.50 | PB |
| 4 | 5 | 3 | Ewelina KRAWIEC | 95-09-27 | MKS Osa Zgorzelec(DOL) | 49.42 | |
| 5 | 2 | 7 | Iwona KLIMEK | 95-03-22 | MLUKS Tarnów(MLP) | 50.71 | |
| 6 | 4 | 403 | Magdalena ZUBRZYCKA | 96-10-06 | AZS-AWFIS Gdańsk(POM) | 51.79 | |
| 7 | 3 | 181 | Aleksandra KNERA | 95-03-28 | AZS Łódź(LDZ) | 53.66 | |
| 8 | 7 | 796 | Aleksandra PIETRZAK | 96-06-02 | AZS Łódź(LDZ) | 55.34 | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|-----------------------|----------|-----------------------------|-------|----|
| 1 | Bieg 1 1 | Joanna ŻMUDZIEJEWSKA | 96-11-02 | CWKS Resovia Rzeszów | 45.23 | PB |
| 2 | Bieg 1 2 | Dagmara JARCZYŃSKA | 95-06-26 | RKS SKRA Warszawa | 45.48 | PB |
| 3 | Bieg 1 3 | Kamila KOPCZAK | 95-07-22 | UKS Tempo 5 Przemyśl | 45.59 | PB |
| 4 | Bieg 1 4 | Aleksandra BUCZKOWICZ | 95-04-04 | MKS-MOSM Bytom | 45.63 | PB |
| 5 | Bieg 4 1 | Justyna SAGANIAK | 95-12-01 | SKS Start Łódź | 46.14 | PB |
| 6 | Bieg 4 2 | Marlena MORTON | 95-02-15 | SKS Kusy Kraków | 46.50 | |
| 7 | Bieg 1 5 | Natalia ŚLĘZAK | 95-05-07 | MKS Hermes Gryfino | 47.08 | PB |
| 8 | Bieg 2 1 | Katarzyna KOPYTO | 95-08-21 | LKLA Krokus Astromal Leszno | 47.23 | PB |
| 9 | Bieg 3 1 | Martyna POLOCH | 95-03-09 | UKS Achilles Leszno | 47.41 | PB |
| 10 | Bieg 1 6 | Żaneta STANISZEWSKA | 95-02-22 | UKS MOSiR Działdowo | 47.49 | |
| 11 | Bieg 3 2 | Patrycja ŚLIWIAK | 95-08-10 | MKS Halicz Ustrzyki Dolne | 47.74 | PB |
| 12 | Bieg 2 2 | Oliwia KASPEREK | 95-09-20 | MKS-MOSM Bytom | 47.86 | PB |
| 13 | Bieg 2 3 | Katarzyna RYCHTER | 96-02-01 | SL WKS Zawisza Bydgoszcz | 47.90 | PB |
| 14 | Bieg 1 7 | Aleksandra BALCEREK | 96-05-01 | MLUKS Pojezierze Elckie Elk | 48.38 | |
| 15 | Bieg 3 3 | Marta KUBEŁ | 95-09-23 | KS Podlasie Białystok | 48.38 | PB |
| 16 | Bieg 2 4 | Ewa POLOCH | 95-03-09 | UKS Achilles Leszno | 48.39 | |
| 17 | Bieg 4 3 | Agata ROLIŃSKA | 95-07-22 | PLKS Gwda Piła | 48.50 | PB |
| 18 | Bieg 1 8 | Aleksandra BUDZIAK | 96-05-11 | UKS Kusy Warszawa | 48.62 | |
| 19 | Bieg 3 4 | Katarzyna TUNIEWICZ | 95-04-14 | MKL Toruń | 48.73 | |
| 20 | Bieg 2 5 | Małgorzata CICHOSZ | 95-01-16 | MLKS Baszta Bytów | 48.80 | |
| 21 | Bieg 2 6 | Paulina BRYDA | 95-01-26 | TS AKS Chorzów | 48.94 | |
| 22 | Bieg 3 5 | Aleksandra RÓD | 95-01-20 | MLKS Sokół Lubin | 49.14 | |
| 23 | Bieg 3 6 | Elwira WRÓBEL | 96-01-11 | LUKS Hańcza Suwałki | 49.41 | PB |
| 24 | Bieg 4 4 | Ewelina KRAWIEC | 95-09-27 | MKS Osa Zgorzelec | 49.42 | |
| 25 | Bieg 3 7 | Emilia PUCZYŁOWSKA | 95-05-30 | LUKS Hańcza Suwałki | 49.43 | PB |
| 26 | Bieg 4 5 | Iwona KLIMEK | 95-03-22 | MLUKS Tarnów | 50.71 | |
| 27 | Bieg 4 6 | Magdalena ZUBRZYCKA | 96-10-06 | AZS-AWFIS Gdańsk | 51.79 | |
| 28 | Bieg 4 7 | Aleksandra KNERA | 95-03-28 | AZS Łódź | 53.66 | |
| 29 | Bieg 4 8 | Aleksandra PIETRZAK | 96-06-02 | AZS Łódź | 55.34 | |
| | Bieg 2 DNS | Patrycja TKACZYK | 95-01-01 | RLMKS Orleża Radom | DNS | |
| | Bieg 3 DNS | Agata KĘPA | 95-07-24 | MKL Toruń | DNS | |
| | Bieg 2 DNS | Klaudia TERLIKOWSKA | 95-02-27 | LKS Górnik Wałbrzych | DNS | |

300 m ppt mężczyzn

| | | | | |
|-----------|--------------------|-------------------------|---------|----------|
| RP: 38.66 | Michał KORZENIECKI | UKS 19 BOJARY Białystok | Siedlce | 30/09/06 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/4

Start: 10-09-25 13:41:48

| | | | | | | | |
|---|---|-----|---------------------|----------|---------------------------|-------|----|
| 1 | 4 | 438 | Maciej LEWANDOWSKI | 95-02-08 | UKS Kusy Warszawa(MAZ) | 38.99 | PB |
| 2 | 5 | 331 | Michał STODOLNY | 95-05-26 | UKB Szubin(KPO) | 39.42 | PB |
| 3 | 3 | 248 | Sebastian LUDWIG | 95-03-02 | LUKS Podium Kup (OPL) | 39.97 | PB |
| 4 | 2 | 94 | Marcin KACPRZAK | 95-02-09 | UKS DZIEWIĄTKA Kutno(LDZ) | 40.36 | PB |
| 5 | 6 | 13 | Daniel NIŻNIK | 95-04-03 | LKS Olimpic Szczecin(ZPO) | 41.05 | |
| 6 | 8 | 771 | Mateusz ORZECZOWSKI | 95-07-14 | RKS SKRA Warszawa(MAZ) | 41.43 | |
| 7 | 7 | 12 | Kacper SCHUBERT | 95-07-10 | MLKS Echo Twardogóra(DOL) | 41.54 | |

Bieg 2/4

Start: 10-09-25 13:46:16

| | | | | | | | |
|---|---|-----|------------------|----------|--------------------------------|-------|----|
| 1 | 3 | 530 | Łukasz SMOLNICKI | 95-01-27 | SKLA Sopot(POM) | 40.70 | PB |
| 2 | 7 | 146 | Artur STOCHAJ | 95-03-16 | KS Gwardia Piła(WLP) | 40.75 | PB |
| 3 | 6 | 37 | Sebastian KRAUT | 95-01-25 | MOS CSiR Dąbrowa Górnicza(SLK) | 41.08 | PB |

| | | | | | | |
|----------|---|-----|--------------------------|----------|--------------------------|--------------|
| 4 | 5 | 620 | Adam SOBIŃSKI | 95-03-24 | MKLA Łęczycza(LDZ) | 41.60 |
| 5 | 4 | 22 | Mateusz SIUDA | 95-02-11 | UKS Żaczek Połaniec(SWK) | 41.71 |
| 6 | 8 | 539 | Patryk DŁUGOSZ | 95-10-05 | PLKS Gwda Piła(WLP) | 42.01 |
| 7 | 2 | 656 | Filip MACIEJEWSKI | 95-06-20 | TS Olimpia Poznań(WLP) | 43.16 |

Bieg 3/4

Start: 10-09-25 13:50:18

| | | | | | | | |
|----------|---|-----|-------------------------|----------|-------------------------------|--------------|----|
| 1 | 2 | 355 | Jakub CZYŻEWSKI | 95-03-12 | AZS-PWSZ Gorzów(LBU) | 41.37 | PB |
| 2 | 1 | 62 | Grzegorz BEDNARZ | 95-11-17 | MKS Osa Zgorzelec(DOL) | 41.60 | PB |
| 3 | 3 | 15 | Marcel MARSZAŁEK | 95-09-23 | LUKS Zabrzeg(SLK) | 41.71 | PB |
| 4 | 4 | 612 | Adam ZACHWIEJA | 95-10-09 | MKLA Łęczycza(LDZ) | 41.97 | |
| 5 | 5 | 207 | Damian PAWŁOWICZ | 95-08-04 | ULKS Talex Borzytuchom(POM) | 41.99 | |
| 6 | 7 | 10 | Patryk LASOCKI | 95-03-11 | MKS Sambor Tczew(POM) | 42.19 | PB |
| 7 | 6 | 109 | Tomasz NOWAK | 95-05-09 | SKS Kusy Kraków(MLP) | 42.61 | |
| | 8 | 865 | Jan NAPIERAŁA | 96-05-29 | SL WKS Zawisza Bydgoszcz(KPO) | DNF | |

Bieg 4/4

Start: 10-09-25 13:55:04

| | | | | | | | |
|----------|---|-----|----------------------------|----------|----------------------------------|--------------|----|
| 1 | 4 | 435 | Kamil RÓZGA | 95-09-19 | UKS Kusy Warszawa(MAZ) | 41.15 | PB |
| 2 | 5 | 131 | Wojciech PRZYBYLSKI | 95-01-04 | SKS Kusy Kraków(MLP) | 41.94 | PB |
| 3 | 3 | 50 | Szymon MARCZUK | 95-07-24 | MKS-MOS Płomień Sosnowiec(SLK) | 43.24 | |
| 4 | 2 | 68 | Kamil HENDZEL | 95-03-10 | UKS Tempo 5 Przemyśl(PDK) | 44.16 | |
| 5 | 8 | 986 | Rafał ŁAGUNA | 96-04-30 | LŁKS Prefbet Śniadowo Łomża(POD) | 44.21 | PB |
| 6 | 7 | 503 | Michał WEIWER | 96-01-01 | MKL Toruń(KPO) | 44.58 | |
| | 6 | 108 | Kajetan DUSZYŃSKI | 95-05-12 | TS AKS Chorzów(SLK) | DNF | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|----------------------------|----------|-----------------------------|--------------|----|
| 1 | Bieg 1 1 | Maciej LEWANDOWSKI | 95-02-08 | UKS Kusy Warszawa | 38.99 | PB |
| 2 | Bieg 1 2 | Michał STODOLNY | 95-05-26 | UKB Szubin | 39.42 | PB |
| 3 | Bieg 1 3 | Sebastian LUDWIG | 95-03-02 | LUKS Podium Kup | 39.97 | PB |
| 4 | Bieg 1 4 | Marcin KACPRZAK | 95-02-09 | UKS DZIEWIĄTKA Kutno | 40.36 | PB |
| 5 | Bieg 2 1 | Łukasz SMOLNICKI | 95-01-27 | SKLA Sopot | 40.70 | PB |
| 6 | Bieg 2 2 | Artur STOCHAJ | 95-03-16 | KS Gwardia Piła | 40.75 | PB |
| 7 | Bieg 1 5 | Daniel NIŻNIK | 95-04-03 | LKS Olympic Szczecin | 41.05 | |
| 8 | Bieg 2 3 | Sebastian KRAUT | 95-01-25 | MOS CSiR Dąbrowa Górnicza | 41.08 | PB |
| 9 | Bieg 4 1 | Kamil RÓZGA | 95-09-19 | UKS Kusy Warszawa | 41.15 | PB |
| 10 | Bieg 3 1 | Jakub CZYŻEWSKI | 95-03-12 | AZS-PWSZ Gorzów | 41.37 | PB |
| 11 | Bieg 1 6 | Mateusz ORZECZOWSKI | 95-07-14 | RKS SKRA Warszawa | 41.43 | |
| 12 | Bieg 1 7 | Kacper SCHUBERT | 95-07-10 | MLKS Echo Twardogóra | 41.54 | |
| 13 | Bieg 2 4 | Adam SOBIŃSKI | 95-03-24 | MKLA Łęczycza | 41.60 | |
| 14 | Bieg 3 2 | Grzegorz BEDNARZ | 95-11-17 | MKS Osa Zgorzelec | 41.60 | PB |
| 15 | Bieg 2 5 | Mateusz SIUDA | 95-02-11 | UKS Żaczek Połaniec | 41.71 | |
| 16 | Bieg 3 3 | Marcel MARSZAŁEK | 95-09-23 | LUKS Zabrzeg | 41.71 | PB |
| 17 | Bieg 4 2 | Wojciech PRZYBYLSKI | 95-01-04 | SKS Kusy Kraków | 41.94 | PB |
| 18 | Bieg 3 4 | Adam ZACHWIEJA | 95-10-09 | MKLA Łęczycza | 41.97 | |
| 19 | Bieg 3 5 | Damian PAWŁOWICZ | 95-08-04 | ULKS Talex Borzytuchom | 41.99 | |
| 20 | Bieg 2 6 | Patryk DŁUGOSZ | 95-10-05 | PLKS Gwda Piła | 42.01 | |
| 21 | Bieg 3 6 | Patryk LASOCKI | 95-03-11 | MKS Sambor Tczew | 42.19 | PB |
| 22 | Bieg 3 7 | Tomasz NOWAK | 95-05-09 | SKS Kusy Kraków | 42.61 | |
| 23 | Bieg 2 7 | Filip MACIEJEWSKI | 95-06-20 | TS Olimpia Poznań | 43.16 | |
| 24 | Bieg 4 3 | Szymon MARCZUK | 95-07-24 | MKS-MOS Płomień Sosnowiec | 43.24 | |
| 25 | Bieg 4 4 | Kamil HENDZEL | 95-03-10 | UKS Tempo 5 Przemyśl | 44.16 | |
| 26 | Bieg 4 5 | Rafał ŁAGUNA | 96-04-30 | LŁKS Prefbet Śniadowo Łomża | 44.21 | PB |
| 27 | Bieg 4 6 | Michał WEIWER | 96-01-01 | MKL Toruń | 44.58 | |
| | Bieg 4 DNF | Kajetan DUSZYŃSKI | 95-05-12 | TS AKS Chorzów | DNF | |
| | Bieg 3 DNF | Jan NAPIERAŁA | 96-05-29 | SL WKS Zawisza Bydgoszcz | DNF | |

100 metrów kobiet

RP: 12.05

Anna ŚLIPIKO

AZS Olsztyn

Kraków

23/07/73

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/3

Wiatr: -1.3 m/s

Start: 10-09-25 14:04:17

| | | | | | | | |
|---|---|-----|--------------------|----------|---------------------------------|-------|---|
| 1 | 7 | 12 | Julia KUROWSKA | 95-06-29 | UKL Ósemka Police(ZPO) | 12.74 | q |
| 2 | 5 | 760 | Weronika BŁAŻEK | 96-01-14 | MMKS Gdańsk(POM) | 12.79 | q |
| 3 | 9 | 39 | Ewa OCHOCKA | 96-01-17 | MKS Bolesłavia Bolesławiec(DOL) | 13.05 | q |
| 4 | 8 | 870 | Klaudia TESZBIR | 96-02-16 | AZS-AWF Gorzów(LBU) | 13.21 | |
| 5 | 6 | 123 | Monika MULARZ | 96-02-03 | LKS Pszczyna(SLK) | 13.25 | |
| 6 | 3 | 23 | Dominika MOREK | 96-01-22 | MKS Chojniczanka Chojnice(POM) | 13.26 | |
| 7 | 4 | 50 | Klaudia PĘDZIWIATR | 96-01-20 | SKS Kusy Kraków(MLP) | 13.56 | |
| 8 | 2 | 607 | Maria MIERZWA | 95-06-12 | KKL Kielce(SWK) | 13.74 | |

Bieg 2/3

Wiatr: -1.7 m/s

Start: 10-09-25 14:07:11

| | | | | | | | |
|---|---|-----|---------------------|----------|------------------------------|-------|---|
| 1 | 7 | 78 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole(OPL) | 12.55 | q |
| 2 | 5 | 607 | Karolina CIESIELSKA | 96-02-17 | MUKS Płock(MAZ) | 12.68 | q |
| 3 | 8 | 397 | Klaudia GOŁĄBEK | 95-01-24 | AZS-AWFIS Gdańsk(POM) | 12.83 | q |
| 4 | 2 | 417 | Kamila DZIENISZ | 95-11-29 | SSA Legia 1926 Warszawa(MAZ) | 13.10 | |
| 5 | 4 | 1 | Kornelia WRÓBEL | 96-01-11 | LUKS Hańcza Suwałki(POD) | 13.22 | |
| 6 | 3 | 23 | Anna BŁOCH | 95-03-23 | MKS Baszta Szamotuły(WLP) | 13.23 | |
| 7 | 6 | 9 | Arletta DZIEWIĄTAK | 95-01-24 | RKS Łódź(LDZ) | 13.61 | |

Bieg 3/3

Wiatr: -1.5 m/s

Start: 10-09-25 14:10:19

| | | | | | | | |
|---|---|-----|------------------|----------|----------------------------------|-------|---|
| 1 | 8 | 2 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza(SLK) | 12.64 | q |
| 2 | 3 | 235 | Magdalena WRONKA | 95-01-01 | KS Agros Zamość(LBE) | 12.98 | q |
| 3 | 7 | 754 | Kamila ZAŃKO | 95-01-31 | KS Agros Zamość(LBE) | 13.14 | |
| 4 | 6 | 33 | Ewa FORMAL | 95-03-16 | UKS Tempo 5 Przemyśl(PDK) | 13.22 | |
| 5 | 5 | 993 | Marta KALIŚCIAK | 96-06-11 | LłKS Prefbet Śniadowo Łomża(POD) | 13.30 | |
| 6 | 4 | 10 | Iwona OLEWICZ | 96-05-17 | UKS Jedynka Łowicz(LDZ) | 13.37 | |
| 7 | 2 | 112 | Katarzyna MAZUR | 95-09-17 | CWKS Resovia Rzeszów(PDK) | 13.40 | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|---------------------|----------|-----------------------------|-------|---|
| 1 | Bieg 2 1 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole | 12.55 | q |
| 2 | Bieg 3 1 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza | 12.64 | q |
| 3 | Bieg 2 2 | Karolina CIESIELSKA | 96-02-17 | MUKS Płock | 12.68 | q |
| 4 | Bieg 1 1 | Julia KUROWSKA | 95-06-29 | UKL Ósemka Police | 12.74 | q |
| 5 | Bieg 1 2 | Weronika BŁAŻEK | 96-01-14 | MMKS Gdańsk | 12.79 | q |
| 6 | Bieg 2 3 | Klaudia GOŁĄBEK | 95-01-24 | AZS-AWFIS Gdańsk | 12.83 | q |
| 7 | Bieg 3 2 | Magdalena WRONKA | 95-01-01 | KS Agros Zamość | 12.98 | q |
| 8 | Bieg 1 3 | Ewa OCHOCKA | 96-01-17 | MKS Bolesłavia Bolesławiec | 13.05 | q |
| 9 | Bieg 2 4 | Kamila DZIENISZ | 95-11-29 | SSA Legia 1926 Warszawa | 13.10 | |
| 10 | Bieg 3 3 | Kamila ZAŃKO | 95-01-31 | KS Agros Zamość | 13.14 | |
| 11 | Bieg 1 4 | Klaudia TESZBIR | 96-02-16 | AZS-AWF Gorzów | 13.21 | |
| 12 | Bieg 3 4 | Ewa FORMAL | 95-03-16 | UKS Tempo 5 Przemyśl | 13.22 | |
| 13 | Bieg 2 5 | Kornelia WRÓBEL | 96-01-11 | LUKS Hańcza Suwałki | 13.22 | |
| 14 | Bieg 2 6 | Anna BŁOCH | 95-03-23 | MKS Baszta Szamotuły | 13.23 | |
| 15 | Bieg 1 5 | Monika MULARZ | 96-02-03 | LKS Pszczyna | 13.25 | |
| 16 | Bieg 1 6 | Dominika MOREK | 96-01-22 | MKS Chojniczanka Chojnice | 13.26 | |
| 17 | Bieg 3 5 | Marta KALIŚCIAK | 96-06-11 | LŁKS Prefbet Śniadowo Łomża | 13.30 | |
| 18 | Bieg 3 6 | Iwona OLEWICZ | 96-05-17 | UKS Jedyńka Łowicz | 13.37 | |
| 19 | Bieg 3 7 | Katarzyna MAZUR | 95-09-17 | CWKS Resovia Rzeszów | 13.40 | |
| 20 | Bieg 1 7 | Klaudia PĘDZIWIATR | 96-01-20 | SKS Kusy Kraków | 13.56 | |
| 21 | Bieg 2 7 | Arletta DZIEWIĄTAK | 95-01-24 | RKS Łódź | 13.61 | |
| 22 | Bieg 1 8 | Maria MIERZWA | 95-06-12 | KKL Kielce | 13.74 | |

100 metrów mężczyzn

| | | | | |
|-----------|-------------|---------------------|------|----------|
| RP: 11.08 | Leszek DYJA | GÓRNIK 09 Mysłowice | Łódź | 10/10/93 |
|-----------|-------------|---------------------|------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/3

Wiatr: -2.0 m/s

Start: 10-09-25 14:16:32

| | | | | | | | |
|---|---|-----|--------------------|----------|--------------------------------|-------|----|
| 1 | 6 | 16 | Kamil JANISZAK | 95-12-29 | MKS Junior Złocieniec(ZPO) | 11.53 | q |
| 2 | 2 | 405 | Piotr GROBELNY | 95-04-05 | LKS Orkan Ostrzeszów(WLP) | 11.58 | q |
| 3 | 7 | 60 | Dawid MISIORSKI | 95-05-05 | MKS Chojniczanka Chojnice(POM) | 11.72 | q |
| 4 | 3 | 4 | Jacek KABACIŃSKI | 95-10-25 | MKS-MOS Płomień Sosnowiec(SLK) | 11.77 | PB |
| 5 | 8 | 527 | Michał OLENDER | 96-03-27 | MKL Toruń(KPO) | 11.83 | |
| 6 | 5 | 349 | Mikołaj WILCZYŃSKI | 95-04-30 | CKS Budowlani Częstochowa(SLK) | 11.88 | |
| 7 | 9 | 212 | Damian WOSIŃSKI | 96-05-06 | ULKS Talex Borzytuchom(POM) | 11.94 | |

Bieg 2/3

Wiatr: -2.1 m/s

Start: 10-09-25 14:23:36

| | | | | | | | |
|---|---|-----|---------------------|----------|--------------------------------------|-------|---|
| 1 | 2 | 985 | Patryk HŁADUNIUK | 95-06-27 | LKS Lubusz Słubice(LBU) | 11.45 | q |
| 2 | 5 | 111 | Aleksander SERAFIN | 95-08-29 | TS AKS Chorzów(SLK) | 11.74 | q |
| 3 | 6 | 986 | Tomasz OLSZEWSKI | 95-01-19 | LŁKS Prefbet Śniadowo Łomża(POD) | 11.76 | q |
| 4 | 1 | 23 | Artur WALCZAK | 96-03-12 | MKS Osa Zgorzelec(DOL) | 11.77 | |
| 5 | 4 | 440 | Bartosz WIERZBIŃSKI | 95-01-29 | KLKS Juventa-Kobex Starachowice(SWK) | 11.83 | |
| 6 | 8 | 974 | Bartek FLORYSZCZUK | 95-04-30 | WLKS Siedlce - Iganie Nowe (MAZ) | 11.96 | |
| 7 | 3 | 10 | Tomasz MUDLAFF | 95-07-16 | LKS Ziemi Puckiej Puck(POM) | 11.98 | |
| 8 | 9 | 102 | Dominik KOPEĆ | 95-03-05 | KS Agros Zamość(LBE) | 12.02 | |
| 9 | 7 | 112 | Patryk KOŚCIÓŁEK | 95-05-20 | CWKS Resovia Rzeszów(PDK) | 12.05 | |

Bieg 3/3

Wiatr: -3.4 m/s

Start: 10-09-25 14:30:49

| | | | | | | | |
|---|---|----|---------------|----------|--------------------------|-------|---|
| 1 | 8 | 29 | Patryk FRANKO | 95-05-15 | LUKS Hańcza Suwałki(POD) | 11.55 | q |
|---|---|----|---------------|----------|--------------------------|-------|---|

| | | | | | | | |
|----------|---|-----|--------------------------|----------|----------------------------------|--------------|---|
| 2 | 5 | 7 | Radosław LADEMANN | 95-02-08 | LKS Ziemi Puckiej Puck(POM) | 11.71 | q |
| 3 | 7 | 525 | Adam GRELA | 95-10-27 | MKS Kusy Szczecin(ZPO) | 11.77 | |
| 4 | 6 | 1 | Mateusz GAD | 95-10-06 | UKS Żaczek Połaniec(SWK) | 11.88 | |
| 5 | 1 | 955 | Rafał ABRAMOWSKI | 95-02-23 | WLKS Siedlce - Iganie Nowe (MAZ) | 12.05 | |
| 6 | 3 | 87 | Jacek SZWED | 95-01-14 | UKS-MOS Opole(OPL) | 12.07 | |
| 7 | 4 | 126 | Grzegorz KANIA | 95-01-01 | UKS Tempo 5 Przemyśl(PDK) | 12.18 | |
| 8 | 2 | 611 | Michał JUSZCZYK | 95-11-05 | CKS Budowlani Częstochowa(SLK) | 12.32 | |
| | 9 | 527 | Michał OLENDER | 96-03-27 | MKL Toruń(KPO) | DNS | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|----------------------------|----------|---------------------------------|--------------|----|
| 1 | Bieg 2 1 | Patryk HŁADUNIUK | 95-06-27 | LKS Lubusz Słubice | 11.45 | q |
| 2 | Bieg 1 1 | Kamil JANISZAK | 95-12-29 | MKS Junior Złocieniec | 11.53 | q |
| 3 | Bieg 3 1 | Patryk FRANKO | 95-05-15 | LUKS Hańcza Suwałki | 11.55 | q |
| 4 | Bieg 1 2 | Piotr GROBELNY | 95-04-05 | LKS Orkan Ostrzeszów | 11.58 | q |
| 5 | Bieg 3 2 | Radosław LADEMANN | 95-02-08 | LKS Ziemi Puckiej Puck | 11.71 | q |
| 6 | Bieg 1 3 | Dawid MISIORSKI | 95-05-05 | MKS Chojniczanka Chojnice | 11.72 | q |
| 7 | Bieg 2 2 | Aleksander SERAFIN | 95-08-29 | TS AKS Chorzów | 11.74 | q |
| 8 | Bieg 2 3 | Tomasz OLSZEWSKI | 95-01-19 | LKS Prefbet Śniadowo Łomża | 11.76 | q |
| 9 | Bieg 2 4 | Artur WALCZAK | 96-03-12 | MKS Osa Zgorzelec | 11.77 | |
| 10 | Bieg 1 4 | Jacek KABACIŃSKI | 95-10-25 | MKS-MOS Płomień Sosnowiec | 11.77 | PB |
| 11 | Bieg 3 3 | Adam GRELA | 95-10-27 | MKS Kusy Szczecin | 11.77 | |
| 12 | Bieg 2 5 | Bartosz WIERZBIŃSKI | 95-01-29 | KLKS Juventa-Kobex Starachowice | 11.83 | |
| 13 | Bieg 1 5 | Michał OLENDER | 96-03-27 | MKL Toruń | 11.83 | |
| 14 | Bieg 3 4 | Mateusz GAD | 95-10-06 | UKS Żaczek Połaniec | 11.88 | |
| 15 | Bieg 1 6 | Mikołaj WILCZYŃSKI | 95-04-30 | CKS Budowlani Częstochowa | 11.88 | |
| 16 | Bieg 1 7 | Damian WOSIŃSKI | 96-05-06 | ULKS Talex Borzytuchom | 11.94 | |
| 17 | Bieg 2 6 | Bartek FLORYSZCZUK | 95-04-30 | WLKS Siedlce - Iganie Nowe | 11.96 | |
| 18 | Bieg 2 7 | Tomasz MUDLAFF | 95-07-16 | LKS Ziemi Puckiej Puck | 11.98 | |
| 19 | Bieg 2 8 | Dominik KOPEĆ | 95-03-05 | KS Agros Zamość | 12.02 | |
| 20 | Bieg 2 9 | Patryk KOŚCIÓŁEK | 95-05-20 | CWKS Resovia Rzeszów | 12.05 | |
| 21 | Bieg 3 5 | Rafał ABRAMOWSKI | 95-02-23 | WLKS Siedlce - Iganie Nowe | 12.05 | |
| 22 | Bieg 3 6 | Jacek SZWED | 95-01-14 | UKS-MOS Opole | 12.07 | |
| 23 | Bieg 3 7 | Grzegorz KANIA | 95-01-01 | UKS Tempo 5 Przemyśl | 12.18 | |
| 24 | Bieg 3 8 | Michał JUSZCZYK | 95-11-05 | CKS Budowlani Częstochowa | 12.32 | |
| | Bieg 3 DNS | Michał OLENDER | 96-03-27 | MKL Toruń | DNS | |

600 metrów kobiet

| | | | | |
|-------------|------------------|------------|------|----------|
| RP: 1:31.50 | Małgorzata PSKIT | START Łódź | Łódź | 05/05/90 |
|-------------|------------------|------------|------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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Bieg 1/2

Start: 10-09-25 14:36:44

| | | | | | | | |
|-----------|----|-----|-----------------------------|----------|------------------------------------|----------------|----|
| 1 | 2 | 47 | Martyna STRUCIŃSKA | 95-03-26 | AZS UWM Olsztyn(WMZ) | 1:35.36 | |
| 2 | 1 | 601 | Dominika MURASZEWSKA | 95-11-21 | MUKS Płock(MAZ) | 1:35.83 | |
| 3 | 3 | 406 | Julianna GASIAK | 95-12-10 | LUKS Konopiska(SLK) | 1:35.83 | PB |
| 4 | 4 | 36 | Małgorzata WOJTOWICZ | 95-07-17 | MLKS Sokół Lubin(DOL) | 1:37.45 | PB |
| 5 | 5 | 7 | Magdalena WĘGRZYN | 95-05-05 | MLUKS Tarnów(MLP) | 1:37.87 | PB |
| 6 | 6 | 91 | Monika GĘBARZEWSKA | 96-10-06 | SS MKS Parasol Wrocław(DOL) | 1:40.59 | |
| 7 | 14 | 51 | Julia GAJDUS | 95-08-10 | LLKS Ziemi Kociewskiej Skórcz(POM) | 1:40.96 | |
| 8 | 12 | 52 | Jowita BŁASZCZAK | 95-11-15 | MKS-MOS Płomień Sosnowiec(SLK) | 1:41.22 | |
| 9 | 10 | 402 | Zuzanna PUTOŃ | 95-02-26 | TL Pogoń Ruda Śląska(SLK) | 1:41.34 | |
| 10 | 7 | 72 | Ewelina BALIŃSKA | 95-03-20 | MKS-MOSM Bytom(SLK) | 1:41.76 | |
| 11 | 8 | 554 | Beata KRAWIEC | 95-08-29 | KKS Victoria Stalowa Wola(PDK) | 1:42.33 | |

| | | | | | | |
|-----------|----|-----|--------------------------|----------|--------------------------------|----------------|
| 12 | 11 | 22 | Weronika ŻUKOWSKA | 96-11-21 | MOS CSiR Dąbrowa Górnicza(SLK) | 1:42.79 |
| 13 | 13 | 969 | Karolina GAŚKA | 95-12-09 | UKS Barnim Goleniów(ZPO) | 1:43.63 |
| 14 | 9 | 145 | Sandra SZPOTT | 96-01-22 | KS Gwardia Piła(WLP) | 1:43.70 |

Bieg 2/2

Start: 10-09-25 14:44:04

| | | | | | | |
|-----------|----|-----|-----------------------------|----------|-------------------------------------|-------------------|
| 1 | 1 | 527 | Tatiana KUKIEŁKO | 95-06-07 | SKLA Sopot(POM) | 1:41.13 |
| 2 | 6 | 512 | Ola GAWORSKA | 95-11-07 | BKL Bełchatów(LDZ) | 1:41.95 PB |
| 3 | 7 | 162 | Patrycja GÓRECKA | 95-08-13 | SKLA Słupsk(POM) | 1:43.35 |
| 4 | 4 | 205 | Patrycja WITKOWSKA | 95-07-07 | MULKS MOS Sieradz(LDZ) | 1:43.62 |
| 5 | 12 | 311 | Patrycja MROZOWSKA | 95-09-10 | AZS UMCS Lublin(LBE) | 1:43.87 |
| 6 | 8 | 95 | Monika GWOŹDZIAŃSKA | 95-06-05 | LKB Braci Petk Łębork(POM) | 1:43.95 |
| 7 | 2 | 92 | Ilona TABISZ | 96-04-06 | KKB MOSIR Krosno(PDK) | 1:44.15 |
| 8 | 3 | 903 | Anna SOBKA | 96-11-08 | LKS VECTRA-DGS Włocławek(KPO) | 1:44.93 |
| 9 | 10 | 991 | Eliza GRZYMAŁA | 96-02-24 | LŁKS Prefbet Śniadowo Łomża(POD) | 1:45.31 PB |
| 10 | 9 | 547 | Aleksandra RYGIELSKA | 96-08-22 | MKL Toruń(KPO) | 1:45.34 |
| 11 | 11 | 14 | Małgorzata MALEC | 96-04-07 | TKS Tomasovia Tomaszów Lubelski(LB) | 1:45.75 PB |
| 12 | 5 | 645 | Monika MIKOŁAJCZAK | 96-01-24 | TS Olimpia Poznań(WLP) | 1:47.64 |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|-------------|-----------------------------|----------|---------------------------------|----------------------|
| 1 | Bieg 1 1 | Martyna STRUCIŃSKA | 95-03-26 | AZS UWM Olsztyn | 1:35.36 |
| 2 | Bieg 1 2 | Dominika MURASZEWSKA | 95-11-21 | MUKS Płock | 1:35.83(6) |
| 3 | Bieg 1 3 | Julianna GASIĄK | 95-12-10 | LUKS Konopiska | 1:35.83(8) PB |
| 4 | Bieg 1 4 | Małgorzata WOJTOWICZ | 95-07-17 | MLKS Sokół Lubin | 1:37.45 PB |
| 5 | Bieg 1 5 | Magdalena WĘGRZYN | 95-05-05 | MLUKS Tarnów | 1:37.87 PB |
| 6 | Bieg 1 6 | Monika GĘBARZEWSKA | 96-10-06 | SS MKS Parasol Wrocław | 1:40.59 |
| 7 | Bieg 1 7 | Julia GAJDUS | 95-08-10 | LLKS Ziemi Kociewskiej Skórcz | 1:40.96 |
| 8 | Bieg 2 1 | Tatiana KUKIEŁKO | 95-06-07 | SKLA Sopot | 1:41.13 |
| 9 | Bieg 1 8 | Jowita BŁASZCZAK | 95-11-15 | MKS-MOS Płomień Sosnowiec | 1:41.22 |
| 10 | Bieg 1 9 | Zuzanna PUTOŃ | 95-02-26 | TL Pogoń Ruda Śląska | 1:41.34 |
| 11 | Bieg 1 10 | Ewelina BALIŃSKA | 95-03-20 | MKS-MOSM Bytom | 1:41.76 |
| 12 | Bieg 2 2 | Ola GAWORSKA | 95-11-07 | BKL Bełchatów | 1:41.95 PB |
| 13 | Bieg 1 11 | Beata KRAWIEC | 95-08-29 | KKS Victoria Stalowa Wola | 1:42.33 |
| 14 | Bieg 1 12 | Weronika ŻUKOWSKA | 96-11-21 | MOS CSiR Dąbrowa Górnicza | 1:42.79 |
| 15 | Bieg 2 3 | Patrycja GÓRECKA | 95-08-13 | SKLA Słupsk | 1:43.35 |
| 16 | Bieg 2 4 | Patrycja WITKOWSKA | 95-07-07 | MULKS MOS Sieradz | 1:43.62 |
| 17 | Bieg 1 13 | Karolina GAŚKA | 95-12-09 | UKS Barnim Goleniów | 1:43.63 |
| 18 | Bieg 1 14 | Sandra SZPOTT | 96-01-22 | KS Gwardia Piła | 1:43.70 |
| 19 | Bieg 2 5 | Patrycja MROZOWSKA | 95-09-10 | AZS UMCS Lublin | 1:43.87 |
| 20 | Bieg 2 6 | Monika GWOŹDZIAŃSKA | 95-06-05 | LKB Braci Petk Łębork | 1:43.95 |
| 21 | Bieg 2 7 | Ilona TABISZ | 96-04-06 | KKB MOSIR Krosno | 1:44.15 |
| 22 | Bieg 2 8 | Anna SOBKA | 96-11-08 | LKS VECTRA-DGS Włocławek | 1:44.93 |
| 23 | Bieg 2 9 | Eliza GRZYMAŁA | 96-02-24 | LŁKS Prefbet Śniadowo Łomża | 1:45.31 PB |
| 24 | Bieg 2 10 | Aleksandra RYGIELSKA | 96-08-22 | MKL Toruń | 1:45.34 |
| 25 | Bieg 2 11 | Małgorzata MALEC | 96-04-07 | TKS Tomasovia Tomaszów Lubelski | 1:45.75 PB |
| 26 | Bieg 2 12 | Monika MIKOŁAJCZAK | 96-01-24 | TS Olimpia Poznań | 1:47.64 |

Rzut dyskiem młodziczek (0,75 kg)

RP: 50.53

Izabela OGÓREK

MKS Tomaszów Mazowiecki Łódź

16/09/06

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Start: 10-09-25 13:20:01

Koniec: 10-09-25 14:40:00

| | | | | | | | |
|-----------|----|-----|-------------------------------|----------|----------------------------------|--------------|----|
| 1 | 12 | 344 | Monika NOWAK | 95-07-11 | WKS Wawel Kraków(MLP) | 47.71 | PB |
| 2 | 9 | 162 | Daria SIERZAN | 95-02-14 | MKS Pułtusk(MAZ) | 40.69 | PB |
| 3 | 5 | 994 | Beata TRZONKOWSKA | 95-05-02 | LŁKS Prefbet Śniadowo Łomża(POD) | 40.36 | PB |
| 4 | 13 | 14 | Wioleta GÓRSKA | 95-01-03 | LKS Narew Kurpiewski Łomża(POD) | 39.99 | PB |
| 5 | 4 | 382 | Eliza KONIECZNA | 95-03-24 | MKS Osa Zgorzelec(DOL) | 36.80 | PB |
| 6 | 15 | 207 | Agata WIŚNIEWSKA | 95-03-02 | BSZS Szerszeń Bogatynia(DOL) | 34.15 | |
| 7 | 3 | 60 | Paulina FURMANEK | 96-02-26 | MKS Sambor Tczew(POM) | 33.65 | |
| 8 | 8 | 32 | Anna SZCZUTOWSKA | 95-05-03 | MLKL Płock(MAZ) | 33.48 | |
| 9 | 16 | 60 | Joanna KIJANKA | 96-10-02 | MKS-MOS Płomień Sosnowiec(SLK) | 33.20 | |
| 10 | 14 | 26 | Adrianna ROTENSZTRAUCH | 95-09-03 | ULKS Uczniak Szprotawa(LBU) | 32.89 | |
| 11 | 11 | 177 | Paulina NOWACKA | 95-11-17 | KS Podlasie Białystok(POD) | 31.88 | |
| 12 | 7 | 20 | Anna KACZMAREK | 95-01-17 | MKS Baszta Szamotuły(WLP) | 30.50 | |
| 13 | 1 | 198 | Natalia CZUBKOWSKA | 95-03-07 | MKS Pułtusk(MAZ) | 30.48 | |
| 14 | 10 | 725 | Katarzyna KARWOWSKA | 95-09-20 | MKLA Łęczycza(LDZ) | 29.33 | |
| 15 | 6 | 5 | Małgorzata MRÓWKA | 96-05-14 | RKS Łódź(LDZ) | 28.74 | |
| 16 | 2 | 76 | Kinga EBERTOWSKA | 96-06-04 | UKS Lipusz(POM) | 24.76 | |
| | 17 | 15 | Maja NESKA | 96-02-13 | ULKS Jedlińsk(MAZ) | NM | |

| | | | | | | |
|------------------------|-------|-------|-------|-------|-------|-------|
| Monika NOWAK | 47.71 | 41.67 | 46.46 | 41.50 | 45.01 | 45.90 |
| Daria SIERZAN | x | 37.49 | 39.38 | 39.79 | 40.69 | x |
| Beata TRZONKOWSKA | 40.36 | 38.17 | 38.03 | 33.92 | x | 39.50 |
| Wioleta GÓRSKA | x | x | 35.11 | x | 39.99 | 29.86 |
| Eliza KONIECZNA | 36.12 | x | x | 32.60 | 33.72 | 36.80 |
| Agata WIŚNIEWSKA | 34.09 | x | x | 32.03 | 34.15 | x |
| Paulina FURMANEK | x | 19.68 | 33.65 | 27.11 | x | 29.55 |
| Anna SZCZUTOWSKA | x | 33.48 | 33.18 | 30.15 | x | 31.90 |
| Joanna KIJANKA | 33.20 | x | x | | | |
| Adrianna ROTENSZTRAUCH | x | 32.89 | x | | | |
| Paulina NOWACKA | x | 31.10 | 31.88 | | | |
| Anna KACZMAREK | x | 30.50 | 29.10 | | | |
| Natalia CZUBKOWSKA | 30.31 | x | 30.48 | | | |
| Katarzyna KARWOWSKA | 29.33 | x | 27.24 | | | |
| Małgorzata MRÓWKA | x | x | 28.74 | | | |
| Kinga EBERTOWSKA | x | x | 24.78 | | | |
| Maja NESKA | x | x | x | | | |

600 metrów mężczyzn

RP: 1:22.62 Rafał SMOLEŃ MKS-SMS Victoria Racibórz Warszawa 13/09/09

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/2

Start: 10-09-25 14:51:17

| | | | | | | | |
|----|----|-----|--------------------|----------|------------------------------|---------|----|
| 1 | 3 | 41 | Mateusz BACZEWSKI | 95-02-26 | AZS UWM Olsztyn(WMZ) | 1:25.72 | PB |
| 2 | 6 | 682 | Jakub BAŁDYKA | 96-04-13 | UKS Skoczek Władysławów(WLP) | 1:27.35 | |
| 3 | 2 | 547 | Patryk SAROSIEK | 95-05-06 | MKL Lider Malbork(POM) | 1:27.58 | |
| 4 | 11 | 59 | Rafał BIOLIK | 96-07-09 | GTS Bojszowy(SLK) | 1:28.12 | PB |
| 5 | 5 | 72 | Jakub RUMIŃSKI | 95-09-24 | UKS Lipusz(POM) | 1:28.23 | |
| 6 | 8 | 89 | Tomasz DOLATA | 96-02-15 | MKS-MOSM Bytom(SLK) | 1:29.03 | |
| 7 | 1 | 927 | Bartosz LIPIŃSKI | 95-08-21 | MKL Gniezno(WLP) | 1:30.40 | |
| 8 | 12 | 534 | Damian GAJEWSKI | 95-05-21 | BKL Bełchatów(LDZ) | 1:30.53 | |
| 9 | 4 | 23 | Marcin KANIGOWSKI | 95-10-25 | KKL Rodło Kwidzyn(POM) | 1:30.61 | |
| 10 | 9 | 19 | Przemysław STRZAŁA | 95-02-14 | LKS Pogórze Skoczów(SLK) | 1:31.10 | |
| 11 | 10 | 939 | Patryk SOBCZYK | 95-02-15 | MKL Gniezno(WLP) | 1:31.56 | |
| 12 | 7 | 206 | Dominik KORPIK | 95-08-01 | UKS Olimp Duszniki(WLP) | 1:33.05 | |

Bieg 2/2

Start: 10-09-25 14:55:43

| | | | | | | | |
|----|----|-----|--------------------|----------|----------------------------------|---------|----|
| 1 | 1 | 508 | Łukasz BAK | 95-10-27 | ZLKL Zielona Góra(LBU) | 1:27.31 | PB |
| 2 | 9 | 668 | Mateusz DEREWECKI | 95-03-12 | AZS-AWF Kraków(MLP) | 1:27.61 | PB |
| 3 | 2 | 81 | Kacper ADAMSKI | 95-12-27 | AZS UWM Olsztyn(WMZ) | 1:28.09 | PB |
| 4 | 4 | 254 | Patryk PIANKOWSKI | 95-08-14 | MLKS Baszta Bytów(POM) | 1:28.45 | PB |
| 5 | 6 | 412 | Tomasz BUCIAK | 95-10-16 | SL GKS Olsza Olszyna(DOL) | 1:30.02 | |
| 6 | 7 | 144 | Rafał ZAWITKOWSKI | 95-02-11 | MLUKS Rawa Mazowiecka(LDZ) | 1:30.12 | |
| 7 | 3 | 18 | Bartosz NAPIERAŁA | 95-04-15 | MLKS Sokół Lubin(DOL) | 1:30.28 | |
| 8 | 5 | 174 | Filip FONAŁ | 95-01-24 | UKS Sprint Legnica(DOL) | 1:30.39 | |
| 9 | 11 | 992 | Michał KAMIŃSKI | 95-03-13 | LŁKS Prefbet Śniadowo Łomża(POD) | 1:30.55 | PB |
| 10 | 10 | 85 | Maciej BARAŃSKI | 96-06-16 | KKB MOSIR Krosno(PDK) | 1:31.27 | PB |
| 11 | 8 | 998 | Grzegorz CHYLIŃSKI | 96-06-06 | LŁKS Prefbet Śniadowo Łomża(POD) | 1:32.54 | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|--------------------|----------|-----------------------------|---------|----|
| 1 | Bieg 1 1 | Mateusz BACZEWSKI | 95-02-26 | AZS UWM Olsztyn | 1:25.72 | PB |
| 2 | Bieg 2 1 | Łukasz BAK | 95-10-27 | ZLKL Zielona Góra | 1:27.31 | PB |
| 3 | Bieg 1 2 | Jakub BAŁDYKA | 96-04-13 | UKS Skoczek Władysławów | 1:27.35 | |
| 4 | Bieg 1 3 | Patryk SAROSIEK | 95-05-06 | MKL Lider Malbork | 1:27.58 | |
| 5 | Bieg 2 2 | Mateusz DEREWECKI | 95-03-12 | AZS-AWF Kraków | 1:27.61 | PB |
| 6 | Bieg 2 3 | Kacper ADAMSKI | 95-12-27 | AZS UWM Olsztyn | 1:28.09 | PB |
| 7 | Bieg 1 4 | Rafał BIOLIK | 96-07-09 | GTS Bojszowy | 1:28.12 | PB |
| 8 | Bieg 1 5 | Jakub RUMIŃSKI | 95-09-24 | UKS Lipusz | 1:28.23 | |
| 9 | Bieg 2 4 | Patryk PIANKOWSKI | 95-08-14 | MLKS Baszta Bytów | 1:28.45 | PB |
| 10 | Bieg 1 6 | Tomasz DOLATA | 96-02-15 | MKS-MOSM Bytom | 1:29.03 | |
| 11 | Bieg 2 5 | Tomasz BUCIAK | 95-10-16 | SL GKS Olsza Olszyna | 1:30.02 | |
| 12 | Bieg 2 6 | Rafał ZAWITKOWSKI | 95-02-11 | MLUKS Rawa Mazowiecka | 1:30.12 | |
| 13 | Bieg 2 7 | Bartosz NAPIERAŁA | 95-04-15 | MLKS Sokół Lubin | 1:30.28 | |
| 14 | Bieg 2 8 | Filip FONAŁ | 95-01-24 | UKS Sprint Legnica | 1:30.39 | |
| 15 | Bieg 1 7 | Bartosz LIPIŃSKI | 95-08-21 | MKL Gniezno | 1:30.40 | |
| 16 | Bieg 1 8 | Damian GAJEWSKI | 95-05-21 | BKL Bełchatów | 1:30.53 | |
| 17 | Bieg 2 9 | Michał KAMIŃSKI | 95-03-13 | LŁKS Prefbet Śniadowo Łomża | 1:30.55 | PB |
| 18 | Bieg 1 9 | Marcin KANIGOWSKI | 95-10-25 | KKL Rodło Kwidzyn | 1:30.61 | |
| 19 | Bieg 1 10 | Przemysław STRZAŁA | 95-02-14 | LKS Pogórze Skoczów | 1:31.10 | |
| 20 | Bieg 2 10 | Maciej BARAŃSKI | 96-06-16 | KKB MOSIR Krosno | 1:31.27 | PB |
| 21 | Bieg 1 11 | Patryk SOBCZYK | 95-02-15 | MKL Gniezno | 1:31.56 | |
| 22 | Bieg 2 11 | Grzegorz CHYLIŃSKI | 96-06-06 | LŁKS Prefbet Śniadowo Łomża | 1:32.54 | |
| 23 | Bieg 1 12 | Dominik KORPIK | 95-08-01 | UKS Olimp Duszniki | 1:33.05 | |

Rzut młotem młodziczek (3kg)

| | | | | |
|-----------|--------------------|--------------|----------|----------|
| RP: 65.10 | Kamila SKOLIMOWSKA | WARSZAWIANKA | Warszawa | 14/06/97 |
|-----------|--------------------|--------------|----------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-25 13:20:00

Koniec: 10-09-25 14:50:00

| | | | | | | | |
|----|----|-----|------------------------|----------|-------------------------------------|-------|----|
| 1 | 12 | 115 | Aleksandra KOKOWSKA | 95-04-28 | TS AKS Chorzów(SLK) | 50.25 | PB |
| 2 | 17 | 603 | Katarzyna FURMANEK | 96-02-19 | KKL Kielce(SWK) | 49.95 | |
| 3 | 20 | 974 | Ewelina JACHER | 95-02-22 | LKS Stal Mielec(PDK) | 46.26 | PB |
| 4 | 3 | 13 | Kamila WALTHER | 95-06-16 | MKS Osa Zgorzelec(DOL) | 43.97 | |
| 5 | 11 | 786 | Julia GÓRNICKA | 95-08-15 | RKS SKRA Warszawa(MAZ) | 43.88 | PB |
| 6 | 7 | 701 | Klaudja ZIĘTARSKA | 96-02-24 | RKS SKRA Warszawa(MAZ) | 43.08 | |
| 7 | 18 | 3 | Roksana KAWKA | 95-02-04 | MOS CSiR Dąbrowa Górnicza(SLK) | 42.42 | |
| 8 | 9 | 463 | Anna DREGER | 95-07-29 | BKS Bydgoszcz(KPO) | 41.12 | PB |
| 9 | 19 | 94 | Marta KORDYKIEWICZ | 96-08-20 | LLKS Pomorze Stargard(ZPO) | 40.98 | |
| 10 | 15 | 201 | Magda KOŻANOWSKA | 95-05-15 | KS Żak Wałcz(ZPO) | 40.00 | PB |
| 11 | 8 | 55 | Anna KAWKA | 95-01-15 | KS Wisła Puławy(LBE) | 38.54 | |
| 12 | 14 | 770 | Paulina GAJOS | 95-03-29 | RKS SKRA Warszawa(MAZ) | 38.53 | |
| 13 | 2 | 66 | Sara IDCZAK | 95-03-29 | MKS Hermes Gryfino(ZPO) | 37.56 | PB |
| 14 | 16 | 85 | Weronika BAŁ | 96-04-15 | UKS-MOS Opole(OPL) | 37.16 | |
| 15 | 1 | 387 | Justyna GÓRAK | 96-07-27 | MMLUKS Sprint Zduńska Wola(LDZ) | 35.94 | |
| 16 | 13 | 12 | Aleksandra PUKA | 95-02-22 | MLKS Echo Twardogóra(DOL) | 34.30 | |
| 17 | 4 | 405 | Roksana ANDRUSZCZYSZYN | 95-10-04 | SL GKS Olsza Olszyna(DOL) | 30.78 | |
| 18 | 10 | 49 | Ewelina ŚLIWOWSKA | 95-05-20 | MKS Juwenia Białystok(POD) | 29.48 | |
| 19 | 5 | 75 | Weronika FUS | 96-05-22 | TKS Tomasovia Tomaszów Lubelski(LB) | 27.67 | |
| 20 | 6 | 90 | Marika KACZMAREK | 96-04-25 | MUKS Kadet Rawicz(WLP) | 26.67 | |

| | I | II | III | IV | V | VI |
|------------------------|-------|-------|-------|-------|-------|-------|
| Aleksandra KOKOWSKA | 46.14 | x | x | 47.42 | 50.25 | x |
| Katarzyna FURMANEK | 47.89 | x | x | 47.67 | x | 49.95 |
| Ewelina JACHER | 45.97 | 43.26 | 43.83 | x | 46.26 | x |
| Kamila WALTHER | 43.97 | x | x | x | 40.31 | x |
| Julia GÓRNICKA | x | 43.02 | 43.88 | 42.44 | x | x |
| Klaudia ZIĘTARSKA | 41.22 | x | x | 43.08 | x | x |
| Roksana KAWKA | 41.23 | 40.54 | 42.42 | x | 41.60 | x |
| Anna DREGER | 38.99 | 41.12 | x | x | 37.31 | 37.75 |
| Marta KORDYKIEWICZ | x | 40.40 | 40.98 | | | |
| Magda KOŻANOWSKA | 38.61 | 35.65 | 40.00 | | | |
| Anna KAWKA | x | 36.18 | 38.54 | | | |
| Paulina GAJOS | 37.79 | x | 38.53 | | | |
| Sara IDCZAK | x | x | 37.56 | | | |
| Weronika BAŃK | x | 32.06 | 37.16 | | | |
| Justyna GÓRAK | 35.94 | 35.22 | 34.98 | | | |
| Aleksandra PUKA | 32.90 | 34.30 | x | | | |
| Roksana ANDRUSZCZYSZYN | x | 30.78 | 30.04 | | | |
| Ewelina ŚLIWOWSKA | 29.48 | x | x | | | |
| Weronika FUS | x | 23.67 | x | | | |
| Marika KACZMAREK | 26.67 | x | 12.75 | | | |

2000 metrów mężczyzn

| | | | | |
|-------------|-------------|------------------------|---------|----------|
| RP: 5:31.63 | Piotr KRUPA | OSTROWIANKA Ostr. Maz. | Olsztyn | 09/09/00 |
|-------------|-------------|------------------------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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Bieg 1/2

Start: 10-09-25 15:03:50

| | | | | | | | |
|-----------|----|-----|---------------------------|----------|---------------------------------|----------------|----|
| 1 | 2 | 66 | Paweł PANKRATOW | 95-04-10 | MKS Hermes Gryfino(ZPO) | 5:49.76 | PB |
| 2 | 3 | 541 | Dominik TABOR | 95-04-24 | ULKS Fajfer 2001 Łapanów(MLP) | 5:52.12 | PB |
| 3 | 7 | 38 | Bartosz WRÓBEL | 95-01-10 | MKS Bolesłavia Bolesławiec(DOL) | 5:54.09 | PB |
| 4 | 1 | 64 | Damian RUDNIK | 95-04-29 | MKS Chojniczanka Chojnice(POM) | 5:57.10 | |
| 5 | 9 | 976 | Oskar STASIAK | 95-03-18 | LKS Lubusz Słubice(LBU) | 6:00.92 | PB |
| 6 | 10 | 82 | Mateusz FRANKOWSKI | 95-04-02 | SS MKS Parasol Wrocław(DOL) | 6:02.95 | PB |
| 7 | 8 | 99 | Paweł ZIELIŃSKI | 95-01-26 | KS Jeziorak Iława(WMZ) | 6:03.51 | |
| 8 | 4 | 125 | Paweł CHABKO | 95-02-19 | UKS Tempo 5 Przemysł(PDK) | 6:06.41 | |
| 9 | 13 | 3 | Patryk LACHOWSKI | 95-11-03 | MKS Halicz Ustrzyki Dolne(PDK) | 6:08.16 | |
| 10 | 11 | 53 | Łukasz ZŁOTUCHA | 95-02-17 | UKS Jedynka Bartoszyce(WMZ) | 6:14.31 | |
| 11 | 12 | 938 | Alan PASTOR | 95-05-07 | LKS Pomorze Stargard(ZPO) | 6:14.81 | |
| 12 | 6 | 407 | Piotr MIKOŁAJCZAK | 96-03-16 | LKS Sana Kościan(WLP) | 6:18.64 | |
| | 5 | 202 | Jędrzej MARKIEWICZ | 95-09-07 | UKS AS Czempień(WLP) | DNF | |

| | | | |
|--------------------|----|---------------|--------------------------|
| Międzyczasy | | | |
| 1000m | 64 | Damian RUDNIK | 3:01.63 (3:01.63) |

Bieg 2/2

Start: 10-09-25 15:15:22

| | | | | | | | |
|-----------|----|-----|-------------------------------|----------|--------------------------------------|----------------|----|
| 1 | 1 | 691 | Przemysław MACIEJCZYK | 95-05-10 | MULKS Juvenia Głuchołazy(OPL) | 6:04.62 | PB |
| 2 | 11 | 169 | Jakub TOSIK | 95-06-14 | AZS Łódź(LDZ) | 6:05.52 | PB |
| 3 | 4 | 13 | Dawid WENT | 95-12-09 | LLKS Ziemi Kociewskiej Smętowo Grani | 6:05.82 | PB |
| 4 | 2 | 6 | Szczepan KNAP | 95-07-11 | KS Agros Zamość(LBE) | 6:06.51 | PB |
| 5 | 7 | 7 | Kamil MAJ | 95-04-02 | UKS 14 Zabrze(SLK) | 6:09.22 | |
| 6 | 6 | 246 | Dawid SZKODA | 95-05-31 | LUKS Podium Kup (OPL) | 6:13.22 | |
| 7 | 8 | 70 | Bartłomiej SZCZEPAŃSKI | 95-08-28 | UKS Wiking Rychnowy(POM) | 6:18.34 | |
| 8 | 10 | 211 | Dominik SERAFINOWSKI | 96-01-01 | ULKS Talex Borzytuchom(POM) | 6:21.06 | |
| 9 | 3 | 500 | Michał KOPECKI | 96-01-01 | LKS Zantyr Sztum(POM) | 6:28.37 | |
| 10 | 5 | 412 | Mateusz CHYLIŃSKI | 95-05-22 | AZS UMCS Lublin(LBE) | 6:31.26 | |
| 11 | 12 | 439 | Marcin RZESZOWSKI | 96-03-04 | KLKS Juventa-Kobex Starachowice(SWK) | 6:47.20 | |
| | 9 | 282 | Michał SOBOLEWSKI | 96-01-01 | MULKS Terespol(LBE) | DNS | |

| | | | |
|--------------------|-----|-----------------------|----------------|
| Międzyczasy | | | |
| 1000m | 691 | Przemysław MACIEJCZYK | 3:04.12 |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|-------------------------------|----------|---------------------------------------|----------------|----|
| 1 | Bieg 1 1 | Paweł PANKRATOW | 95-04-10 | MKS Hermes Gryfino | 5:49.76 | PB |
| 2 | Bieg 1 2 | Dominik TABOR | 95-04-24 | ULKS Fajfer 2001 Łapanów | 5:52.12 | PB |
| 3 | Bieg 1 3 | Bartosz WRÓBEL | 95-01-10 | MKS Bolesłavia Bolesławiec | 5:54.09 | PB |
| 4 | Bieg 1 4 | Damian RUDNIK | 95-04-29 | MKS Chojniczanka Chojnice | 5:57.10 | |
| 5 | Bieg 1 5 | Oskar STASIAK | 95-03-18 | LKS Lubusz Słubice | 6:00.92 | PB |
| 6 | Bieg 1 6 | Mateusz FRANKOWSKI | 95-04-02 | SS MKS Parasol Wrocław | 6:02.95 | PB |
| 7 | Bieg 1 7 | Paweł ZIELIŃSKI | 95-01-26 | KS Jeziorak Itawa | 6:03.51 | |
| 8 | Bieg 2 1 | Przemysław MACIEJCZYK | 95-05-10 | MULKS Juvenia Głuchołazy | 6:04.62 | PB |
| 9 | Bieg 2 2 | Jakub TOSIK | 95-06-14 | AZS Łódź | 6:05.52 | PB |
| 10 | Bieg 2 3 | Dawid WENT | 95-12-09 | LLKS Ziemi Kociewskiej Smętowo Granic | 6:05.82 | PB |
| 11 | Bieg 1 8 | Paweł CHABKO | 95-02-19 | UKS Tempo 5 Przemysł | 6:06.41 | |
| 12 | Bieg 2 4 | Szczepan KNAP | 95-07-11 | KS Agros Zamość | 6:06.51 | PB |
| 13 | Bieg 1 9 | Patryk LACHOWSKI | 95-11-03 | MKS Halicz Ustrzyki Dolne | 6:08.16 | |
| 14 | Bieg 2 5 | Kamil MAJ | 95-04-02 | UKS 14 Zabrze | 6:09.22 | |
| 15 | Bieg 2 6 | Dawid SZKODA | 95-05-31 | LUKS Podium Kup | 6:13.22 | |
| 16 | Bieg 1 10 | Łukasz ŻŁOTUCHA | 95-02-17 | UKS Jedyńka Bartoszyce | 6:14.31 | |
| 17 | Bieg 1 11 | Alan PASTOR | 95-05-07 | LKS Pomorze Stargard | 6:14.81 | |
| 18 | Bieg 2 7 | Bartłomiej SZCZEPAŃSKI | 95-08-28 | UKS Wiking Rychnowy | 6:18.34 | |
| 19 | Bieg 1 12 | Piotr MIKOŁAJCZAK | 96-03-16 | LKS Sana Kościan | 6:18.64 | |
| 20 | Bieg 2 8 | Dominik SERAFINOWSKI | 96-01-01 | ULKS Talex Borzytuchom | 6:21.06 | |
| 21 | Bieg 2 9 | Michał KOPECKI | 96-01-01 | LKS Zantyr Sztum | 6:28.37 | |
| 22 | Bieg 2 10 | Mateusz CHYLIŃSKI | 95-05-22 | AZS UMCS Lublin | 6:31.26 | |
| 23 | Bieg 2 11 | Marcin RZESZOWSKI | 96-03-04 | KLKS Juventa-Kobex Starachowice | 6:47.20 | |
| | Bieg 2 DNS | Michał SOBOLEWSKI | 96-01-01 | MULKS Terespol | DNS | |
| | Bieg 1 DNF | Jędrzej MARKIEWICZ | 95-09-07 | UKS AS Czempień | DNF | |

100 metrów kobiet

RP: 12.05 Anna ŚLIPIKO AZS Olsztyn Kraków 23/07/73

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
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FINAŁ

Wiatr: -1.1 m/s

Start: 10-09-25 15:44:14

| | | | | | | |
|---|---|-----|---------------------|----------|---------------------------------|----------|
| 1 | 5 | 78 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole(OPL) | 12.37 |
| 2 | 3 | 2 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza(SLK) | 12.39 PB |
| 3 | 7 | 760 | Weronika BŁAŻEK | 96-01-14 | MMKS Gdańsk(POM) | 12.62 |
| 4 | 4 | 607 | Karolina CIESIELSKA | 96-02-17 | MUKS Płock(MAZ) | 12.68 |
| 5 | 8 | 397 | Klaudia GOŁĄBEK | 95-01-24 | AZS-AWFIS Gdańsk(POM) | 12.74 |
| 6 | 6 | 12 | Julia KUROWSKA | 95-06-29 | UKL Ósemka Police(ZPO) | 12.78 |
| 7 | 1 | 39 | Ewa OCHOCKA | 96-01-17 | MKS Bolesłavia Bolesławiec(DOL) | 13.00 |
| 8 | 2 | 235 | Magdalena WRONKA | 95-01-01 | KS Agros Zamość(LBE) | 13.03 |

Skok wzwyż kobiet

RP: 1.78 Olimpia NOWAK Kadet Rawicz Warszawa 24/01/03

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
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FINAŁ

Start: 10-09-25 14:00:00

Koniec: 10-09-25 15:15:00

| | | | | | | |
|----|----|-----|-------------------------|----------|-------------------------------|----------|
| 1 | 6 | 11 | Dagmara WOJTASIK | 95-10-24 | MKS Piast Lwówek Śląski(DOL) | 1.68 PB |
| 2 | 2 | 891 | Aleksandra BORKOWSKA | 95-01-04 | SL WKS Zawisza Bydgoszcz(KPO) | 1.65 PB |
| 3 | 7 | 376 | Monika WAWRZYŃIAK | 95-03-23 | LUKS Orkan Września(WLP) | 1.62 |
| 4 | 14 | 524 | Justyna KONIOR | 95-11-23 | MKS Tempo Kęty(MLP) | 1.62 PB |
| 5 | 4 | 452 | Aleksandra NIEWIADOMSKA | 95-05-18 | WKS Flota Gdynia(POM) | 1.59 |
| 6 | 11 | 40 | Natalia RADTKE | 96-02-14 | MKS Sambor Tczew(POM) | 1.59 |
| 7 | 15 | 57 | Justyna KŁODA | 96-05-10 | MKS Ustroń(SLK) | 1.55 =PB |
| 7 | 3 | 5 | Wioleta SZULIŃSKA | 95-01-10 | LUKS Hańcza Suwałki(POD) | 1.55 |
| 9 | 9 | 778 | Izabela KONDRAT | 95-02-20 | KS Podlasie Białystok(POD) | 1.55 |
| 10 | 13 | 55 | Sonia SŁAWIŃSKA | 95-09-27 | MKS Kusy Szczecin(ZPO) | 1.55 |
| 11 | 5 | 59 | Ewa FIJAK | 95-08-17 | MKS Żywiec(SLK) | 1.50 |
| 11 | 10 | 317 | Aleksandra PIELUŻEK | 95-01-17 | UMLKS PEGAZ Opoczno(LDZ) | 1.50 |
| 11 | 1 | 161 | Kornelia KISZEWSKA | 95-03-14 | MKS Kusy Szczecin(ZPO) | 1.50 |
| 14 | 8 | 95 | Aleksandra BORCZAK | 95-06-13 | SKS Kusy Kraków(MLP) | 1.45 |
| 15 | 12 | 26 | Kinga NISZTOR | 96-07-26 | MLKL Płock(MAZ) | 1.45 |

| | 1.40 | 1.45 | 1.50 | 1.55 | 1.59 | 1.62 | 1.65 | 1.68 | 1.70 | 1.72 | 1.74 |
|-------------------------|------|------|------|------|------|------|------|------|------|------|------|
| Dagmara WOJTASIK | - | - | o | o | o | o | o | xo | xxx | | |
| Aleksandra BORKOWSKA | - | - | o | o | o | xo | xo | xxx | | | |
| Monika WAWRZYNIAK | o | o | o | o | o | xo | xxx | | | | |
| Justyna KONIOR | o | o | o | o | xo | xo | xxx | | | | |
| Aleksandra NIEWIADOMSKA | - | o | o | xo | o | xxx | | | | | |
| Natalia RADTKE | - | o | o | xo | xo | xxx | | | | | |
| Wioleta SZULIŃSKA | - | o | o | o | xxx | | | | | | |
| Justyna KŁODA | o | o | o | o | xxx | | | | | | |
| Izabela KONDRAT | - | o | xo | o | xxx | | | | | | |
| Sonia SŁAWIŃSKA | o | o | xxo | o | xxx | | | | | | |
| Aleksandra PIELUŻEK | o | o | o | xxx | | | | | | | |
| Kornelia KISZEWSKA | - | o | o | xxx | | | | | | | |
| Ewa FIJAK | o | o | o | xxx | | | | | | | |
| Aleksandra BORCZAK | o | o | xxx | | | | | | | | |
| Kinga NISZTOR | o | xo | xxx | | | | | | | | |

Skok o tyczce mężczyzn

| | | | | |
|----------|----------------|------------|-------|----------|
| RP: 4.81 | Ryszard KOLASA | MKS Gdańsk | Sopot | 24/09/79 |
|----------|----------------|------------|-------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Start: 10-09-25 13:20:00

Koniec: 10-09-25 15:17:00

| | | | | | | | |
|-----------|----|-----|---------------------|----------|------------------------------------|-------------|-----|
| 1 | 9 | 880 | Mateusz JERZY | 95-03-29 | SL WKS Zawisza Bydgoszcz(KPO) | 4.41 | PB |
| 2 | 3 | 651 | Filip CYBULSKI | 95-02-27 | TS Olimpia Poznań(WLP) | 4.00 | |
| 3 | 14 | 648 | Nikodem ODLANICKI | 95-01-01 | TS Olimpia Poznań(WLP) | 3.80 | PB |
| 4 | 4 | 787 | Karol GÓRSKI | 95-05-31 | RKS SKRA Warszawa(MAZ) | 3.40 | PB |
| 5 | 2 | 518 | Daniel PUCZKO | 95-07-07 | ZLKL Zielona Góra(LBU) | 3.40 | PB |
| 6 | 11 | 436 | Albert GIERYSZEWSKI | 95-01-04 | UKS Kusy Warszawa(MAZ) | 3.40 | PB |
| 7 | 5 | 51 | Adrian MISIOŁEK | 96-02-25 | MKS-MOS Wrocław(DOL) | 3.20 | =PB |
| 8 | 8 | 6 | Kamil KUPKA | 96-05-06 | UKS Olimp Mazańcowice(SLK) | 2.80 | |
| 8 | 10 | 519 | Patryk BŁASZCZYK | 95-04-06 | ZLKL Zielona Góra(LBU) | 2.80 | |
| 8 | 6 | 100 | Damian PILC | 95-04-20 | Ośrodek Skoku o Tyczce Gdańsk(POM) | 2.80 | |
| 8 | 12 | 104 | Artur GRUBBA | 95-02-18 | Ośrodek Skoku o Tyczce Gdańsk(POM) | 2.80 | |
| 12 | 7 | 103 | Arkadiusz MOLENDĄ | 95-01-06 | Ośrodek Skoku o Tyczce Gdańsk(POM) | 2.80 | |
| 13 | 1 | 2 | Mateusz WÓJCİK | 96-04-04 | KKL Kielce(SWK) | 2.80 | |
| | 13 | 97 | Sebastian PIGIEL | 95-01-05 | GKS Olimpia Grudziądz(KPO) | DNS | |

| | 2.60 | 2.80 | 3.00 | 3.20 | 3.40 | 3.50 | 3.60 | 3.70 | 3.80 | 3.90 | 4.00 | 4.10 | 4.20 | 4.41 | 4.51 |
|---------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Mateusz JERZY | - | - | - | - | - | - | - | - | - | - | xo | - | o | xo | xx- |
| Filip CYBULSKI | - | - | - | - | - | - | o | - | xo | - | o | x | xx | | |
| Nikodem ODLANICKI | - | - | - | - | o | o | o | o | o | xxx | | | | | |
| Karol GÓRSKI | o | o | o | xo | o | xxx | | | | | | | | | |
| Daniel PUCZKO | xo | o | o | o | xo | xxx | | | | | | | | | |
| Albert GIERYSZEWski | - | o | o | xxo | xxo | xxx | | | | | | | | | |
| Adrian MISIOŁEK | - | o | o | xo | xxx | | | | | | | | | | |
| Kamil KUPKA | o | o | xxx | | | | | | | | | | | | |
| Artur GRUBBA | o | o | xxx | | | | | | | | | | | | |
| Damian PILC | o | o | xxx | | | | | | | | | | | | |
| Patryk BŁASZCZYK | o | o | xxx | | | | | | | | | | | | |
| Arkadiusz MOLENDĄ | o | xo | xxx | | | | | | | | | | | | |
| Mateusz WÓJCIK | xxo | xxo | xxx | | | | | | | | | | | | |

100 metrów mężczyzn

RP: 11.08 Leszek DYJA GÓRNIK 09 Mysłowice Łódź 10/10/93

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Wiatr: -1.5 m/s

Start: 10-09-25 15:49:11

| | | | | | | | |
|---|---|-----|--------------------|----------|----------------------------------|-------|----|
| 1 | 6 | 985 | Patryk HŁADUNIUK | 95-06-27 | LKS Lubusz Słubice(LBU) | 11.21 | |
| 2 | 4 | 29 | Patryk FRANKO | 95-05-15 | LUKS Hańcza Suwałki(POD) | 11.43 | |
| 3 | 7 | 7 | Radosław LADEMANN | 95-02-08 | LKS Ziemi Puckiej Puck(POM) | 11.48 | |
| 4 | 3 | 405 | Piotr GROBELNY | 95-04-05 | LKS Orkan Ostrzeszów(WLP) | 11.54 | |
| 5 | 1 | 986 | Tomasz OLSZEWSKI | 95-01-19 | LŁKS Prefbet Śniadowo Łomża(POD) | 11.55 | PB |
| 6 | 2 | 111 | Aleksander SERAFIN | 95-08-29 | TS AKS Chorzów(SLK) | 11.56 | PB |
| 7 | 5 | 16 | Kamil JANISZAK | 95-12-29 | MKS Junior Złocieńiec(ZPO) | 11.60 | |
| 8 | 8 | 60 | Dawid MISIORSKI | 95-05-05 | MKS Chojniczanka Chojnice(POM) | 11.85 | |

100 metrów kobiet (PK)

RP: 12.05 Anna ŚLIPIKO AZS Olsztyn Kraków 23/07/73

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/1

Wiatr: -2.4 m/s

Start: 10-09-25 15:52:56

| | | | | | | | |
|---|---|----|--------------------|----------|----------------------|-------|----|
| 1 | 5 | 81 | Anna PAŁYS | 95-03-02 | MKS-MOS Wrocław(DOL) | 13.36 | PK |
| 2 | 4 | 93 | Joanna KURYŁO | 95-08-16 | MKS-MOS Wrocław(DOL) | 13.76 | PK |
| 3 | 3 | 68 | Magdalena KOWALSKA | 95-08-25 | RMKS Rybnik(SLK) | 13.79 | PK |
| 4 | 8 | 79 | Laura TUSZAKOWSKA | 95-11-23 | MKS-MOS Wrocław(DOL) | 13.85 | PK |
| 4 | 7 | 84 | Kinga TARAŃ | 95-08-22 | SKS Kusy Kraków(MLP) | 13.85 | PK |
| 6 | 1 | 78 | Paulina KRUPIŃSKA | 95-03-15 | MKS-MOS Wrocław(DOL) | 14.02 | PK |
| 7 | 2 | 84 | Kinga PEKAŁA | 96-04-19 | RMKS Rybnik(SLK) | 14.12 | PK |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|-------------|--------------------|----------|-----------------|-------|
| 1 | Bieg 1 1 | Anna PAŁYS | 95-03-02 | MKS-MOS Wrocław | 13.36 |
| 2 | Bieg 1 2 | Joanna KURYŁO | 95-08-16 | MKS-MOS Wrocław | 13.76 |
| 3 | Bieg 1 3 | Magdalena KOWALSKA | 95-08-25 | RMKS Rybnik | 13.79 |
| 4 | Bieg 1 4 | Laura TUSZAKOWSKA | 95-11-23 | MKS-MOS Wrocław | 13.85 |
| 5 | Bieg 1 4 | Kinga TARAŃ | 95-08-22 | SKS Kusy Kraków | 13.85 |
| 6 | Bieg 1 6 | Paulina KRUPIŃSKA | 95-03-15 | MKS-MOS Wrocław | 14.02 |
| 7 | Bieg 1 7 | Kinga PĘKAŁA | 96-04-19 | RMKS Rybnik | 14.12 |

100 metrów mężczyzn (PK)

| | | | | |
|-----------|-------------|---------------------|------|----------|
| RP: 11.08 | Leszek DYJA | GÓRNIK 09 Mystowice | Łódź | 10/10/93 |
|-----------|-------------|---------------------|------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/2

Wiatr: 0.0 m/s

Start: 10-09-25 15:56:57

| | | | | | | | | |
|---|---|----|---------------------|----------|--------------------------------|-------|-----|----|
| 1 | 2 | 62 | Mariusz MAĆZKA | 95-08-06 | MKS Kusy Szczecin(ZPO) | 11.94 | PB | PK |
| 2 | 5 | 79 | Paweł MALSKI | 95-09-06 | MKS-MOS Wrocław(DOL) | 11.99 | | PK |
| 3 | 3 | 6 | Krzysztof ADAMCZYK | 95-10-28 | MKS-MOS Płomień Sosnowiec(SLK) | 12.12 | | PK |
| 4 | 6 | 77 | Rafał KUBAŃSKI | 95-07-16 | MKS-MOS Płomień Sosnowiec(SLK) | 12.14 | PB | PK |
| 5 | 8 | 87 | Maksymilian PFLEGEL | 95-07-22 | MKS-MOS Wrocław(DOL) | 12.33 | PB | PK |
| 6 | 7 | 52 | Łukasz NAKONIECZNY | 95-05-04 | AZS UWM Olsztyn(WMZ) | 12.36 | =PB | PK |
| 7 | 4 | 89 | Patryk ŁUGOWSKI | 95-01-24 | AZS UWM Olsztyn(WMZ) | 12.40 | | PK |

Bieg 2/2

Wiatr: -1.0 m/s

Start: 10-09-25 16:01:48

| | | | | | | | | |
|---|---|-----|--------------------|----------|--------------------------------|-------|----|----|
| 1 | 5 | 75 | Michał RURAŃSKI | 95-01-23 | MKS-MOS Wrocław(DOL) | 12.31 | PB | PK |
| 2 | 3 | 58 | Mateusz SREBRO | 95-01-02 | MKS Kusy Szczecin(ZPO) | 12.73 | | PK |
| 3 | 7 | 66 | Dorian JELONEK | 95-01-11 | CKS Budowlani Częstochowa(SLK) | 12.85 | | PK |
| 4 | 8 | 59 | Adam BRZEZIŃSKI | 95-09-02 | MKS Kusy Szczecin(ZPO) | 12.97 | | PK |
| 5 | 6 | 252 | Michał BOGDANOWICZ | 95-02-28 | MKS Kusy Szczecin(ZPO) | 13.09 | # | PK |
| | 2 | 51 | Emil KARAŚ | 95-06-30 | MKS Kusy Szczecin(ZPO) | DNS | | PK |
| | 4 | 202 | Paweł SOKÓŁ | 96-02-03 | ULKS Talex Borzytuchom(POM) | DNS | | PK |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|-------------|---------------------|----------|---------------------------|-------|
| 1 | Bieg 1 1 | Mariusz MAĆZKA | 95-08-06 | MKS Kusy Szczecin | 11.94 |
| 2 | Bieg 1 2 | Paweł MALSKI | 95-09-06 | MKS-MOS Wrocław | 11.99 |
| 3 | Bieg 1 3 | Krzysztof ADAMCZYK | 95-10-28 | MKS-MOS Płomień Sosnowiec | 12.12 |
| 4 | Bieg 1 4 | Rafał KUBAŃSKI | 95-07-16 | MKS-MOS Płomień Sosnowiec | 12.14 |
| 5 | Bieg 2 1 | Michał RURAŃSKI | 95-01-23 | MKS-MOS Wrocław | 12.31 |
| 6 | Bieg 1 5 | Maksymilian PFLEGEL | 95-07-22 | MKS-MOS Wrocław | 12.33 |
| 7 | Bieg 1 6 | Łukasz NAKONIECZNY | 95-05-04 | AZS UWM Olsztyn | 12.36 |
| 8 | Bieg 1 7 | Patryk ŁUGOWSKI | 95-01-24 | AZS UWM Olsztyn | 12.40 |
| 9 | Bieg 2 2 | Mateusz SREBRO | 95-01-02 | MKS Kusy Szczecin | 12.73 |
| 10 | Bieg 2 3 | Dorian JELONEK | 95-01-11 | CKS Budowlani Częstochowa | 12.85 |
| 11 | Bieg 2 4 | Adam BRZEZIŃSKI | 95-09-02 | MKS Kusy Szczecin | 12.97 |
| 12 | Bieg 2 5 | Michał BOGDANOWICZ | 95-02-28 | MKS Kusy Szczecin | 13.09 |
| | Bieg 2 DNS | Emil KARAŚ | 95-06-30 | MKS Kusy Szczecin | DNS |
| | Bieg 2 DNS | Paweł SOKÓŁ | 96-02-03 | ULKS Talex Borzytuchom | DNS |

Pchnięcie kulą młodzików (5kg)

| | | | | |
|-----------|-----------------|-------------|--------|----------|
| RP: 19.67 | Damian KAMIŃSKI | MKS Pułtusk | Słupsk | 20/09/08 |
|-----------|-----------------|-------------|--------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Start: 10-09-25 14:40:00

Koniec: 10-09-25 15:35:00

| | | | | | | |
|----------|----|-----|----------------------------|----------|------------------------------------|-----------------|
| 1 | 4 | 278 | Dominik WASIL | 95-05-17 | LKS Ostrowianka Ostrów Mazowiecka(| 15.40 |
| 2 | 10 | 982 | Dominik SIEJKOWSKI | 95-08-21 | LKS Lubusz Słubice(LBU) | 15.17 PB |
| 3 | 6 | 797 | Mariusz PYCKA | 95-03-26 | MMKS Gdańsk(POM) | 14.93 PB |
| 4 | 3 | 724 | Dawid STANOWSKI | 95-02-28 | KMKL Sztorm Kołobrzeg(ZPO) | 14.61 PB |
| 5 | 1 | 348 | Przemysław SUM | 95-06-14 | WKS Wawel Kraków(MLP) | 14.10 PB |
| 6 | 5 | 4 | Kacper DOBRZAŃSKI | 95-02-11 | MKS Żywiec(SLK) | 13.56 |
| 7 | 8 | 140 | Cezary OPOCZYŃSKI | 95-03-02 | MKS Aleksandrów Łódzki(LDZ) | 13.04 |
| 8 | 7 | 79 | Aleksander SOBIERAJ | 95-01-26 | MKS-MOS Płomień Sosnowiec(SLK) | 12.03 PB |
| | 2 | 500 | Bartosz CHOJNOWSKI | 95-01-04 | MKS Eurocentr Suchowola(POD) | NM |
| | 9 | 35 | Patryk PAWELSKI | 95-02-25 | ULKS Uczniak Szprotawa(LBU) | NM |

| | I | II | III | IV | V | VI |
|---------------------|-------|-------|-------|-------|-------|-------|
| Dominik WASIL | 14.34 | 15.06 | 14.50 | 14.88 | 15.40 | 14.89 |
| Dominik SIEJKOWSKI | 14.85 | 15.17 | x | x | 14.85 | x |
| Mariusz PYCKA | 13.59 | 14.54 | 14.47 | 14.15 | 14.93 | x |
| Dawid STANOWSKI | 13.41 | 14.61 | x | 14.50 | 14.31 | 14.25 |
| Przemysław SUM | 13.79 | 12.84 | 13.86 | 14.10 | 13.45 | x |
| Kacper DOBRZAŃSKI | 13.42 | 13.56 | 12.76 | 13.46 | 13.07 | 13.22 |
| Cezary OPOCZYŃSKI | 12.15 | 11.87 | 12.04 | 12.79 | 13.04 | x |
| Aleksander SOBIERAJ | x | x | 12.03 | x | x | 11.98 |
| Bartosz CHOJNOWSKI | x | x | x | | | |
| Patryk PAWELSKI | x | x | x | | | |

Rzut oszczepem młodzików (600)

| | | | | |
|-----------|-------------------|--------------------|--------|----------|
| RP: 62.47 | Marcin CZAJKOWSKI | PODLASIE Białystok | Poznań | 30/09/00 |
|-----------|-------------------|--------------------|--------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-25 14:30:00

Koniec: 10-09-25 15:45:00

| | | | | | | |
|-----------|----|-----|------------------------------|----------|--------------------------------|-----------------|
| 1 | 4 | 985 | Mateusz KWAŚNIEWSKI | 95-07-16 | ULKS Uczniak Szprotawa(LBU) | 56.12 |
| 2 | 15 | 168 | Szymon WRÓBEL | 96-03-12 | SKLA Słupsk(POM) | 55.38 |
| 3 | 13 | 91 | Jakub PYDYŚ | 95-03-11 | MKL Nefryt Lubartów(LBE) | 54.43 PB |
| 4 | 12 | 341 | Karol GODLEWSKI | 95-02-22 | KS Podlasie Białystok(POD) | 51.31 PB |
| 5 | 9 | 209 | Łukasz PRZEWOŻNY | 95-03-07 | UKS Olimp Duszyniki(WLP) | 50.18 SB |
| 6 | 2 | 475 | Marcin WROTYŃSKI | 96-03-11 | UKS Orkan Środa Wlkp.(WLP) | 50.03 PB |
| 7 | 11 | 29 | Adrian DZIECIAŃKOWSKI | 95-05-18 | MKS Junior Złocieniec(ZPO) | 49.44 |
| 8 | 5 | 348 | Kamil MARACH | 96-02-28 | MLKS Krajna Sępólno(KPO) | 48.91 |
| 9 | 3 | 43 | Dawid MENDELSKI | 95-02-07 | MKS-SMS Victoria Racibórz(SLK) | 48.38 |
| 10 | 16 | 898 | Łukasz GOŁĘBIEWSKI | 95-05-02 | SL WKS Zawisza Bydgoszcz(KPO) | 47.30 |
| 11 | 7 | 5 | Michał FARYŃSKI | 95-01-15 | LKS Maraton Turek(WLP) | 47.20 |
| 12 | 14 | 5 | Maciej PAWŁOWSKI | 96-01-01 | MKL Toruń(KPO) | 46.97 |

| | | | | | | | |
|-----------|-----------|-----|---------------------|------------------------------|-------------------------------|---------------------------|--------------|
| 13 | 10 | 953 | Mateusz BOLT | 95-08-05 | MLKS Nadwiślanin Chełmno(KPO) | 45.78 | |
| | 14 | 1 | 116 | Piotr KORALEWICZ | 95-07-11 | UKS Tempo 5 Przemyśl(PDK) | 45.65 |
| | | 8 | 925 | Mateusz WOŁOWIK | 95-01-01 | RLTL ZTE Radom(MAZ) | DNS |
| | | 6 | 165 | Przemysław KOWALEWSKI | 95-08-03 | MKS Pułtusk(MAZ) | DNS |

| | I | II | III | IV | V | VI |
|-----------------------|-------|-------|-------|-------|-------|-------|
| Mateusz KWAŚNIEWSKI | x | 53.71 | 54.78 | x | 56.12 | x |
| Szymon WRÓBEL | 55.38 | x | x | 50.73 | 55.28 | 55.26 |
| Jakub PYDYŚ | 50.85 | 51.72 | x | 52.12 | 54.43 | 51.98 |
| Karol GODLEWSKI | 50.12 | 50.49 | 47.70 | 51.22 | x | 51.31 |
| Łukasz PRZEWOŹNY | 50.05 | 46.33 | 47.28 | x | 50.16 | 50.18 |
| Marcin WROTYŃSKI | 47.81 | 48.46 | 49.55 | 43.80 | 47.52 | 50.03 |
| Adrian DZIECIĄTKOWSKI | 46.95 | 49.44 | 46.48 | 49.12 | 43.53 | 45.95 |
| Kamil MARACH | x | x | 48.91 | 46.00 | 48.48 | - |
| Dawid MENDELSKI | 48.38 | 41.95 | x | | | |
| Łukasz GOŁĘBIEWSKI | x | 42.70 | 47.30 | | | |
| Michał FARYŃSKI | 41.13 | 46.08 | 47.20 | | | |
| Maciej PAWŁOWSKI | 45.09 | 46.97 | 44.60 | | | |
| Mateusz BOLT | x | x | 45.78 | | | |
| Piotr KORALEWICZ | 41.73 | 42.71 | 45.65 | | | |

3000 m chód kobiet

| | | | | |
|--------------|----------------|------------------|--------|----------|
| RP: 13:51.05 | Anna MIELCAREK | ENERGETYK Poznań | Kielce | 25/09/05 |
|--------------|----------------|------------------|--------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Start: 10-09-26 10:29:32

| | | | | | | |
|-----------|----|-----|----------------------------|----------|--------------------------------------|---------------------|
| 1 | 16 | 964 | Katarzyna ZDZIEBŁO | 96-11-28 | LKS Stal Mielec(PDK) | 15:13.98 |
| 2 | 6 | 967 | Sylwia REMBOWICZ | 95-01-20 | LKS Stal Mielec(PDK) | 15:18.11 |
| 3 | 14 | 89 | Anna MACIAŚ | 96-07-29 | UKS Korzeniowski.pl Kraków(MLP) | 15:26.44 * |
| 4 | 2 | 380 | Joanna BINDRYN | 95-12-14 | CKS Budowlani Częstochowa(SLK) | 15:37.96 |
| 5 | 19 | 143 | Katarzyna MROTEK | 95-03-21 | KS Gwardia Piła(WLP) | 15:39.86 PB* |
| 6 | 9 | 66 | Angelika AUGUSTYN | 96-01-15 | OTG Sokół Mielec(PDK) | 15:46.60 |
| 7 | 10 | 99 | Natalia KALINA | 96-01-01 | GUKLA Bratkowice Korzeniowski.pl(PD) | 15:49.71 |
| 8 | 4 | 971 | Barbara KANTOROWSKA | 95-11-14 | LKS Stal Mielec(PDK) | 16:15.87 |
| 9 | 3 | 178 | Katarzyna PRUSS | 96-09-24 | UKS 12 Kalisz(WLP) | 16:37.30 |
| 10 | 1 | 164 | Diana HILDEBRAND | 95-10-25 | KL Lechia Gdańsk(POM) | 16:41.89 |
| 11 | 17 | 49 | Anna LACHCIK | 96-07-29 | GUKLA Bratkowice Korzeniowski.pl(PD) | 17:01.70 |
| 12 | 13 | 60 | Agnieszka RADZIUN | 95-07-14 | KL Lechia Gdańsk(POM) | 17:08.01 PB |
| 13 | 7 | 163 | Agata BRANDT | 95-09-13 | KL Lechia Gdańsk(POM) | 17:10.32 PB |
| 14 | 18 | 172 | Marta BIŃCZYK | 95-03-31 | UKS 12 Kalisz(WLP) | 17:20.87 |
| 15 | 11 | 606 | Krystyna ZIELIŃSKA | 95-06-06 | UKS Przełaj Żerków(WLP) | 17:44.70 |
| 16 | 20 | 53 | Natalia MAŃKOWSKA | 95-02-02 | GTS Bojszowy(SLK) | 17:53.40 |
| 17 | 15 | 25 | Urszula ZAWADZKA | 95-04-21 | MLKS Sokół Lubin(DOL) | 18:12.21 |
| 18 | 12 | 340 | Sylwia CZYŻKOWSKA | 96-08-03 | KS Podlasie Białystok(POD) | 18:31.19 |
| 19 | 8 | 4 | Natalia DANIŁKO | 95-09-01 | MKS Żak Biała Podlaska(LBE) | 18:45.01 PB |
| | 5 | 56 | Urszula UTRATA | 96-04-09 | KS Orzeł Warszawa(MAZ) | DNS |

| Międzyczasy | | |
|-------------|-----|---|
| 1000m | 964 | Katarzyna ZDZIEBŁO 4:56.75 (4:56.75) |
| 2000m | 964 | Katarzyna ZDZIEBŁO 10:13.85 (5:17.10)" |

100 m ppt młodziczki (76,2)

| | | | | |
|-----------|---------------|----------------|--------|----------|
| RP: 14.02 | Joanna DONCER | ORZEŁ Warszawa | Poznań | 28/09/97 |
|-----------|---------------|----------------|--------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/3

Wiatr: -1.3 m/s

Start: 10-09-26 11:02:01

| | | | | | | |
|----------|---|-----|-----------------------------|----------|-------------------------------|-------------------|
| 1 | 8 | 51 | Ola OKONOWSKA | 95-06-01 | LKS Górnik Wałbrzych(DOL) | 15.05 q |
| 2 | 6 | 356 | Agata BOROWIAK | 96-01-01 | AZS-PWSZ Gorzów(LBU) | 15.09 PB q |
| 3 | 5 | 40 | Katarzyna FLIS | 96-02-12 | RKS Łódź(LDZ) | 15.41 |
| 4 | 1 | 920 | Aleksandra KORDUS | 96-04-01 | KS Warszawianka W-wa(MAZ) | 15.47 PB |
| 5 | 7 | 225 | Aleksandra WIESIOŁEK | 95-11-28 | ŁKS Łódź(LDZ) | 15.82 |
| 6 | 3 | 860 | Marcelina GRZEGOREK | 96-03-21 | SL WKS Zawisza Bydgoszcz(KPO) | 15.89 PB |
| 7 | 4 | 196 | Ewa POLOCH | 95-03-09 | UKS Achilles Leszno(WLP) | 16.04 PB |
| 8 | 2 | 24 | Emilia PUCZYŁOWSKA | 95-05-30 | LUKS Hańcza Suwałki(POD) | 16.43 |

Bieg 2/3

Wiatr: -1.3 m/s

Start: 10-09-26 11:06:06

| | | | | | | |
|----------|---|-----|---------------------------|----------|------------------------------|-------------------|
| 1 | 3 | 78 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole(OPL) | 14.38 PB q |
| 2 | 7 | 401 | Maja MIKOŁAJEK | 96-02-13 | AZS-AWFIS Gdańsk(POM) | 15.01 PB q |
| 3 | 5 | 603 | Paulina WIŚNIEWSKA | 95-05-08 | KKL Kielce(SWK) | 15.22 PB q |
| 4 | 2 | 768 | Dagmara JARCZYŃSKA | 95-06-26 | RKS SKRA Warszawa(MAZ) | 15.48 |
| 5 | 8 | 52 | Iwona DŻWIL | 95-05-05 | UKS 19 Bojary Białystok(POD) | 15.62 PB |
| 6 | 6 | 146 | Klaudia KALITA | 95-12-14 | CWKS Resovia Rzeszów(PDK) | 16.00 PB |
| 7 | 1 | 81 | Marlena MORTON | 95-02-15 | SKS Kusy Kraków(MLP) | 16.27 |
| 8 | 4 | 108 | Paulina BRYDA | 95-01-26 | TS AKS Chorzów(SLK) | 17.15 |

Bieg 3/3

Wiatr: -1.1 m/s

Start: 10-09-26 11:10:18

| | | | | | | |
|----------|---|-----|----------------------------|----------|--------------------------------|-------------------|
| 1 | 6 | 2 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza(SLK) | 14.67 q |
| 2 | 3 | 12 | Barbara WOJTULEWICZ | 95-03-25 | LUKS Hańcza Suwałki(POD) | 15.13 PB q |
| 3 | 2 | 937 | Natalia KUNZ | 95-02-01 | RLTL ZTE Radom(MAZ) | 15.19 SB q |
| 4 | 7 | 37 | Kamila KOPCZAK | 95-07-22 | UKS Tempo 5 Przemyśl(PDK) | 15.49 |
| 5 | 4 | 357 | Oliwia SOZAŃSKA | 95-03-02 | AZS-PWSZ Gorzów(LBU) | 15.78 SB |
| 6 | 8 | 197 | Martyna POLOCH | 95-03-09 | UKS Achilles Leszno(WLP) | 15.98 PB |
| 7 | 1 | 404 | Aleksandra ŁOSIK | 95-01-11 | AZS-AWFIS Gdańsk(POM) | 16.01 PB |
| 8 | 9 | 12 | Aleksandra RÓD | 95-01-20 | MLKS Sokół Lubin(DOL) | 16.33 |
| 9 | 5 | 11 | Marta KUCZYK | 95-04-24 | UMKS Iskra Wolsztyn(WLP) | 16.64 PB |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|----------------------|----------|---------------------------|-------|------|
| 1 | Bieg 2 1 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole | 14.38 | PB q |
| 2 | Bieg 3 1 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza | 14.67 | q |
| 3 | Bieg 2 2 | Maja MIKOŁAJEK | 96-02-13 | AZS-AWFIS Gdańsk | 15.01 | PB q |
| 4 | Bieg 1 1 | Ola OKONOWSKA | 95-06-01 | LKS Górnik Wałbrzych | 15.05 | q |
| 5 | Bieg 1 2 | Agata BOROWIAK | 96-01-01 | AZS-PWSZ Gorzów | 15.09 | PB q |
| 6 | Bieg 3 2 | Barbara WOJTULEWICZ | 95-03-25 | LUKS Hańcza Suwałki | 15.13 | PB q |
| 7 | Bieg 3 3 | Natalia KUNZ | 95-02-01 | RLTL ZTE Radom | 15.19 | SB q |
| 8 | Bieg 2 3 | Paulina WIŚNIEWSKA | 95-05-08 | KKL Kielce | 15.22 | PB q |
| 9 | Bieg 1 3 | Katarzyna FLIS | 96-02-12 | RKS Łódź | 15.41 | |
| 10 | Bieg 1 4 | Aleksandra KORDUS | 96-04-01 | KS Warszawianka W-wa | 15.47 | PB |
| 11 | Bieg 2 4 | Dagmara JARCZYŃSKA | 95-06-26 | RKS SKRA Warszawa | 15.48 | |
| 12 | Bieg 3 4 | Kamila KOPCZAK | 95-07-22 | UKS Tempo 5 Przemyśl | 15.49 | |
| 13 | Bieg 2 5 | Iwona DŻWIL | 95-05-05 | UKS 19 Bojary Białystok | 15.62 | PB |
| 14 | Bieg 3 5 | Oliwia SOZAŃSKA | 95-03-02 | AZS-PWSZ Gorzów | 15.78 | SB |
| 15 | Bieg 1 5 | Aleksandra WIESIOŁEK | 95-11-28 | ŁKS Łódź | 15.82 | |
| 16 | Bieg 1 6 | Marcelina GRZEGOREK | 96-03-21 | SL WKS Zawisza Bydgoszcz | 15.89 | PB |
| 17 | Bieg 3 6 | Martyna POLOCH | 95-03-09 | UKS Achilles Leszno | 15.98 | PB |
| 18 | Bieg 2 6 | Klaudia KALITA | 95-12-14 | CWKS Resovia Rzeszów | 16.00 | PB |
| 19 | Bieg 3 7 | Aleksandra ŁOSIK | 95-01-11 | AZS-AWFIS Gdańsk | 16.01 | PB |
| 20 | Bieg 1 7 | Ewa POLOCH | 95-03-09 | UKS Achilles Leszno | 16.04 | PB |
| 21 | Bieg 2 7 | Marlena MORTON | 95-02-15 | SKS Kusy Kraków | 16.27 | |
| 22 | Bieg 3 8 | Aleksandra RÓD | 95-01-20 | MLKS Sokół Lubin | 16.33 | |
| 23 | Bieg 1 8 | Emilia PUCZYŁOWSKA | 95-05-30 | LUKS Hańcza Suwałki | 16.43 | |
| 24 | Bieg 3 9 | Marta KUCZYK | 95-04-24 | UMKS Iskra Wolsztyn | 16.64 | PB |
| 25 | Bieg 2 8 | Paulina BRYDA | 95-01-26 | TS AKS Chorzów | 17.15 | |

Rzut oszczepem kobiet

| | | | | |
|-----------|-------------|------------|---------|----------|
| RP: 45.15 | Marta KAŁOL | GKS Luzino | Słubice | 30/09/07 |
|-----------|-------------|------------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Start: 10-09-26 10:30:00

Koniec: 10-09-26 11:20:00

| | | | | | | | |
|----|----|-----|-----------------------|----------|---------------------------------|-------|----|
| 1 | 15 | 169 | Marcelina WITEK | 95-06-02 | SKLA Słupsk(POM) | 41.78 | |
| 2 | 1 | 663 | Monika KARASIEWICZ | 95-02-18 | MUKS Płock(MAZ) | 38.36 | |
| 3 | 2 | 30 | Aleksandra MICKIEWICZ | 95-03-24 | ULKS Uczniak Szprotawa(LBU) | 37.95 | |
| 4 | 17 | 298 | Hanna KAMIŃSKA | 96-01-19 | SKLA Słupsk(POM) | 34.83 | PB |
| 5 | 12 | 76 | Kinga EBERTOWSKA | 96-06-04 | UKS Lipusz(POM) | 34.82 | |
| 6 | 8 | 891 | Aleksandra BORKOWSKA | 95-01-04 | SL WKS Zawisza Bydgoszcz(KPO) | 34.25 | |
| 7 | 6 | 97 | Gabriela NOWAK | 95-05-23 | SKS Kusy Kraków(MLP) | 32.29 | PB |
| 8 | 3 | 608 | Aleksandra FILIPIAK | 96-04-14 | LUKS Inowrocław(KPO) | 31.35 | |
| 9 | 14 | 116 | Agata WITKOWSKA | 95-10-10 | UKS Błyskawica Domaniewice(LDZ) | 30.81 | |
| 10 | 10 | 15 | Klaudia HLIWA | 95-07-24 | MLKS Echo Twardogóra(DOL) | 30.40 | |
| 11 | 9 | 207 | Agata WIŚNIEWSKA | 95-03-02 | BSZS Szerszeń Bogatynia(DOL) | 29.81 | |
| 12 | 16 | 60 | Paulina FURMANEK | 96-02-26 | MKS Sambor Tczew(POM) | 29.26 | |
| 13 | 7 | 43 | Antonina SZTAL | 95-08-12 | MKL Toruń(KPO) | 28.84 | SB |
| 14 | 11 | 13 | Milena PISKORSKA | 95-09-13 | UMKS Iskra Wolsztyn(WLP) | 27.99 | |
| 15 | 4 | 26 | Kinga NISZTOR | 96-07-26 | MLKL Płock(MAZ) | 27.08 | |
| 16 | 5 | 40 | Martyna SEROCZYŃSKA | 95-03-01 | MKS Sambor Tczew(POM) | 26.20 | |
| 17 | 13 | 183 | Daria ZABAWSKA | 95-04-16 | KS Podlasie Białystok(POD) | 23.84 | |

| | I | II | III | IV | V | VI |
|-----------------------|-------|-------|-------|-------|-------|-------|
| Marcelina WITEK | 39.76 | 40.04 | 41.39 | 41.78 | 41.72 | x |
| Monika KARASIEWICZ | 35.65 | 38.36 | 34.96 | 30.42 | 35.56 | 35.89 |
| Aleksandra MICKIEWICZ | 33.37 | 34.88 | 36.74 | 37.95 | 32.82 | x |
| Hanna KAMIŃSKA | 33.58 | 34.07 | 33.05 | 34.18 | 32.23 | 34.83 |
| Kinga EBERTOWSKA | 32.26 | 34.82 | 34.66 | 34.67 | 34.73 | 32.81 |
| Aleksandra BORKOWSKA | 32.41 | 28.91 | 32.82 | x | 34.25 | 31.02 |
| Gabriela NOWAK | 31.37 | 31.31 | 28.49 | 25.55 | 28.75 | 32.29 |
| Aleksandra FILIPIAK | 31.35 | x | 30.55 | x | 31.22 | 31.10 |
| Agata WITKOWSKA | 28.22 | 30.81 | 27.41 | | | |
| Klaudia HLIWA | 26.06 | 30.31 | 30.40 | | | |
| Agata WIŚNIEWSKA | 29.81 | x | 28.88 | | | |
| Paulina FURMANEK | 29.26 | 28.52 | x | | | |
| Antonina SZTAL | 26.31 | 38.84 | 26.77 | | | |
| Milena PISKORSKA | 27.99 | 25.99 | 27.77 | | | |
| Kinga NISZTOR | 27.08 | 26.58 | 25.03 | | | |
| Martyna SEROCZYŃSKA | 26.20 | x | 24.45 | | | |
| Daria ZABAWSKA | x | 23.84 | 21.70 | | | |

110 m ppt młodzików (91,4)

RP: 14.62 Artur NOGA Victoria Racibórz Słubice 28/09/03

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/2

Wiatr: -1.0 m/s

Start: 10-09-26 11:22:20

| | | | | | | | |
|----------|---|-----|----------------------------|----------|--------------------------------|--------------|------|
| 1 | 6 | 119 | Michał SŁUGOCKI | 95-08-14 | MKL 12 Jelenia Góra(DOL) | 15.45 | PB q |
| 2 | 7 | 331 | Michał STODOLNY | 95-05-26 | UKB Szubin(KPO) | 15.59 | q |
| 2 | 4 | 248 | Sebastian LUDWIG | 95-03-02 | LUKS Podium Kup (OPL) | 15.59 | q |
| 4 | 3 | 722 | Konrad GÓRALSKI | 95-01-02 | MKLA Łęczycza(LDZ) | 15.83 | q |
| 5 | 1 | 771 | Mateusz ORZECZOWSKI | 95-07-14 | RKS SKRA Warszawa(MAZ) | 15.89 | |
| 6 | 2 | 80 | Wojciech PACEWICZ | 95-01-11 | UKS 19 Bojary Białystok(POD) | 16.36 | PB |
| 7 | 5 | 148 | Grzegorz ARCZYŃSKI | 95-08-21 | SKS Kusy Kraków(MLP) | 16.40 | PB |
| 8 | 8 | 75 | Grzegorz JONAS | 95-03-15 | MKS-MOS Płomień Sosnowiec(SLK) | 17.05 | PB |

Bieg 2/2

Wiatr: -1.1 m/s

Start: 10-09-26 11:26:42

| | | | | | | | |
|----------|---|-----|-------------------------|----------|------------------------------|--------------|------|
| 1 | 6 | 608 | Patryk GRADZIK | 95-02-08 | KKL Kielce(SWK) | 15.21 | PB q |
| 2 | 2 | 12 | Kacper SCHUBERT | 95-07-10 | MLKS Echo Twardogóra(DOL) | 15.45 | q |
| 3 | 8 | 400 | Marcin GRUDKA | 95-01-01 | AZS-AWFIS Gdańsk(POM) | 15.67 | PB q |
| 4 | 7 | 11 | Patryk PILCH | 95-09-25 | MLKS Sokół Lubin(DOL) | 15.68 | q |
| 5 | 4 | 109 | Tomasz NOWAK | 95-05-09 | SKS Kusy Kraków(MLP) | 15.99 | PB |
| 6 | 5 | 123 | Piotr ZIAJA | 95-07-27 | SKS Kusy Kraków(MLP) | 16.26 | PB |
| 7 | 3 | 97 | Kornel KUCZYŃSKI | 95-02-01 | UKS 19 Bojary Białystok(POD) | 17.24 | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|---------------------|----------|---------------------------|-------|------|
| 1 | Bieg 2 1 | Patryk GRADZIK | 95-02-08 | KKL Kielce | 15.21 | PB q |
| 2 | Bieg 1 1 | Michał SŁUGOCKI | 95-08-14 | MKL 12 Jelenia Góra | 15.45 | PB q |
| 3 | Bieg 2 2 | Kacper SCHUBERT | 95-07-10 | MLKS Echo Twardogóra | 15.45 | q |
| 4 | Bieg 1 2 | Michał STODOLNY | 95-05-26 | UKB Szubin | 15.59 | q |
| 5 | Bieg 1 2 | Sebastian LUDWIG | 95-03-02 | LUKS Podium Kup | 15.59 | q |
| 6 | Bieg 2 3 | Marcin GRUDKA | 95-01-01 | AZS-AWFIS Gdańsk | 15.67 | PB q |
| 7 | Bieg 2 4 | Patryk PILCH | 95-09-25 | MLKS Sokół Lubin | 15.68 | q |
| 8 | Bieg 1 4 | Konrad GÓRALSKI | 95-01-02 | MKLA Łęczycza | 15.83 | q |
| 9 | Bieg 1 5 | Mateusz ORZECZOWSKI | 95-07-14 | RKS SKRA Warszawa | 15.89 | |
| 10 | Bieg 2 5 | Tomasz NOWAK | 95-05-09 | SKS Kusy Kraków | 15.99 | PB |
| 11 | Bieg 2 6 | Piotr ZIAJA | 95-07-27 | SKS Kusy Kraków | 16.26 | PB |
| 12 | Bieg 1 6 | Wojciech PACEWICZ | 95-01-11 | UKS 19 Bojary Białystok | 16.36 | PB |
| 13 | Bieg 1 7 | Grzegorz ARCZYŃSKI | 95-08-21 | SKS Kusy Kraków | 16.40 | PB |
| 14 | Bieg 1 8 | Grzegorz JONAS | 95-03-15 | MKS-MOS Płomień Sosnowiec | 17.05 | PB |
| 15 | Bieg 2 7 | Kornel KUCZYŃSKI | 95-02-01 | UKS 19 Bojary Białystok | 17.24 | |

300 metrów kobiet

| | | | | |
|-----------|-----------------|-------------------|---------|----------|
| RP: 39.26 | Marika POPOWICZ | Zawisza Bydgoszcz | Słubice | 28/09/03 |
|-----------|-----------------|-------------------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/4

Start: 10-09-26 11:36:18

| | | | | | | | |
|---|---|-----|----------------------|----------|------------------------------|-------|----|
| 1 | 6 | 607 | Karolina CIESIELSKA | 96-02-17 | MUKS Płock(MAZ) | 40.36 | PB |
| 2 | 4 | 519 | Weronika PODLASZCZAK | 95-06-23 | KL Iskra Białogard(ZPO) | 40.92 | |
| 3 | 3 | 33 | Patrycja ŁUGOWSKA | 95-07-20 | UKS MOSiR Działdowo(WMZ) | 40.94 | |
| 4 | 5 | 750 | Karolina GESEK | 96-02-20 | MMKS Gdańsk(POM) | 40.96 | PB |
| 5 | 7 | 81 | Anna PAŁYS | 95-03-02 | MKS-MOS Wrocław(DOL) | 41.22 | PB |
| 6 | 2 | 79 | Karolina ORGANIŚCIAK | 96-01-16 | MKS Juvenia Puszczykowo(WLP) | 41.43 | PB |
| 7 | 1 | 81 | Natalia PIONTEK | 95-11-23 | RMKS Rybnik(SLK) | 41.61 | PB |
| 8 | 8 | 235 | Magdalena WRONKA | 95-01-01 | KS Agros Zamość(LBE) | 42.45 | |

Bieg 2/4

Start: 10-09-26 11:40:51

| | | | | | | | |
|---|---|-----|-------------------|----------|----------------------------------|-------|----|
| 1 | 3 | 241 | Paulina KAJEWSKA | 95-06-30 | KS Podlasie Białystok(POD) | 41.48 | PB |
| 2 | 5 | 870 | Klaudia TESZBIR | 96-02-16 | AZS-AWF Gorzów(LBU) | 42.01 | PB |
| 3 | 2 | 23 | Dominika MOREK | 96-01-22 | MKS Chojniczanka Chojnice(POM) | 42.15 | PB |
| 4 | 4 | 993 | Marta KALIŚCIAK | 96-06-11 | LŁKS Prefbet Śniadowo Łomża(POD) | 42.24 | PB |
| 5 | 7 | 757 | Regina MATEROWSKA | 95-11-10 | MMKS Gdańsk(POM) | 43.00 | |
| 6 | 6 | 360 | Dagmara BADECKA | 95-12-03 | AZS-PWSZ Gorzów(LBU) | 43.43 | |
| | 8 | 77 | Patrycja TKACZYK | 95-01-01 | RLMKS Orłęta Radom(MAZ) | DNS | |

Bieg 3/4

Start: 10-09-26 11:44:11

| | | | | | | | |
|---|---|-----|---------------------|----------|--------------------------------|-------|----|
| 1 | 3 | 33 | Ewa FORMAL | 95-03-16 | UKS Tempo 5 Przemyśl(PDK) | 42.44 | PB |
| 2 | 2 | 6 | Elżbieta GŁOGOWSKA | 95-01-10 | LUKS Zabrzeg(SLK) | 42.49 | PB |
| 3 | 4 | 22 | Adrianna JANOWICZ | 95-04-16 | MKS Baszta Szamotuły(WLP) | 42.58 | |
| 4 | 6 | 66 | Żaneta STANISZEWSKA | 95-02-22 | UKS MOSiR Działdowo(WMZ) | 43.05 | PB |
| 5 | 8 | 94 | Joanna WALAS | 96-01-01 | RKS Rumia(POM) | 43.31 | PB |
| 6 | 7 | 558 | Marta MAŚLACH | 95-04-07 | KKS Victoria Stalowa Woła(PDK) | 43.33 | PB |
| 7 | 5 | 420 | Angelika SIWCZYK | 95-02-17 | TL Pogoń Ruda Śląska(SLK) | 43.95 | |

| | | | | | | | |
|----------|---|-----|---------------------|----------|-------------------------|--------------|-------|
| 1 | 7 | 776 | Izabela GRUSZKA | 95-07-28 | UKS Czwórka Żory(SLK) | 43.64 | |
| 2 | 6 | 207 | Karolina KĘPA | 95-02-10 | MULKS MOS Sieradz(LDZ) | 44.04 | PB |
| 3 | 3 | 151 | Iga KOWALSKA | 96-09-04 | KS Żeglina Sieradz(LDZ) | 44.70 | PB |
| 4 | 8 | 15 | Dominika ADAMCZYK | 95-08-11 | MKL Toruń(KPO) | 44.81 | |
| 5 | 5 | 9 | Arletta DZIEWIĄTAK | 95-01-24 | RKS Łódź(LDZ) | 45.13 | |
| | 4 | 438 | Justyna SAGANIAK | 95-12-01 | SKS Start Łódź(LDZ) | DQ | 163p3 |
| | 2 | 506 | Katarzyna TUNIEWICZ | 95-04-14 | MKL Toruń(KPO) | DNS | |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|----------------------|----------|-----------------------------|--------------|-------|
| 1 | Bieg 1 1 | Karolina CIESIELSKA | 96-02-17 | MUKS Płock | 40.36 | PB |
| 2 | Bieg 1 2 | Weronika PODLASZCZAK | 95-06-23 | KL Iskra Białogard | 40.92 | |
| 3 | Bieg 1 3 | Patrycja ŁUGOWSKA | 95-07-20 | UKS MOSiR Działdowo | 40.94 | |
| 4 | Bieg 1 4 | Karolina GESEK | 96-02-20 | MMKS Gdańsk | 40.96 | PB |
| 5 | Bieg 1 5 | Anna PAŁYS | 95-03-02 | MKS-MOS Wrocław | 41.22 | PB |
| 6 | Bieg 1 6 | Karolina ORGANIŚCIAK | 96-01-16 | MKS Juwenia Puszczykowo | 41.43 | PB |
| 7 | Bieg 2 1 | Paulina KAJEWSKA | 95-06-30 | KS Podlasie Białystok | 41.48 | PB |
| 8 | Bieg 1 7 | Natalia PIONTEK | 95-11-23 | RMKS Rybnik | 41.61 | PB |
| 9 | Bieg 2 2 | Klaudia TESZBIR | 96-02-16 | AZS-AWF Gorzów | 42.01 | PB |
| 10 | Bieg 2 3 | Dominika MOREK | 96-01-22 | MKS Chojniczanka Chojnice | 42.15 | PB |
| 11 | Bieg 2 4 | Marta KALIŚCIAK | 96-06-11 | LŁKS Prefbet Śniadowo Łomża | 42.24 | PB |
| 12 | Bieg 3 1 | Ewa FORMAL | 95-03-16 | UKS Tempo 5 Przemysł | 42.44 | PB |
| 13 | Bieg 1 8 | Magdalena WRONKA | 95-01-01 | KS Agros Zamość | 42.45 | |
| 14 | Bieg 3 2 | Elżbieta GŁOGOWSKA | 95-01-10 | LUKS Zabrzeg | 42.49 | PB |
| 15 | Bieg 3 3 | Adrianna JANOWICZ | 95-04-16 | MKS Baszta Szamotuły | 42.58 | |
| 16 | Bieg 2 5 | Regina MATEROWSKA | 95-11-10 | MMKS Gdańsk | 43.00 | |
| 17 | Bieg 3 4 | Żaneta STANISZEWSKA | 95-02-22 | UKS MOSiR Działdowo | 43.05 | PB |
| 18 | Bieg 3 5 | Joanna WALAS | 96-01-01 | RKS Rumia | 43.31 | PB |
| 19 | Bieg 3 6 | Marta MAŚLACH | 95-04-07 | KKS Victoria Stalowa Wola | 43.33 | PB |
| 20 | Bieg 2 6 | Dagmara BADECKA | 95-12-03 | AZS-PWSZ Gorzów | 43.43 | |
| 21 | Bieg 4 1 | Izabela GRUSZKA | 95-07-28 | UKS Czwórka Żory | 43.64 | |
| 22 | Bieg 3 7 | Angelika SIWCZYK | 95-02-17 | TL Pogoń Ruda Śląska | 43.95 | |
| 23 | Bieg 4 2 | Karolina KĘPA | 95-02-10 | MULKS MOS Sieradz | 44.04 | PB |
| 24 | Bieg 4 3 | Iga KOWALSKA | 96-09-04 | KS Żeglina Sieradz | 44.70 | PB |
| 25 | Bieg 4 4 | Dominika ADAMCZYK | 95-08-11 | MKL Toruń | 44.81 | |
| 26 | Bieg 4 5 | Arletta DZIEWIĄTAK | 95-01-24 | RKS Łódź | 45.13 | |
| | Bieg 4 DQ | Justyna SAGANIAK | 95-12-01 | SKS Start Łódź | DQ | 163p3 |
| | Bieg 4 DNS | Katarzyna TUNIEWICZ | 95-04-14 | MKL Toruń | DNS | |
| | Bieg 2 DNS | Patrycja TKACZYK | 95-01-01 | RLMKS Orłęta Radom | DNS | |

Skok w dal kobiet

| | | | | |
|----------|-----------------|----------------|----------|----------|
| RP: 5.95 | Lucyna KOCZWARA | ISKRA Pszczyna | Pszczyna | 02/07/66 |
|----------|-----------------|----------------|----------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 10:30:00

Koniec: 10-09-26 11:35:00

| | | | | | | | | |
|----------|----|-----|-------------------------|----------|---------------------------------|-------------|----|------|
| 1 | 7 | 648 | Adrianna SZÓSTAK | 96-03-02 | TS Olimpia Poznań(WLP) | 5.63 | PB | +0.7 |
| 2 | 10 | 551 | Ewelina WYSZCZELSKA | 95-04-04 | MKS DURASAN Płońsk(MAZ) | 5.31 | | +2.7 |
| 3 | 17 | 84 | Alicja SADLAK | 96-02-22 | UKS-MOS Opole(OPL) | 5.27 | PB | -0.2 |
| 4 | 15 | 873 | Aleksandra PAZURKIEWICZ | 95-02-20 | AZS-AWF Gorzów(LBU) | 5.26 | | +1.3 |
| 5 | 6 | 39 | Ewa OCHOCKA | 96-01-17 | MKS Bolesłavia Bolesławiec(DOL) | 5.25 | PB | +0.9 |
| 6 | 3 | 98 | Paulina POTYKA | 95-07-30 | RMKS Rybnik(SLK) | 5.22 | | +1.0 |

| | | | | | | | |
|-----------|----|-----|----------------------------|----------|----------------------------------|-------------|------|
| 7 | 9 | 308 | Roksana PODLEWSKA | 96-05-06 | KS Stal Ostrów Wlkp.(WLP) | 5.18 | -0.4 |
| 8 | 5 | 516 | Karolina FISZER | 95-02-09 | BKL Bełchatów(LDZ) | 5.10 | -0.2 |
| 9 | 12 | 30 | Paula KOWALIK | 95-03-22 | MKS Bolesłavia Bolesławiec(DOL) | 5.04 | -0.5 |
| 10 | 16 | 68 | Magdalena ŻEBROWSKA | 96-05-29 | OKLA StoraEnso Ostrołęka(MAZ) | 5.01 | +0.1 |
| 11 | 2 | 505 | Patrycja ŁAZARZ | 95-03-26 | MKS Tempo Kęty(MLP) | 4.98 | +1.0 |
| 12 | 18 | 1 | Kornelia WRÓBEL | 96-01-11 | LUKS Hańcza Suwałki(POD) | 4.98 | +0.3 |
| 13 | 1 | 333 | Adriana ZIELIŃSKA | 95-02-11 | MKS-MOS Wrocław(DOL) | 4.97 | +0.6 |
| 14 | 13 | 127 | Angelika FAKA | 96-01-15 | KS Komunalni Sanok(PDK) | 4.86 | -0.5 |
| 15 | 19 | 84 | Kinga TARAŃ | 95-08-22 | SKS Kusy Kraków(MLP) | 4.74 | 0.0 |
| 16 | 11 | 61 | Natalia ŚLĘZAK | 95-05-07 | MKS Hermes Gryfino(ZPO) | 4.67 | -0.3 |
| 17 | 4 | 755 | Jacqueline BOLESKA | 95-12-30 | MMKS Gdańsk(POM) | 4.60 | -0.1 |
| 18 | 8 | 5 | Katarzyna KOPYTO | 95-08-21 | LKLA Krokus Astromal Leszno(WLP) | 4.56 | -0.4 |
| | 14 | 401 | Maja MIKOŁAJEK | 96-02-13 | AZS-AWFIS Gdańsk(POM) | DNS | |

| | I | II | III | IV | V | VI |
|-------------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Adrianna SZÓSTAK | x | 5.37 | 5.04 | 5.38 | 5.41 | 5.63 |
| | +0.3 | -0.4 | -0.1 | 0.0 | -0.6 | +0.7 |
| Ewelina WYSZCZELSKA | 5.31 | 5.12 | 5.05 | x | x | 5.01 |
| | +2.7 | -0.6 | -0.5 | -0.5 | +0.1 | +1.7 |
| Alicja SADLAK | 5.07 | 5.10 | x | 5.06 | x | 5.27 |
| | -0.3 | +0.7 | +0.2 | -0.1 | -0.1 | -0.2 |
| Aleksandra PAZURKIEWICZ | 5.26 | 5.09 | 5.14 | 4.91 | 5.15 | 5.24 |
| | +1.3 | +0.2 | +1.5 | 0.0 | -0.2 | +2.1 |
| Ewa OCHOCKA | 4.92 | 5.08 | 4.69 | 4.68 | x | 5.25 |
| | +0.6 | -1.0 | -0.3 | +0.7 | +1.0 | +0.9 |
| Paulina POTYKA | 5.22 | x | x | x | 3.42 | 5.12 |
| | +1.0 | +0.1 | -0.1 | +0.6 | +1.0 | +1.0 |
| Roksana PODLEWSKA | 4.82 | 5.18 | 4.51 | 4.26 | 4.95 | x |
| | +2.7 | -0.4 | +0.4 | +0.7 | -0.4 | +1.1 |
| Karolina FISZER | x | 5.10 | 4.47 | 4.94 | 4.89 | 5.02 |
| | +0.3 | -0.2 | -0.5 | +0.6 | -0.1 | +0.8 |
| Paula KOWALIK | 5.04 | x | 4.55 | | | |
| | -0.5 | 0.0 | +0.1 | | | |
| Magdalena ŻEBROWSKA | 4.64 | x | 5.01 | | | |
| | +2.0 | +0.1 | +0.1 | | | |
| Patrycja ŁAZARZ | 4.98 | x | 4.94 | | | |
| | +1.0 | 0.0 | -0.5 | | | |
| Kornelia WRÓBEL | x | x | 4.98 | | | |
| | 0.0 | +0.9 | +0.3 | | | |
| Adriana ZIELIŃSKA | 4.97 | 4.81 | x | | | |
| | +0.6 | +0.3 | -1.1 | | | |
| Angelika FAKA | x | 4.86 | 4.63 | | | |
| | -0.2 | -0.5 | -0.1 | | | |
| Kinga TARAŃ | 4.74 | x | x | | | |
| | 0.0 | +0.7 | +0.5 | | | |
| Natalia ŚLĘZAK | x | 4.67 | 4.56 | | | |
| | +0.1 | -0.3 | -0.4 | | | |
| Jacqueline BOLESKA | x | x | 4.60 | | | |
| | +1.1 | -0.1 | -0.1 | | | |
| Katarzyna KOPYTO | x | 4.56 | 4.16 | | | |
| | +0.7 | -0.4 | +0.2 | | | |

300 metrów mężczyzn

| | | | | |
|-----------|------------------|------------------|---------|----------|
| RP: 35.41 | Mateusz JĘDRUSIK | WKS WAWEL Kraków | Siedlce | 01/10/06 |
|-----------|------------------|------------------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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Bieg 1/4

Start: 10-09-26 11:57:26

| | | | | | | | |
|----------|---|-----|--------------------------|----------|---------------------------------|--------------|----------|
| 1 | 4 | 985 | Patryk HŁADUNIUK | 95-06-27 | LKS Lubusz Słubice(LBU) | 34.92 | PB RP Mł |
| 2 | 5 | 7 | Radosław LADEMANN | 95-02-08 | LKS Ziemi Puckiej Puck(POM) | 36.23 | |
| 3 | 8 | 986 | Tomasz OLSZEWSKI | 95-01-19 | LKS Prefbet Śniadowo Łomża(POD) | 36.38 | PB |
| 4 | 3 | 60 | Dawid MISIORSKI | 95-05-05 | MKS Chojniczanka Chojnice(POM) | 36.88 | PB |
| 5 | 1 | 16 | Kamil JANISZAK | 95-12-29 | MKS Junior Złocieniec(ZPO) | 37.07 | PB |
| 6 | 7 | 984 | Mateusz ZIELIŃSKI | 95-06-27 | LKS Lubusz Słubice(LBU) | 37.30 | |

| | | | | | | |
|----------|---|-----|---------------------------|----------|----------------------------------|--------------|
| 7 | 6 | 79 | Paweł MALSKI | 95-09-06 | MKS-MOS Wrocław(DOL) | 37.70 |
| 8 | 2 | 974 | Bartek FLORYSZCZUK | 95-04-30 | WLKS Siedlce - Iganie Nowe (MAZ) | 40.78 |

Bieg 2/4

Start: 10-09-26 12:03:46

| | | | | | | | |
|----------|---|-----|----------------------------|----------|--------------------------------------|--------------|----|
| 1 | 4 | 29 | Patryk FRANKO | 95-05-15 | LUKS Hańcza Suwałki(POD) | 36.68 | PB |
| 2 | 7 | 405 | Piotr GROBELNY | 95-04-05 | LKS Orkan Ostrzeszów(WLP) | 37.18 | PB |
| 3 | 8 | 52 | Daniel ZALEWSKI | 95-05-18 | MKS-SMS Victoria Racibórz(SLK) | 37.34 | PB |
| 4 | 5 | 440 | Bartosz WIERZBIŃSKI | 95-01-29 | KLKS Juventa-Kobex Starachowice(SWK) | 37.58 | |
| 5 | 6 | 473 | Tomasz WOLNIEWICZ | 96-03-07 | UKS Orkan Środa Wlkp.(WLP) | 38.00 | |
| 6 | 3 | 82 | Bartłomiej RABENDA | 96-03-07 | KKB MOSiR Krosno(PDK) | 38.11 | |
| | 2 | 70 | Łukasz WITKOWSKI | 95-01-01 | RLMKS Orleża Radom(MAZ) | DNS | |

Bieg 3/4

Start: 10-09-26 12:08:14

| | | | | | | | |
|----------|---|-----|------------------------------|----------|----------------------------------|--------------|-------|
| 1 | 2 | 111 | Aleksander SERAFIN | 95-08-29 | TS AKS Chorzów(SLK) | 37.64 | PB |
| 2 | 6 | 144 | Adam BŁASIK | 95-06-14 | CKS Budowlani Częstochowa(SLK) | 37.87 | PB |
| 3 | 3 | 549 | Przemysław KASPROWICZ | 95-04-19 | KKS Victoria Stalowa Wola(PDK) | 37.91 | PB |
| 4 | 7 | 155 | Mikołaj JEZERSKI | 95-04-25 | AZS Poznań(WLP) | 38.02 | |
| 5 | 5 | 210 | Marcin SIEJAK | 95-05-26 | UKS AS Czempień(WLP) | 38.66 | |
| | 8 | 937 | Paweł CISZEWSKI | 95-06-13 | LKS Pomorze Stargard(ZPO) | DQ | 163p3 |
| | 4 | 955 | Rafał ABRAMOWSKI | 95-02-23 | WLKS Siedlce - Iganie Nowe (MAZ) | DNS | |

Bieg 4/4

Start: 10-09-26 12:13:19

| | | | | | | | |
|----------|---|-----|--------------------------|----------|------------------------------|--------------|----|
| 1 | 7 | 94 | Marcin KACPRZAK | 95-02-09 | UKS DZIEWIĄTKA Kutno(LDZ) | 36.34 | PB |
| 2 | 6 | 2 | Mateusz GAD | 95-10-06 | UKS Żaczek Połaniec(SWK) | 36.74 | PB |
| 3 | 2 | 23 | Artur WALCZAK | 96-03-12 | MKS Osa Zgorzelec(DOL) | 37.21 | PB |
| 4 | 5 | 147 | Artur GŁADYSZ | 95-10-03 | UKS Dziesiątka Radomsko(LDZ) | 38.23 | PB |
| 5 | 8 | 62 | Grzegorz BEDNARZ | 95-11-17 | MKS Osa Zgorzelec(DOL) | 38.28 | PB |
| 6 | 4 | 13 | Piotr STRASZEWSKI | 95-03-29 | MKS Żak Biała Podlaska(LBE) | 38.29 | PB |
| 7 | 3 | 1 | Wojciech ROWIŃSKI | 95-04-18 | MUKS ILKUS Olkusz(MLP) | 38.76 | PB |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|-----------------------|----------|---------------------------------|-------|---------|
| 1 | Bieg 1 1 | Patryk HŁADUNIUK | 95-06-27 | LKS Lubusz Słubice | 34.92 | B RP Mł |
| 2 | Bieg 1 2 | Radosław LADEMANN | 95-02-08 | LKS Ziemi Puckiej Puck | 36.23 | |
| 3 | Bieg 4 1 | Marcin KACPRZAK | 95-02-09 | UKS DZIEWIĄTKA Kutno | 36.34 | PB |
| 4 | Bieg 1 3 | Tomasz OLSZEWSKI | 95-01-19 | LKS Prefbet Śniadowo Łomża | 36.38 | PB |
| 5 | Bieg 2 1 | Patryk FRANKO | 95-05-15 | LUKS Hańcza Suwałki | 36.68 | PB |
| 6 | Bieg 4 2 | Mateusz GAD | 95-10-06 | UKS Żaczek Połaniec | 36.74 | PB |
| 7 | Bieg 1 4 | Dawid MISIORSKI | 95-05-05 | MKS Chojniczanka Chojnice | 36.88 | PB |
| 8 | Bieg 1 5 | Kamil JANISZAK | 95-12-29 | MKS Junior Złocieniec | 37.07 | PB |
| 9 | Bieg 2 2 | Piotr GROBELNY | 95-04-05 | LKS Orkan Ostrzeszów | 37.18 | PB |
| 10 | Bieg 4 3 | Artur WALCZAK | 96-03-12 | MKS Osa Zgorzelec | 37.21 | PB |
| 11 | Bieg 1 6 | Mateusz ZIELIŃSKI | 95-06-27 | LKS Lubusz Słubice | 37.30 | |
| 12 | Bieg 2 3 | Daniel ZALEWSKI | 95-05-18 | MKS-SMS Victoria Racibórz | 37.34 | PB |
| 13 | Bieg 2 4 | Bartosz WIERZBIŃSKI | 95-01-29 | KLKS Juventa-Kobex Starachowice | 37.58 | |
| 14 | Bieg 3 1 | Aleksander SERAFIN | 95-08-29 | TS AKS Chorzów | 37.64 | PB |
| 15 | Bieg 1 7 | Paweł MALSKI | 95-09-06 | MKS-MOS Wrocław | 37.70 | |
| 16 | Bieg 3 2 | Adam BŁASIK | 95-06-14 | CKS Budowlani Częstochowa | 37.87 | PB |
| 17 | Bieg 3 3 | Przemysław KASPROWICZ | 95-04-19 | KKS Victoria Stalowa Wola | 37.91 | PB |
| 18 | Bieg 2 5 | Tomasz WOLNIEWICZ | 96-03-07 | UKS Orkan Środa Wlkp. | 38.00 | |
| 19 | Bieg 3 4 | Mikołaj JEZIERSKI | 95-04-25 | AZS Poznań | 38.02 | |
| 20 | Bieg 2 6 | Bartłomiej RABENDA | 96-03-07 | KKB MOSiR Krosno | 38.11 | |
| 21 | Bieg 4 4 | Artur GŁADYSZ | 95-10-03 | UKS Dziesiątka Radomsko | 38.23 | PB |
| 22 | Bieg 4 5 | Grzegorz BEDNARZ | 95-11-17 | MKS Osa Zgorzelec | 38.28 | PB |
| 23 | Bieg 4 6 | Piotr STRASZEWSKI | 95-03-29 | MKS Żak Biała Podlaska | 38.29 | PB |
| 24 | Bieg 3 5 | Marcin SIEJAK | 95-05-26 | UKS AS Czempień | 38.66 | |
| 25 | Bieg 4 7 | Wojciech ROWIŃSKI | 95-04-18 | MUKS ILKUS Olkusz | 38.76 | PB |
| 26 | Bieg 1 8 | Bartek FLORYSZCZUK | 95-04-30 | WLKS Siedlce - Iganie Nowe | 40.78 | |
| | Bieg 3 DNS | Rafał ABRAMOWSKI | 95-02-23 | WLKS Siedlce - Iganie Nowe | DNS | |
| | Bieg 2 DNS | Łukasz WITKOWSKI | 95-01-01 | RLMKS Orleża Radom | DNS | |
| | Bieg 3 DQ | Paweł CISZEWSKI | 95-06-13 | LKS Pomorze Stargard | DQ | 163p3 |

Rzut młotem młodzików (5kg)

| | | | | |
|-----------|---------------|---------------|-------|----------|
| RP: 67.97 | Robert RAUHUT | SKRA Warszawa | Płock | 11/09/05 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 10:30:00

Koniec: 10-09-26 12:00:00

| | | | | | | | |
|----|----|-----|--------------------|----------|------------------------------------|-------|----|
| 1 | 5 | 62 | Rafał FURTAK | 95-01-20 | KS Wisła Puławy(LBE) | 57.96 | PB |
| 2 | 16 | 97 | Kenneth MARYNOWSKI | 95-06-28 | LLKS Pomorze Stargard(ZPO) | 52.95 | |
| 3 | 8 | 74 | Sławomir KRĘCKI | 95-12-12 | LLKS Ziemi Kociewskiej Skórcz(POM) | 52.08 | |
| 4 | 2 | 462 | Szymon HOLESIŃSKI | 95-04-25 | BKS Bydgoszcz(KPO) | 48.99 | PB |
| 5 | 18 | 26 | Paweł ROSZKOWSKI | 96-08-18 | LKS Prefbet Śniadowo Łomża(POD) | 48.02 | PB |
| 6 | 15 | 1 | Sebastian JANUSZ | 95-12-21 | LKS Stal Mielec(PDK) | 47.07 | |
| 7 | 10 | 85 | Paweł SITEK | 95-10-25 | MUKS Park Zduńska Wola(LDZ) | 44.80 | PB |
| 8 | 14 | 30 | Michał SAWKO | 95-02-03 | LKS Prefbet Śniadowo Łomża(POD) | 42.34 | PB |
| 9 | 17 | 2 | Michał WOJTKOWIAK | 95-09-19 | UMKS Iskra Wolsztyn(WLP) | 41.33 | |
| 10 | 13 | 72 | Radosław ZROBEK | 95-10-20 | MKS-MOS Płomień Sosnowiec(SLK) | 40.95 | PB |
| 11 | 6 | 385 | Marcin KUŹNIAREK | 96-05-27 | MMLUKS Sprint Zduńska Wola(LDZ) | 40.80 | PB |
| 12 | 9 | 91 | Kamil RACHUCKI | 95-12-15 | MUKS Park Zduńska Wola(LDZ) | 40.29 | PB |
| 13 | 7 | 381 | Dawid KOPAŁA | 96-07-04 | UKS Nowogrodziec(DOL) | 40.28 | |
| 14 | 12 | 210 | Maciej LASZCZYK | 96-03-18 | KS Żak Wałcz(ZPO) | 39.09 | |
| 15 | 1 | 62 | Kacper WRZAŁKOWSKI | 95-09-20 | LLKS Ziemi Kociewskiej Skórcz(POM) | 37.97 | PB |

| | | | | | | |
|-----------|----|-----|-------------------------|----------|-----------------------------|-----------------|
| 16 | 4 | 52 | Konrad ADAMCIO | 96-01-08 | ULKS Uczniak Szprotawa(LBU) | 36.68 |
| 17 | 11 | 771 | Maciej ROZUM | 95-02-14 | RKS SKRA Warszawa(MAZ) | 36.12 |
| 18 | 3 | 184 | Bartosz DACYSZYN | 95-06-03 | UKS Gimpas Pastęk(WMZ) | 33.78 PB |

| | I | II | III | IV | V | VI |
|--------------------|-------|-------|-------|-------|-------|-------|
| Rafał FURTAK | 54.12 | 56.18 | 57.18 | x | 57.96 | 55.93 |
| Kenneth MARYNOWSKI | x | x | 50.99 | 50.52 | 52.95 | 30.80 |
| Sławomir KRĘCKI | x | x | 52.08 | x | 50.44 | x |
| Szymon HOLESIŃSKI | 48.99 | 46.68 | x | 44.87 | x | 42.78 |
| Paweł ROSZKOWSKI | 43.76 | x | x | 48.02 | x | x |
| Sebastian JANUSZ | x | x | 47.07 | x | x | x |
| Paweł SITEK | 44.80 | 43.76 | 44.42 | 44.20 | 44.26 | 42.53 |
| Michał SAWKO | x | 42.34 | 41.05 | 41.40 | x | 41.79 |
| Michał WOJTKOWIAK | 39.15 | x | 41.33 | | | |
| Radosław ZROBEK | 40.95 | 37.87 | 38.95 | | | |
| Marcin KUŹNIAREK | x | 40.31 | 40.80 | | | |
| Kamil RACHUCKI | 39.40 | 40.22 | 40.29 | | | |
| Dawid KOPAŁA | x | 40.28 | x | | | |
| Maciej LASZCZYK | 25.16 | 37.23 | 39.09 | | | |
| Kacper WRZAŁKOWSKI | 34.65 | 37.97 | x | | | |
| Konrad ADAMCIO | x | 33.41 | 36.68 | | | |
| Maciej ROZUM | 36.12 | 32.47 | 35.75 | | | |
| Bartosz DACYSZYN | 33.25 | 33.78 | 32.66 | | | |

Skok o tyczce kobiet

| | | | | |
|----------|------------------|---------------|----------|----------|
| RP: 3.81 | Sandra DZIWIŚZEK | SKRA Warszawa | Warszawa | 20/06/09 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 10:30:00

Koniec: 10-09-26 12:03:00

| | | | | | | |
|-----------|----|-----|-------------------------------|----------|----------------------------|-----------------|
| 1 | 7 | 95 | Paulina HNIDA | 95-01-10 | MKS-MOS Wrocław(DOL) | 3.10 |
| 2 | 2 | 48 | Natalia KRYSTA | 95-09-07 | MKS Ustroń(SLK) | 3.10 =PB |
| 3 | 13 | 285 | Linda TUZ | 96-10-22 | KL Gdynia(POM) | 2.90 =PB |
| 4 | 6 | 55 | Anna PUZOŃ | 95-01-12 | UKS Olimp Mazańcowice(SLK) | 2.90 PB |
| 5 | 3 | 649 | Małgorzata WYBIERALSKA | 96-07-09 | TS Olimpia Poznań(WLP) | 2.70 |
| 5 | 8 | 282 | Justyna PSTRONGOWSKA | 95-01-15 | KL Gdynia(POM) | 2.70 |
| 5 | 9 | 94 | Izabela WŁODARSKA | 95-02-11 | MKS-MOS Wrocław(DOL) | 2.70 |
| 8 | 1 | 284 | Adrianna HUDZIK | 95-03-20 | KL Gdynia(POM) | 2.70 |
| 9 | 12 | 751 | Kamila ŚLADOWSKA | 96-11-05 | RKS SKRA Warszawa(MAZ) | 2.70 |
| 10 | 11 | 778 | Katarzyna STARCZEWSKA | 95-05-27 | KS Podlasie Białystok(POD) | 2.50 =PB |
| 11 | 5 | 749 | Daria ROSIEWICZ | 96-12-10 | RKS SKRA Warszawa(MAZ) | 2.50 |
| 12 | 10 | 9 | Daria SOBOLEWSKA | 96-02-07 | UKS Olimp Mazańcowice(SLK) | 2.50 |
| 13 | 4 | 12 | Oliwia KOSTURKIEWICZ | 96-08-21 | GKS Olimpia Grudziądz(KPO) | 2.50 =PB |

| | 2.10 | 2.30 | 2.50 | 2.70 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.40 | 3.50 | 3.60 |
|------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| Paulina HNIDA | - | - | - | - | - | o | o | xxx | | | | |
| Natalia KRYSTA | - | - | o | o | o | o | xo | xxx | | | | |
| Linda TUZ | - | - | o | o | xxo | xxx | | | | | | |
| Anna PUZOŃ | - | - | xo | o | xxo | xxx | | | | | | |
| Izabela WŁODARSKA | - | - | o | o | xxx | | | | | | | |
| Małgorzata WYBIERALSKA | - | o | o | o | xxx | | | | | | | |
| Justyna PSTRONGOWSKA | - | o | o | o | xxx | | | | | | | |
| Adrianna HUDZIK | - | o | xxo | o | xxx | | | | | | | |
| Kamila ŚLADOWSKA | - | - | o | xo | xxx | | | | | | | |
| Katarzyna STARCZEWSKA | o | xo | o | xxx | | | | | | | | |
| Daria ROSIEWICZ | - | xo | xo | xxx | | | | | | | | |
| Daria SOBOLEWSKA | - | - | xxo | xxx | | | | | | | | |
| Oliwia KOSTURKIEWICZ | o | xo | xxo | xxx | | | | | | | | |

100 m ppt młodziczki (76,2)

RP: 14.02 Joanna DONCER ORZEŁ Warszawa Poznań 28/09/97

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Wiatr: -0.5 m/s

Start: 10-09-26 12:23:18

| | | | | | | | |
|----------|---|-----|---------------------|----------|--------------------------------|--------------|-------|
| 1 | 5 | 78 | Katarzyna SIEWRUK | 95-12-03 | UKS-MOS Opole(OPL) | 14.28 | PB |
| 2 | 4 | 2 | Kamila CIBA | 95-03-29 | MOS CSiR Dąbrowa Górnicza(SLK) | 14.48 | PB |
| 3 | 1 | 937 | Natalia KUNZ | 95-02-01 | RLTL ZTE Radom(MAZ) | 15.12 | SB |
| 4 | 6 | 51 | Ola OKONOWSKA | 95-06-01 | LKS Górnik Wałbrzych(DOL) | 15.18 | |
| 5 | 8 | 12 | Barbara WOJTULEWICZ | 95-03-25 | LUKS Hańcza Suwałki(POD) | 15.20 | |
| 6 | 7 | 356 | Agata BOROWIAK | 96-01-01 | AZS-PWSZ Gorzów(LBU) | 15.28 | |
| 7 | 2 | 603 | Paulina WIŚNIEWSKA | 95-05-08 | KKL Kielce(SWK) | 15.44 | |
| | 3 | 401 | Maja MIKOŁAJEK | 96-02-13 | AZS-AWFIS Gdańsk(POM) | DQ | 162p7 |

110 m ppt młodzików (91,4)

RP: 14.62 Artur NOGA Victoria Racibórz Słubice 28/09/03

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

FINAŁ

Wiatr: -0.3 m/s

Start: 10-09-26 12:33:33

| | | | | | | | |
|----------|---|-----|------------------|----------|---------------------------|--------------|----|
| 1 | 4 | 608 | Patryk GRADZIK | 95-02-08 | KKL Kielce(SWK) | 15.17 | PB |
| 2 | 6 | 248 | Sebastian LUDWIG | 95-03-02 | LUKS Podium Kup (OPL) | 15.22 | PB |
| 3 | 5 | 12 | Kacper SCHUBERT | 95-07-10 | MLKS Echo Twardogóra(DOL) | 15.26 | PB |
| 4 | 8 | 400 | Marcin GRUDKA | 95-01-01 | AZS-AWFIS Gdańsk(POM) | 15.37 | PB |
| 5 | 3 | 119 | Michał SŁUGOCKI | 95-08-14 | MKL 12 Jelenia Góra(DOL) | 15.58 | |
| 6 | 1 | 722 | Konrad GÓRALSKI | 95-01-02 | MKLA Łęczycza(LDZ) | 15.72 | PB |
| 7 | 2 | 11 | Patryk PILCH | 95-09-25 | MLKS Sokół Lubin(DOL) | 15.77 | |
| 8 | 7 | 331 | Michał STODOLNY | 95-05-26 | UKB Szubin(KPO) | 15.96 | |

1000 metrów kobiet

RP: 2:51.44 Angelika STEFAŃSKA ENERGETYK Poznań Poznań 14/06/08

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
|---------|------|-------|-----------------|----------|------------|-------|

Bieg 1/2

Start: 10-09-26 12:39:25

| | | | | | | | |
|----|----|-----|----------------------|----------|------------------------------------|---------|----|
| 1 | 1 | 981 | Sofia ENNAOUI | 95-08-30 | LKS Lubusz Słubice(LBU) | 2:59.57 | PB |
| 2 | 6 | 7 | Aleksandra HOŁDA | 96-11-27 | MKL Maraton Świnoujście(ZPO) | 2:59.86 | PB |
| 3 | 2 | 121 | Natalia WIERA | 95-05-13 | LKS Pszczyna(SLK) | 3:00.95 | PB |
| 4 | 5 | 480 | Karena KROSCHEL | 96-07-04 | LKS Orkan Wlkp. Poznań(WLP) | 3:02.23 | PB |
| 5 | 10 | 53 | Natalia DZIENNIK | 95-05-07 | LLKS Ziemi Kociewskiej Skórcz(POM) | 3:03.68 | PB |
| 6 | 13 | 970 | Sylwia NAPRAWA | 95-04-23 | LKS Stal Mielec(PDK) | 3:04.75 | SB |
| 7 | 11 | 92 | Małgorzata ZIELEŃ | 96-01-01 | SS MKS Parasol Wrocław(DOL) | 3:06.55 | PB |
| 8 | 16 | 14 | Aleksandra KRĘŻEL | 95-03-11 | MUKS ILKUS Olkusz(MLP) | 3:07.13 | PB |
| 9 | 14 | 119 | Klaudia KOTAŃSKA | 95-05-26 | STS Skarżysko-Kamienna(SWK) | 3:07.45 | PB |
| 10 | 7 | 40 | Magdalena WIŚNIEWSKA | 96-12-23 | KKL Rodło Kwidzyn(POM) | 3:08.01 | |
| 11 | 8 | 23 | Żaneta JARZĄBSKA | 96-09-09 | LUKS Hańcza Suwałki(POD) | 3:08.39 | |
| 12 | 15 | 8 | Kinga ŻUKOWSKA | 96-11-21 | MOS CSiR Dąbrowa Górnicza(SLK) | 3:09.60 | |
| 13 | 9 | 840 | Paulina STARZYŃSKA | 95-12-12 | LKS Spartakus Pyrzyce(ZPO) | 3:09.68 | |
| 14 | 4 | 962 | Amelia CZERWIŃSKA | 95-03-30 | KS Warszawianka W-wa(MAZ) | 3:11.96 | |
| 15 | 12 | 778 | Hanna SZCZYPKA | 96-08-13 | UKS Czwórka Żory(SLK) | 3:16.29 | |
| | 3 | 77 | Patrycja MULKITYN | 95-09-08 | UKS MOSiR Działdowo(WMZ) | DNF | |

Międzyczasy

400m 8 Kinga ŻUKOWSKA 1:12.34 (1:12.34)
800m 2:26.71 (1:14.37)"

Bieg 2/2

Start: 10-09-26 12:46:58

| | | | | | | | |
|----|----|-----|--------------------|----------|--------------------------------------|---------|----|
| 1 | 15 | 6 | Urszula BIRYŁO | 95-05-05 | MOS Zatoka Braniewo(WMZ) | 3:06.42 | PB |
| 2 | 7 | 404 | Anita JARZYŃSKA | 95-12-02 | SSA Legia 1926 Warszawa(MAZ) | 3:08.35 | PB |
| 3 | 6 | 85 | Bogumiła NOWOSACKA | 95-12-28 | MKL Nefryt Lubartów(LBE) | 3:09.04 | PB |
| 4 | 1 | 12 | Weronika FELISZEK | 95-01-15 | MLKS Sokół Lubin(DOL) | 3:09.62 | |
| 5 | 8 | 58 | Justyna RĘBISZ | 96-05-12 | MKL Sparta Stalowa Wola(PDK) | 3:10.47 | PB |
| 6 | 5 | 80 | Ida SADŁOWSKA | 95-12-11 | MKS-MOS Wrocław(DOL) | 3:11.55 | |
| 7 | 10 | 7 | Żaneta ADAMCZYK | 95-08-05 | LUKS Boguszyce(LDZ) | 3:11.98 | PB |
| 8 | 12 | 29 | Kinga MOLLUS | 95-09-17 | LLKS Ziemi Kociewskiej Smętowo Grani | 3:12.70 | |
| 9 | 3 | 918 | Daria GAWŁOWSKA | 95-04-25 | LKS VECTRA-DGS Włocławek(KPO) | 3:13.85 | |
| 10 | 4 | 75 | Monika KALIWODA | 96-02-23 | IKS Olkusz(MLP) | 3:16.76 | |
| 11 | 2 | 182 | Marta OLCZYK | 96-07-26 | UKS Dziesiątka Radomsko(LDZ) | 3:18.62 | |
| 12 | 11 | 428 | Patrycja DYNOWSKA | 95-01-07 | AZS UMCS Lublin(LBE) | 3:19.13 | |
| 13 | 13 | 21 | Daria KUFTA | 96-12-05 | LLKS Ziemi Kociewskiej Smętowo Grani | 3:20.97 | |
| | 14 | 1 | Angelika WARDASZKA | 95-04-19 | UOLKA Ostrów Mazowiecka(MAZ) | DNS | |
| | 9 | 53 | Marta SZACHTA | 96-05-07 | LLKS Ziemi Kociewskiej Skórcz(POM) | DNF | |

Międzyczasy

400m 1:12.15 (1:12.15)
800m 2:29.82 (1:17.67)"

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|----------------------|----------|---------------------------------------|---------|----|
| 1 | Bieg 1 1 | Sofia ENNAOUI | 95-08-30 | LKS Lubusz Słubice | 2:59.57 | PB |
| 2 | Bieg 1 2 | Aleksandra HOŁDA | 96-11-27 | MKL Maraton Świnoujście | 2:59.86 | PB |
| 3 | Bieg 1 3 | Natalia WIERA | 95-05-13 | LKS Pszczyna | 3:00.95 | PB |
| 4 | Bieg 1 4 | Karena KROSCHEL | 96-07-04 | LKS Orkan Wilkp. Poznań | 3:02.23 | PB |
| 5 | Bieg 1 5 | Natalia DZIENIAK | 95-05-07 | LLKS Ziemi Kociewskiej Skórcz | 3:03.68 | PB |
| 6 | Bieg 1 6 | Sylwia NAPRAWA | 95-04-23 | LKS Stal Mielec | 3:04.75 | SB |
| 7 | Bieg 2 1 | Urszula BIRYŁO | 95-05-05 | MOS Zatoka Braniewo | 3:06.42 | PB |
| 8 | Bieg 1 7 | Małgorzata ZIELEŃ | 96-01-01 | SS MKS Parasol Wrocław | 3:06.55 | PB |
| 9 | Bieg 1 8 | Aleksandra KRĘŻEL | 95-03-11 | MUKS ILKUS Olkusz | 3:07.13 | PB |
| 10 | Bieg 1 9 | Klaudia KOTAŃSKA | 95-05-26 | STS Skarżysko-Kamienna | 3:07.45 | PB |
| 11 | Bieg 1 10 | Magdalena WIŚNIEWSKA | 96-12-23 | KKL Rodło Kwidzyn | 3:08.01 | |
| 12 | Bieg 2 2 | Anita JARZYŃSKA | 95-12-02 | SSA Legia 1926 Warszawa | 3:08.35 | PB |
| 13 | Bieg 1 11 | Żaneta JARZĄBSKA | 96-09-09 | LUKS Hańcza Suwałki | 3:08.39 | |
| 14 | Bieg 2 3 | Bogumiła NOWOSACKA | 95-12-28 | MKL Nefryt Lubartów | 3:09.04 | PB |
| 15 | Bieg 1 12 | Kinga ŻUKOWSKA | 96-11-21 | MOS CSiR Dąbrowa Górnicza | 3:09.60 | |
| 16 | Bieg 2 4 | Weronika FELISZEK | 95-01-15 | MLKS Sokół Lubin | 3:09.62 | |
| 17 | Bieg 1 13 | Paulina STARZYŃSKA | 95-12-12 | LKS Spartakus Pyrzyce | 3:09.68 | |
| 18 | Bieg 2 5 | Justyna RĘBISZ | 96-05-12 | MKL Sparta Stalowa Wola | 3:10.47 | PB |
| 19 | Bieg 2 6 | Ida SADŁOWSKA | 95-12-11 | MKS-MOS Wrocław | 3:11.55 | |
| 20 | Bieg 1 14 | Amelia CZERWIŃSKA | 95-03-30 | KS Warszawianka W-wa | 3:11.96 | |
| 21 | Bieg 2 7 | Żaneta ADAMCZYK | 95-08-05 | LUKS Boguszyce | 3:11.98 | PB |
| 22 | Bieg 2 8 | Kinga MOLLUS | 95-09-17 | LLKS Ziemi Kociewskiej Smętowo Granic | 3:12.70 | |
| 23 | Bieg 2 9 | Daria GAWŁOWSKA | 95-04-25 | LKS VECTRA-DGS Włocławek | 3:13.85 | |
| 24 | Bieg 1 15 | Hanna SZCZYPKA | 96-08-13 | UKS Czwórka Żory | 3:16.29 | |
| 25 | Bieg 2 10 | Monika KALIWODA | 96-02-23 | IKS Olkusz | 3:16.76 | |
| 26 | Bieg 2 11 | Marta OLCZYK | 96-07-26 | UKS Dziesiątka Radomsko | 3:18.62 | |
| 27 | Bieg 2 12 | Patrycja DYNOWSKA | 95-01-07 | AZS UMCS Lublin | 3:19.13 | |
| 28 | Bieg 2 13 | Daria KUFTA | 96-12-05 | LLKS Ziemi Kociewskiej Smętowo Granic | 3:20.97 | |
| | Bieg 2 DNF | Marta SZACHTA | 96-05-07 | LLKS Ziemi Kociewskiej Skórcz | DNF | |
| | Bieg 1 DNF | Patrycja MULKITYN | 95-09-08 | UKS MOSiR Działdowo | DNF | |
| | Bieg 2 DNS | Angelika WARDASZKA | 95-04-19 | UOLKA Ostrów Mazowiecka | DNS | |

Skok wzwyż mężczyzn

| | | | | |
|----------|--------------------|----------|---------|----------|
| RP: 2.06 | Sylwester BEDNAREK | RKS Łódź | Świecie | 26/09/04 |
|----------|--------------------|----------|---------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 10:30:00

Koniec: 10-09-26 12:45:00

| | | | | | | | |
|----|----|-----|---------------------------|----------|-----------------------------------|------|-----|
| 1 | 9 | 780 | Bartłomiej BEDENICZUK | 95-09-06 | KS Podlasie Białystok(POD) | 1.93 | PB |
| 2 | 10 | 69 | Piotr SANOWSKI | 95-07-08 | UKS Tempo 5 Przemyśl(PDK) | 1.91 | PB |
| 3 | 12 | 3 | Aleksander PODSIADŁO | 95-08-23 | ULKS Gryf Rytwiany(SWK) | 1.91 | PB |
| 4 | 6 | 425 | Hubert HAMPEL | 96-01-16 | LUKS Orkan Września(WLP) | 1.88 | PB |
| 5 | 17 | 109 | Cezary PIETRUSZYŃSKI | 96-03-17 | NKS Drwęca 1919 Nowe Miasto Lubaw | 1.85 | =PB |
| 6 | 15 | 510 | Patryk GRYKA | 95-01-27 | PLKS Gwda Piła(WLP) | 1.82 | |
| 7 | 16 | 210 | Damian NOWICKI | 95-09-27 | KS Podlasie Białystok(POD) | 1.82 | =PB |
| 8 | 11 | 24 | Antoni GÓRSKI | 95-05-06 | LKS Narew Kurpiewski Łomża(POD) | 1.82 | =PB |
| 9 | 13 | 14 | Łukasz WOŁCZYŃSKI | 95-02-14 | MKS Piast Lwówek Śląski(DOL) | 1.79 | |
| 10 | 1 | 475 | Piotr krzysztof OSTROWSKI | 95-03-28 | ULKS Uczniak Szprotawa(LBU) | 1.76 | PB |
| 10 | 5 | 851 | Jakub CHOROSZEWSKI | 95-02-20 | OKLA StoraEnso Ostrołęka(MAZ) | 1.76 | |
| 12 | 7 | 55 | Michał MAŁKIEWICZ | 95-04-11 | MKS Sambor Tczew(POM) | 1.76 | |
| 12 | 4 | 1 | Michał MAZUREK | 95-01-01 | KS Agros Zamość(LBE) | 1.76 | |
| 14 | 8 | 361 | Marcin WODZYŃSKI | 95-02-04 | UKS Błyskawica Domaniewice(LDZ) | 1.76 | PB |

| | | | | | | | |
|-----------|----|-----|-------------------------|----------|--------------------------------|-------------|----|
| 15 | 18 | 533 | Marcin GÓRALSKI | 95-01-27 | BKL Bełchatów(LDZ) | 1.76 | PB |
| 16 | 3 | 63 | Szymon FABA | 95-01-21 | MKS-MOS Płomień Sosnowiec(SLK) | 1.76 | |
| 17 | 2 | 474 | Kamil CIĘŻKI | 95-07-11 | PLKS Gwda Piła(WLP) | 1.73 | |
| 18 | 19 | 97 | Sebastian PIGIEL | 95-01-05 | GKS Olimpia Grudziądz(KPO) | 1.73 | |
| 19 | 14 | 7 | Jakub PESTA | 95-11-30 | KS Jeziorak Iława(WMZ) | 1.70 | |

1.60 1.65 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.93 1.95

| | | | | | | | | | | | | |
|---------------------------|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Bartłomiej BEDENICZUK | - | - | o | - | o | xo | o | xo | o | xo | o | xxx |
| Piotr SANOWSKI | - | o | o | - | o | - | o | o | xo | o | x | xx |
| Aleksander PODSIADŁO | - | o | o | - | o | xo | o | o | o | xxo | xxx | |
| Hubert HAMPEL | - | - | o | - | o | o | xo | o | xo | xxx | | |
| Cezary PIETRUSZYŃSKI | - | - | o | o | o | o | xo | o | xxx | | | |
| Patryk GRYKA | - | - | o | o | o | o | o | xxx | | | | |
| Damian NOWICKI | - | o | o | xo | o | o | xo | xxx | | | | |
| Antoni GÓRSKI | - | o | o | xo | o | xo | xo | xxx | | | | |
| Łukasz WOŁCZYŃSKI | - | o | o | o | o | xo | xxx | | | | | |
| Jakub CHOROSZEWSKI | - | - | o | o | o | xxx | | | | | | |
| Piotr krzysztof OSTROWSKI | o | o | o | o | o | xxx | | | | | | |
| Michał MAZUREK | - | o | xo | xo | o | xxx | | | | | | |
| Michał MAŁKIEWICZ | - | - | xo | xo | o | xxx | | | | | | |
| Marcin WODZYŃSKI | o | o | xo | xxo | o | xxx | | | | | | |
| Marcin GÓRALSKI | - | o | xo | - | xo | xxx | | | | | | |
| Szymon FABA | xo | o | xo | o | xo | xxx | | | | | | |
| Kamil CIĘŻKI | o | xxo | xo | xxo | xxx | | | | | | | |
| Sebastian PIGIEL | o | xxo | xxo | xxo | xxx | | | | | | | |
| Jakub PESTA | - | xo | xxo | xxx | | | | | | | | |

1000 metrów mężczyzn

| | | | | |
|-------------|----------------|-------------|-----------|----------|
| RP: 2:30.67 | Roman ANTROPIK | SKLA Słupsk | Białogard | 06/05/00 |
|-------------|----------------|-------------|-----------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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Bieg 1/2

Start: 10-09-26 12:56:36

| | | | | | | | |
|-----------|----|-----|--------------------------|----------|--------------------------------------|----------------|----|
| 1 | 1 | 131 | Marcin MATYCZ | 95-01-03 | CWKS Resovia Rzeszów(PDK) | 2:34.47 | PB |
| 2 | 8 | 137 | Kamil LINKA | 95-02-02 | KS Gwardia Piła(WLP) | 2:37.74 | PB |
| 3 | 5 | 84 | Kamil MAŃKOWSKI | 95-01-05 | SS MKS Parasol Wrocław(DOL) | 2:38.20 | PB |
| 4 | 3 | 47 | Michał MISIEWICZ | 95-12-31 | AZS UWM Olsztyn(WMZ) | 2:41.01 | PB |
| 5 | 11 | 16 | Wojciech BRAUN | 95-01-01 | LLKS Ziemi Kociewskiej Smętowo Grani | 2:44.78 | PB |
| 6 | 9 | 33 | Michał ROZMYS | 95-03-13 | MLKS Agros Żary(LBU) | 2:45.03 | PB |
| 7 | 12 | 406 | Adrian HAJOK | 95-01-11 | TL Pogoń Ruda Śląska(SLK) | 2:45.21 | PB |
| 8 | 14 | 11 | Filip SIUDA | 95-03-25 | LLKS Ziemi Kociewskiej Smętowo Grani | 2:47.12 | PB |
| 9 | 10 | 407 | Rafał BŁASZCZAK | 95-07-09 | MLKL Płock(MAZ) | 2:47.86 | |
| 10 | 7 | 784 | Bartłomiej COPIK | 95-09-20 | GKS Piast Gliwice(SLK) | 2:48.26 | |
| 11 | 13 | 89 | Kamil HANKIEWICZ | 95-01-01 | MUKS Kadet Rawicz(WLP) | 2:51.13 | |
| 12 | 4 | 40 | Krzysztof WYSOCKI | 96-04-12 | MKS Sambor Tczew(POM) | 2:53.70 | |

| | | | | | | |
|--|---|-----|------------------------|----------|-----------------------------|------------|
| | 2 | 230 | Tomasz KOSIŃSKI | 95-02-11 | ULKS Talex Borzytuchom(POM) | DNF |
| | 6 | 538 | Mateusz GOCEJNA | 95-03-21 | MKS DURASAN Płońsk(MAZ) | DNF |

Międzyczasy

| | | | |
|------|-----|---------------|---------------------------|
| 400m | 131 | Marcin MATYCZ | 59.51 (59.51) |
| 800m | 131 | Marcin MATYCZ | 2:02.87 (1:03.36)" |

Bieg 2/2

Start: 10-09-26 13:03:04

| | | | | | | |
|-----------|----|-----|----------------------------|----------|----------------------------------|-------------------|
| 1 | 13 | 979 | Piotr MUCHA | 95-07-15 | LKS Lubusz Słubice(LBU) | 2:40.80 |
| 2 | 14 | 551 | Luis GALICIA-PEREZ | 95-07-09 | KKS Victoria Stalowa Wola(PDK) | 2:41.31 SB |
| 3 | 11 | 493 | Sylwester WILK | 96-05-12 | OKS Start Otwock(MAZ) | 2:41.66 PB |
| 4 | 2 | 322 | Sławomir KUC | 96-01-24 | UMLKS PEGAZ Opoczno(LDZ) | 2:42.34 |
| 5 | 12 | 42 | Rafał HEKŁOWSKI | 95-02-19 | MLUKS Tarnów(MLP) | 2:46.76 |
| 6 | 5 | 990 | Paweł POGORZELSKI | 95-06-20 | LłKS Prefbet Śniadowo Łomża(POD) | 2:47.72 PB |
| 7 | 1 | 21 | Paweł PRUCHNIEWSKI | 96-05-12 | KL Bałtyk Koszalin(ZPO) | 2:48.08 PB |
| 8 | 6 | 321 | Mateusz JĘDRUSIK | 95-01-10 | TS AKS Chorzów(SLK) | 2:51.76 |
| 9 | 7 | 910 | Aleksander KUŚMIERZ | 95-12-02 | MKS Agros Chełm(LBE) | 2:52.01 PB |
| 10 | 4 | 26 | Przemysław BIAŁEK | 95-01-10 | MKS Osa Zgorzelec(DOL) | 2:52.26 |
| 11 | 9 | 11 | Krzystian PASTERNAK | 95-04-04 | UKS Żaczek Połaniec(SWK) | 2:54.00 PB |
| 12 | 10 | 304 | Krzysztof SŁOWIŃSKI | 95-10-26 | UKS Sprint Stadnicka Wola(SWK) | 2:54.92 PB |
| 13 | 15 | 960 | Łukasz ŁACHAŃSKI | 95-04-06 | LKS Pomorze Stargard(ZPO) | 3:00.46 |
| 14 | 8 | 616 | Bartłomiej WRONA | 95-07-07 | MKS Start Lublin(LBE) | 3:05.71 |
| | 3 | 29 | Arkadiusz MURYJAS | 95-01-14 | CWKS Resovia Rzeszów(PDK) | DNF |

Międzyczasy

| | | | |
|------|-----|-------------|---------------------------|
| 400m | 979 | Piotr MUCHA | 1:04.89 (1:04.89) |
| 800m | 979 | Piotr MUCHA | 2:10.55 (1:05.66)" |

Wyniki konkurencji

| Miejsce | B-G/Miejsce | Imię i nazwisko | Data ur. | Klub (woj) | Wynik | |
|---------|-------------|---------------------|----------|---------------------------------------|---------|----|
| 1 | Bieg 1 1 | Marcin MATYCZ | 95-01-03 | CWKS Resovia Rzeszów | 2:34.47 | PB |
| 2 | Bieg 1 2 | Kamil LINKA | 95-02-02 | KS Gwardia Piła | 2:37.74 | PB |
| 3 | Bieg 1 3 | Kamil MAŃKOWSKI | 95-01-05 | SS MKS Parasol Wrocław | 2:38.20 | PB |
| 4 | Bieg 2 1 | Piotr MUCHA | 95-07-15 | LKS Lubusz Słubice | 2:40.80 | |
| 5 | Bieg 1 4 | Michał MISIEWICZ | 95-12-31 | AZS UWM Olsztyn | 2:41.01 | PB |
| 6 | Bieg 2 2 | Luis GALICIA-PEREZ | 95-07-09 | KKS Victoria Stalowa Wola | 2:41.31 | SB |
| 7 | Bieg 2 3 | Sylwester WILK | 96-05-12 | OKS Start Otwock | 2:41.66 | PB |
| 8 | Bieg 2 4 | Sławomir KUC | 96-01-24 | UMLKS PEGAZ Opoczno | 2:42.34 | |
| 9 | Bieg 1 5 | Wojciech BRAUN | 95-01-01 | LLKS Ziemi Kociewskiej Smętowo Granic | 2:44.78 | PB |
| 10 | Bieg 1 6 | Michał ROZMYS | 95-03-13 | MLKS Agros Żary | 2:45.03 | PB |
| 11 | Bieg 1 7 | Adrian HAJOK | 95-01-11 | TL Pogoń Ruda Śląska | 2:45.21 | PB |
| 12 | Bieg 2 5 | Rafał HEKŁOWSKI | 95-02-19 | MLUKS Tarnów | 2:46.76 | |
| 13 | Bieg 1 8 | Filip SIUDA | 95-03-25 | LLKS Ziemi Kociewskiej Smętowo Granic | 2:47.12 | PB |
| 14 | Bieg 2 6 | Paweł POGORZELSKI | 95-06-20 | LŁKS Prefbet Śniadowo Łomża | 2:47.72 | PB |
| 15 | Bieg 1 9 | Rafał BŁASZCZAK | 95-07-09 | MLKL Płock | 2:47.86 | |
| 16 | Bieg 2 7 | Paweł PRUCHNIEWSKI | 96-05-12 | KL Bałtyk Koszalin | 2:48.08 | PB |
| 17 | Bieg 1 10 | Bartłomiej COPIK | 95-09-20 | GKS Piast Gliwice | 2:48.26 | |
| 18 | Bieg 1 11 | Kamil HANKIEWICZ | 95-01-01 | MUKS Kadet Rawicz | 2:51.13 | |
| 19 | Bieg 2 8 | Mateusz JĘDRUSIK | 95-01-10 | TS AKS Chorzów | 2:51.76 | |
| 20 | Bieg 2 9 | Aleksander KUŚMIERZ | 95-12-02 | MKS Agros Chełm | 2:52.01 | PB |
| 21 | Bieg 2 10 | Przemysław BIAŁEK | 95-01-10 | MKS Osa Zgorzelec | 2:52.26 | |
| 22 | Bieg 1 12 | Krzysztof WYSOCKI | 96-04-12 | MKS Sambor Tczew | 2:53.70 | |
| 23 | Bieg 2 11 | Krzystian PASTERNAK | 95-04-04 | UKS Żaczek Połaniec | 2:54.00 | PB |
| 24 | Bieg 2 12 | Krzysztof SŁOWIŃSKI | 95-10-26 | UKS Sprint Stadnicka Wola | 2:54.92 | PB |
| 25 | Bieg 2 13 | Łukasz ŁACHAŃSKI | 95-04-06 | LKS Pomorze Stargard | 3:00.46 | |
| 26 | Bieg 2 14 | Bartłomiej WRONA | 95-07-07 | MKS Start Lublin | 3:05.71 | |
| | Bieg 2 DNF | Arkadiusz MURYJAS | 95-01-14 | CWKS Resovia Rzeszów | DNF | |
| | Bieg 1 DNF | Mateusz GOCEJNA | 95-03-21 | MKS DURASAN Płońsk | DNF | |
| | Bieg 1 DNF | Tomasz KOSIŃSKI | 95-02-11 | ULKS Talex Borzytuchom | DNF | |

Skok w dal mężczyzn

| | | | | |
|----------|---------------|-------------|-------|----------|
| RP: 7.06 | Jacek JAŚCZAK | SPOŁEM Łódź | Spała | 21/09/76 |
|----------|---------------|-------------|-------|----------|

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 12:00:00

Koniec: 10-09-26 13:00:00

| | | | | | | | | |
|----|----|-----|---------------------|----------|---------------------------------|------|-----|------|
| 1 | 7 | 378 | Emil FARAJ | 95-11-29 | WKS Gwardia Warszawa(MAZ) | 6.56 | PB | -0.1 |
| 2 | 11 | 13 | Marek BRZEZIŃSKI | 95-05-12 | MKS-MOS Płomień Sosnowiec(SLK) | 6.37 | | +0.4 |
| 3 | 2 | 94 | Jakub CISKOWSKI | 96-05-08 | RKS Rumia(POM) | 6.31 | PB | +2.7 |
| 4 | 13 | 474 | Tomasz KUDERCZAK | 95-03-09 | UKS Orkan Środa Wlkp.(WLP) | 6.31 | PB | -0.1 |
| 5 | 10 | 395 | Beniamin LIGUZ | 95-01-29 | AZS-AWFIS Gdańsk(POM) | 6.19 | PB | +0.5 |
| 6 | 5 | 136 | Konrad SYGUŁA | 95-07-17 | MKS Aleksandrów Łódzki(LDZ) | 6.17 | PB | +0.2 |
| 7 | 4 | 5 | Bartosz PADUCH | 95-03-21 | LKS Narew Kurpiewski Łomża(POD) | 6.16 | PB | +0.4 |
| 8 | 3 | 426 | Paweł ORLIKOWSKI | 95-04-08 | AZS UMCS Lublin(LBE) | 6.03 | =PB | -1.0 |
| 9 | 12 | 1 | Kamil PĘCAK | 95-05-18 | KKS Victoria Stalowa Wola(PDK) | 5.91 | | 0.0 |
| 10 | 9 | 200 | Grzegorz DOLACIŃSKI | 95-07-08 | UKS Achilles Leszno(WLP) | 5.88 | | +1.1 |
| 11 | 6 | 140 | Dawid GŁOWACKI | 96-02-11 | KS Gwardia Piła(WLP) | 5.83 | | -1.2 |
| 12 | 1 | 158 | Kamil SOLECKI | 95-03-23 | CWKS Resovia Rzeszów(PDK) | 5.74 | | +0.2 |
| 13 | 8 | 508 | Piotr CIEBIEŃ | 95-01-23 | ZLKL Zielona Góra(LBU) | 5.70 | | -0.4 |

| | I | II | III | IV | V | VI |
|---------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Emil FARAJ | x | 6.09 | x | 6.56 | x | x |
| | -0.1 | -0.1 | +0.4 | -0.1 | +0.7 | +2.0 |
| Marek BRZEZIŃSKI | x | x | 6.37 | x | 5.73 | x |
| | +0.3 | +2.1 | +0.4 | +0.1 | +0.5 | +0.5 |
| Jakub CISKOWSKI | 6.04 | 6.23 | 6.15 | 6.20 | 6.06 | 6.31 |
| | -0.6 | -0.5 | +0.1 | -0.2 | -0.1 | +2.7 |
| Tomasz KUDERCZAK | x | 5.86 | 6.17 | 6.22 | 6.13 | 6.31 |
| | -1.8 | -0.6 | -0.1 | +0.1 | -1.5 | -0.1 |
| Beniamin LIGUZ | x | x | 6.19 | x | 5.96 | x |
| | +2.5 | +0.6 | +0.5 | +0.1 | 0.0 | +2.9 |
| Konrad SYGUŁA | 5.93 | x | 6.17 | 6.07 | 5.85 | 5.95 |
| | +0.1 | +0.3 | +0.2 | -0.1 | -0.3 | +1.0 |
| Bartosz PADUCH | 5.68 | x | 6.16 | 4.38 | x | 6.15 |
| | -0.1 | +0.2 | +0.4 | -0.6 | -0.1 | +1.2 |
| Paweł ORLIKOWSKI | 6.03 | 5.90 | x | 5.82 | x | x |
| | -1.0 | 0.0 | 0.0 | +0.6 | +0.9 | 0.0 |
| Kamil PĘCAK | 5.91 | x | x | | | |
| | 0.0 | -0.3 | -0.1 | | | |
| Grzegorz DOLACIŃSKI | x | 5.88 | 5.76 | | | |
| | +0.1 | +1.1 | +0.3 | | | |
| Dawid GŁOWACKI | 5.53 | 5.83 | x | | | |
| | -0.6 | -1.2 | +0.2 | | | |
| Kamil SOLECKI | 5.58 | 5.46 | 5.74 | | | |
| | -0.1 | -0.1 | +0.2 | | | |
| Piotr CIEBIEŃ | x | 5.70 | 4.96 | | | |
| | +0.1 | -0.4 | +0.4 | | | |

Pchnięcie kulą młodziczek (3kg)

RP: 15.66 Agnieszka PTASZKIEWCZ WKS Ciechanów Ostrołęka 01/06/91

| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 12:00:00

Koniec: 10-09-26 13:05:00

| | | | | | | | |
|-----------|----|-----|------------------------------|----------|----------------------------------|--------------|----|
| 1 | 7 | 344 | Monika NOWAK | 95-07-11 | WKS Wawel Kraków(MLP) | 13.90 | PB |
| 2 | 6 | 20 | Anna SZCZUTOWSKA | 95-05-03 | MLKL Płock(MAZ) | 12.88 | PB |
| 3 | 3 | 8 | Patrycja MOŚ | 95-01-17 | MOS CSiR Dąbrowa Górnicza(SLK) | 12.78 | PB |
| 4 | 13 | 603 | Katarzyna FURMANEK | 96-02-19 | KKL Kielce(SWK) | 12.76 | PB |
| 5 | 15 | 994 | Beata TRZONKOWSKA | 95-05-02 | LŁKS Prefbet Śniadowo Łomża(POD) | 12.57 | |
| 6 | 8 | 51 | Ola OKONOWSKA | 95-06-01 | LKS Górnik Wałbrzych(DOL) | 11.97 | |
| 7 | 10 | 97 | Katarzyna HNATIUK | 96-04-02 | MTS Junior Sopot(POM) | 11.96 | |
| 8 | 14 | 14 | Wioleta GÓRSKA | 95-01-03 | LKS Narew Kurpiewski Łomża(POD) | 11.57 | |
| 9 | 11 | 30 | Aleksandra MICKIEWICZ | 95-03-24 | ULKS Uczniak Szprotawa(LBU) | 11.32 | |
| 10 | 2 | 60 | Joanna KIJANKA | 96-10-02 | MKS-MOS Płomień Sosnowiec(SLK) | 11.08 | |
| 11 | 5 | 15 | Maja NESKA | 96-02-13 | ULKS Jedlińsk(MAZ) | 10.96 | |
| 12 | 1 | 52 | Agata GADEK | 96-01-23 | MKS Sambor Tczew(POM) | 10.68 | |
| 13 | 4 | 24 | Anna LEWERA | 95-01-09 | LKS OSiR Pleszew(WLP) | 10.64 | |
| 14 | 12 | 162 | Daria SIERZAN | 95-02-14 | MKS Pułtusk(MAZ) | 10.47 | |
| 15 | 9 | 3 | Roksana KAWKA | 95-02-04 | MOS CSiR Dąbrowa Górnicza(SLK) | 9.79 | |

| | I | II | III | IV | V | VI |
|-----------------------|-------|-------|-------|-------|-------|-------|
| Monika NOWAK | x | 12.96 | 13.90 | 13.65 | 12.90 | x |
| Anna SZCZUTOWSKA | 10.97 | 11.80 | 12.88 | 12.56 | 12.00 | 12.35 |
| Patrycja MOŚ | 11.19 | 12.50 | 11.52 | 11.55 | 12.78 | 11.78 |
| Katarzyna FURMANEK | 11.43 | 11.63 | 12.76 | x | 12.29 | x |
| Beata TRZONKOWSKA | 11.72 | 11.30 | 11.91 | 12.00 | 12.57 | 11.37 |
| Ola OKONOWSKA | - | 11.97 | 10.23 | x | 10.33 | 10.74 |
| Katarzyna HNATIUK | 10.89 | 11.73 | 11.96 | x | x | x |
| Wioleta GÓRSKA | 10.77 | 11.03 | 11.57 | 11.21 | 10.81 | 11.32 |
| Aleksandra MICKIEWICZ | 11.12 | 10.96 | 11.32 | | | |
| Joanna KIJANKA | 11.04 | 10.55 | 11.08 | | | |
| Maja NESKA | 10.45 | 10.96 | 10.60 | | | |
| Agata GADEK | 10.68 | 10.50 | 10.64 | | | |
| Anna LEWERA | 9.98 | 10.64 | 10.30 | | | |
| Daria SIERZAN | 10.47 | x | x | | | |
| Roksana KAWKA | 9.63 | 9.49 | 9.79 | | | |

Rzut dyskiem młodzików (1kg)

| | | | | |
|-----------|----------------|---------------|---------------|----------|
| RP: 63.96 | Piotr ŻUROWSKI | OLIMPIA Pokój | Bielsko-Biała | 01/10/94 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
|---------|------|-------|-----------------|----------|------------|-------|
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FINAŁ

Start: 10-09-26 12:00:00

Koniec: 10-09-26 13:10:00

| | | | | | | | |
|-----------|----|-----|-----------------------|----------|--------------------------------|-------|----|
| 1 | 17 | 169 | Krystian PAWELCZYK | 95-08-22 | MKS Pułtusk(MAZ) | 55.86 | PB |
| 2 | 3 | 985 | Mateusz KWAŚNIEWSKI | 95-07-16 | ULKS Uczniak Szprotawa(LBU) | 51.67 | PB |
| 3 | 13 | 982 | Dominik SIEJKOWSKI | 95-08-21 | LKS Lubusz Słubice(LBU) | 50.86 | |
| 4 | 5 | 204 | Rafał MOCARSKI | 95-02-21 | KS Podlasie Białystok(POD) | 50.21 | PB |
| 5 | 2 | 99 | Karol WOŁKOWSKI | 95-04-13 | ULKS Uczniak Szprotawa(LBU) | 48.03 | PB |
| 6 | 16 | 112 | Kamil PIEKARSKI | 95-06-18 | MKL 12 Jelenia Góra(DOL) | 47.51 | |
| 7 | 1 | 52 | Krzysztof CICHY | 95-08-26 | MKS-SMS Victoria Racibórz(SLK) | 47.48 | |
| 8 | 14 | 140 | Cezary OPOCZYŃSKI | 95-03-02 | MKS Aleksandrów Łódzki(LDZ) | 47.40 | |
| 9 | 4 | 116 | Piotr KORALEWICZ | 95-07-11 | UKS Tempo 5 Przemyśl(PDK) | 46.18 | |
| 10 | 12 | 348 | Przemysław SUM | 95-06-14 | WKS Wawel Kraków(MLP) | 45.61 | |
| 11 | 15 | 209 | Łukasz PRZEWOŹNY | 95-03-07 | UKS Olimp Duszniki(WLP) | 44.93 | |
| 12 | 9 | 323 | Michał MURSZTYN | 95-01-05 | KS Podlasie Białystok(POD) | 44.31 | |
| 13 | 6 | 392 | Rafał WELENC | 95-04-28 | AZS-AWFIS Gdańsk(POM) | 44.16 | |
| 14 | 8 | 35 | Patryk PAWELSKI | 95-02-25 | ULKS Uczniak Szprotawa(LBU) | 43.83 | |
| 15 | 10 | 15 | Mateusz ŁAWNICZAK | 95-07-17 | MLKS Echo Twardogóra(DOL) | 43.06 | |
| 16 | 18 | 165 | Przemysław KOWALEWSKI | 95-08-03 | MKS Pułtusk(MAZ) | 40.98 | |
| | 7 | 500 | Bartosz CHOJNOWSKI | 95-01-04 | MKS Eurocentr Suchowola(POD) | NM | |
| | 11 | 17 | Patryk DOBRZEŁAK | 95-03-14 | LKS Olymp Błonie(MAZ) | DNS | |

| | I | II | III | IV | V | VI |
|-----------------------|-------|-------|-------|-------|-------|-------|
| Krystian PAWELCZYK | 48.65 | 53.27 | x | 54.38 | 53.96 | 55.86 |
| Mateusz KWAŚNIEWSKI | 50.52 | 51.67 | x | x | x | x |
| Dominik SIEJKOWSKI | x | 49.49 | 50.76 | 50.86 | x | x |
| Rafał MOCARSKI | 46.53 | 50.21 | x | x | x | x |
| Karol WOŁKOWSKI | x | x | 47.50 | x | 48.03 | x |
| Kamil PIEKARSKI | 47.51 | 46.15 | 47.22 | x | 46.31 | x |
| Krzysztof CICHY | 47.48 | 42.26 | x | x | x | x |
| Cezary OPOCZYŃSKI | 44.52 | 47.40 | x | x | x | x |
| Piotr KORALEWICZ | 44.90 | 45.97 | 46.18 | | | |
| Przemysław SUM | x | 45.61 | x | | | |
| Łukasz PRZEWOŹNY | 44.93 | x | x | | | |
| Michał MURSZTYN | 40.94 | 41.55 | 44.31 | | | |
| Rafał WELENC | x | 43.79 | 44.16 | | | |
| Patryk PAWELSKI | 43.83 | x | 42.14 | | | |
| Mateusz ŁAWNICZAK | x | 43.06 | x | | | |
| Przemysław KOWALEWSKI | x | 40.52 | 40.98 | | | |
| Bartosz CHOJNOWSKI | x | x | x | | | |

4x100 metrów kobiet

| | | | |
|-----------|------------|----------|----------|
| RP: 48.57 | AZS Poznań | Warszawa | 24/07/74 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
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FINAŁ

Start: 10-09-26 13:14:05

| | | | | | | |
|----------|---|-----|----------------------|----------|----------------------------|-----------------|
| 1 | 4 | | | | MMKS Gdańsk(POM) | 49.43 SB |
| | | 755 | Jacquelina BOLESKA | 95-12-30 | | |
| | | 750 | Karolina GESEK | 96-02-20 | | |
| | | 760 | Weronika BŁAŻEK | 96-01-14 | | |
| | | 757 | Regina MATEROWSKA | 95-11-10 | | |
| 2 | 6 | | | | RMKS Rybnik(SLK) | 50.44 SB |
| | | 81 | Natalia PIONTEK | 95-11-23 | | |
| | | 98 | Paulina POTYKA | 95-07-30 | | |
| | | 68 | Magdalena KOWALSKA | 95-08-25 | | |
| 3 | 3 | | | | GKS Olimpia Grudziądz(KPO) | 50.61 SB |
| | | 33 | Magdalena ZAWADZAKA | 95-01-24 | | |
| | | 5 | Kinga ŁAKOMY | 95-03-12 | | |
| | | 17 | Nikoletta PŁOSZYŃSKA | 95-11-10 | | |
| 4 | 8 | | | | MKS-MOS Wrocław(DOL) | 50.94 SB |
| | | 81 | Anna PAŁYS | 95-03-02 | | |
| | | 78 | Paulina KRUPIŃSKA | 95-03-15 | | |
| | | 93 | Joanna KURYŁO | 95-08-16 | | |
| | | 79 | Laura TUSZAKOWSKA | 95-11-23 | | |

| | | | | | |
|----------|---|-----|-------------------------------|--------------|--------|
| 5 | 2 | | AZS UWM Olsztyn(WMZ) | 51.44 | SB |
| | | 51 | Małgorzata DZIADKO | 95-01-04 | |
| | | 47 | Martyna STRUCIŃSKA | 95-03-26 | |
| | | 88 | Beata MILANOWSKA | 95-07-24 | |
| | | 42 | Aleksandra SZCZERBACZEWICZ | 96-02-23 | |
| 6 | 5 | | TS Olimpia Poznań(WLP) | 51.57 | |
| | | 646 | Magdalena ANDRZEJEWSKA | 95-08-24 | |
| | | 645 | Monika MIKOŁAJCZAK | 96-01-24 | |
| | | 648 | Barbara PACH | 95-11-06 | |
| | | 648 | Adrianna SZÓSTAK | 96-03-02 | |
| | 7 | | SL WKS Zawisza Bydgoszcz(KPO) | DQ | 170p14 |
| | | 881 | Weronika CZĘSZ | 96-04-28 | |
| | | 885 | Daria CIEŚLIŃSKA | 96-11-18 | |
| | | 882 | Zuzanna KANIECKA | 96-07-07 | |
| | | 860 | Marcelina GRZEGOREK | 96-03-21 | |
| | 1 | | AZS-PWSZ Gorzów(LBU) | DQ | 170p13 |
| | | 356 | Agata BOROWIAK | 96-01-01 | |
| | | 360 | Dagmara BADECKA | 95-12-03 | |
| | | 366 | Edyta MARCINISZYN | 96-09-10 | |
| | | 357 | Oliwia SOZAŃSKA | 95-03-02 | |

4x100 metrów mężczyzn

| | | | |
|-----------|--------------|------|----------|
| RP: 44.46 | ZDROWIE Piła | Piła | 30/05/92 |
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| Miejsce | T/Lp | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Wynik |
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FINAŁ

Start: 10-09-26 13:22:14

| | | | | | |
|----------|---|-----|--------------------------------|--------------|----|
| 1 | 7 | | MKS-MOS Płomień Sosnowiec(SLK) | 45.49 | SB |
| | | 50 | Szymon MARCZUK | 95-07-24 | |
| | | 13 | Marek BRZEZIŃSKI | 95-05-12 | |
| | | 4 | Jacek KABACIŃSKI | 95-10-25 | |
| | | 77 | Rafał KUBAŃSKI | 95-07-16 | |
| 2 | 2 | | KS Gwardia Piła(WLP) | 45.50 | SB |
| | | 146 | Artur STOCHAJ | 95-03-16 | |
| | | 138 | Patryk TARENT | 96-03-08 | |
| | | 140 | Dawid GŁOWACKI | 96-02-11 | |
| | | 146 | Grzegorz CIEMIĘGA | 95-05-03 | |
| 3 | 3 | | MKS Kusy Szczecin(ZPO) | 45.87 | SB |
| | | 525 | Adam GRELA | 95-10-27 | |
| | | 51 | Emil KARAŚ | 95-06-30 | |
| | | 62 | Mariusz MAJCZKA | 95-08-06 | |
| | | 58 | Mateusz SREBRO | 95-01-02 | |
| 4 | 4 | | SKLA Sopot(POM) | 46.18 | SB |
| | | 530 | Łukasz SMOLNICKI | 95-01-27 | |
| | | 0 | Maciej SKUT | 95-07-21 | |
| | | 526 | Aleksander ZABŁOCKI | 95-07-18 | |
| | | 520 | Maciej ZIELIŃSKI | 95-04-29 | |
| 5 | 1 | | MKS-MOS Wrocław(DOL) | 46.19 | SB |
| | | 51 | Adrian MISIOŁEK | 96-02-25 | |
| | | 79 | Paweł MALSKI | 95-09-06 | |
| | | 87 | Maksymilian PFLEGEL | 95-07-22 | |
| | | 75 | Michał RURAŃSKI | 95-01-23 | |
| 6 | 5 | | CKS Budowlani Częstochowa(SLK) | 46.26 | SB |
| | | 66 | Dorian JELONEK | 95-01-11 | |
| | | 49 | Mikołaj WILCZYŃSKI | 95-04-30 | |
| | | 611 | Michał JUSZCZYK | 95-11-05 | |
| | | 144 | Adam BŁASIK | 95-06-14 | |

| | | | | | |
|----------|---|-----|-----------------------------|--------------|----|
| 7 | 6 | | AZS UWM Olsztyn(WMZ) | 46.45 | SB |
| | | 52 | Łukasz NAKONIECZNY | 95-05-04 | |
| | | 3 | Patryk ŁUGOWSKI | 95-01-24 | |
| | | 41 | Mateusz BACZEWSKI | 95-02-26 | |
| | | 78 | Maciej ŁABASZEWSKI | 95-07-20 | |
| | 8 | | ULKS Talex Borzytuchom(POM) | DNS | |
| | | 204 | Damian PAWŁOWICZ | 95-08-04 | |
| | | 230 | Tomasz KOSIŃSKI | 95-02-11 | |
| | | 202 | Paweł SOKÓŁ | 96-02-03 | |
| | | 208 | Damian WOSIŃSKI | 96-05-06 | |



Lista startowa wg klubów

DOLNOŚLĄSKIE

BSZS Szerszeń Bogatynia

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|----------------------|----------|----------|-------|-----------|
| 207 Agata WIŚNIEWSKA | 95-03-02 | 35.68/10 | 35.68 | 44/Dol/09 |
|----------------------|----------|----------|-------|-----------|

Rzut oszczepem kobiet

| | | | | |
|----------------------|----------|----------|-------|-----------|
| 207 Agata WIŚNIEWSKA | 95-03-02 | 36.17/10 | 36.17 | 44/Dol/09 |
|----------------------|----------|----------|-------|-----------|

LKS Górnik Wałbrzych

100 m ppł młodziczki (76,2)

| | | | | |
|------------------|----------|----------|-------|------------|
| 51 Ola OKONOWSKA | 95-06-01 | 14.77/10 | 14.77 | 481/DOL/09 |
|------------------|----------|----------|-------|------------|

| | | | | |
|------------------|----------|----------|-------|------------|
| 51 Ola OKONOWSKA | 95-06-01 | 14.77/10 | 14.77 | 481/DOL/09 |
|------------------|----------|----------|-------|------------|

300 m ppł kobiet

| | | | | |
|------------------------|----------|----------|-------|------------|
| 46 Klaudia TERLIKOWSKA | 95-02-27 | 48.11/10 | 48.11 | 118/DOL/09 |
|------------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | |
|------------------|----------|----------|-------|------------|
| 51 Ola OKONOWSKA | 95-06-01 | 12.28/10 | 12.28 | 481/DOL/09 |
|------------------|----------|----------|-------|------------|

5000 m chód mężczyzn

| | | | | |
|---------------|----------|-------------|----------|------------|
| 7 Martin NIEĆ | 96-07-05 | 28:49.57/10 | 28:49.57 | 513/DOL/09 |
|---------------|----------|-------------|----------|------------|

MKL 12 Jelenia Góra

110 m ppł młodzików (91,4)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 119 Michał SŁUGOCKI | 95-08-14 | 15.97/10 | 15.97 | 154/DOL/09 |
|---------------------|----------|----------|-------|------------|

| | | | | |
|---------------------|----------|----------|-------|------------|
| 119 Michał SŁUGOCKI | 95-08-14 | 15.45/10 | 15.45 | 154/DOL/09 |
|---------------------|----------|----------|-------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 112 Kamil PIEKARSKI | 95-06-18 | 49.75/10 | 49.75 | 374/DOL/09 |
|---------------------|----------|----------|-------|------------|

MKS Bolesłavia Bolesławiec

100 metrów kobiet

| | | | | |
|----------------|----------|----------|-------|------------|
| 39 Ewa OCHOCKA | 96-01-17 | 12.95/10 | 12.95 | 200/DOL/09 |
|----------------|----------|----------|-------|------------|

| | | | | |
|----------------|----------|----------|-------|------------|
| 39 Ewa OCHOCKA | 96-01-17 | 12.95/10 | 12.95 | 200/DOL/09 |
|----------------|----------|----------|-------|------------|

Skok w dal kobiet

| | | | | |
|------------------|----------|---------|------|-----------|
| 30 Paula KOWALIK | 95-03-22 | 5.34/10 | 5.34 | 30/DOL/09 |
|------------------|----------|---------|------|-----------|

| | | | | |
|----------------|----------|---------|------|------------|
| 39 Ewa OCHOCKA | 96-01-17 | 5.20/10 | 5.20 | 200/DOL/09 |
|----------------|----------|---------|------|------------|

2000 metrów mężczyzn

| | | | | |
|-------------------|----------|------------|---------|------------|
| 38 Bartosz WRÓBEL | 95-01-10 | 6:02.71/10 | 6:02.71 | 451/DOL/09 |
|-------------------|----------|------------|---------|------------|

MKS Osa Zgorzelec

300 m ppł kobiet

| | | | | |
|-------------------|----------|----------|-------|------------|
| 3 Ewelina KRAWIEC | 95-09-27 | 48.42/10 | 48.42 | 439/DOL/09 |
|-------------------|----------|----------|-------|------------|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 382 Eliza KONIECZNA | 95-03-24 | 33.03/10 | 33.03 | 490/DOL/09 |
|---------------------|----------|----------|-------|------------|

Rzut młotem młodziczek (3kg)

| | | | | |
|-------------------|----------|----------|-------|------------|
| 13 Kamila WALTHER | 95-06-16 | 44.04/10 | 44.04 | 492/DOL/09 |
|-------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | |
|------------------|----------|----------|-------|------------|
| 23 Artur WALCZAK | 96-03-12 | 11.67/10 | 11.67 | 188/DOL/10 |
|------------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | |
|----------------------|----------|------------|---------|------------|
| 26 Przemysław BIAŁEK | 95-01-10 | 2:49.00/10 | 2:49.00 | 176/DOL/10 |
|----------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | |
|---------------------|----------|----------|-------|------------|
| 62 Grzegorz BEDNARZ | 95-11-17 | 38.52/10 | 38.52 | 186/DOL/10 |
|---------------------|----------|----------|-------|------------|

| | | | | |
|------------------|----------|----------|-------|------------|
| 23 Artur WALCZAK | 96-03-12 | 37.57/10 | 37.57 | 188/DOL/10 |
|------------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | |
|---------------------|----------|----------|-------|------------|
| 62 Grzegorz BEDNARZ | 95-11-17 | 42.58/10 | 42.58 | 186/DOL/10 |
|---------------------|----------|----------|-------|------------|

MKS Piast Lwówek Śląski

Skok wzwyż kobiet

| | | | | |
|---------------------|----------|---------|------|-----------|
| 11 Dagmara WOJTASIK | 95-10-24 | 1.65/10 | 1.65 | 29/DOL/09 |
|---------------------|----------|---------|------|-----------|

Skok wzwyż mężczyzn

| | | | | |
|----------------------|----------|---------|------|------------|
| 14 Łukasz WOŁCZYŃSKI | 95-02-14 | 1.80/10 | 1.80 | 316/DOL/10 |
|----------------------|----------|---------|------|------------|

MKS-MOS Wrocław

1000 metrów kobiet

| | | | | | |
|----|---------------|----------|------------|---------|------------|
| 80 | Ida SADŁOWSKA | 95-12-11 | 3:10.38/10 | 3:10.38 | 245/DOL/09 |
|----|---------------|----------|------------|---------|------------|

100 metrów kobiet (PK)

| | | | | | | |
|----|----|-------------------|----------|----------|-------|------------|
| PK | 78 | Paulina KRUPIŃSKA | 95-03-15 | 13.55/10 | 13.55 | 297/DOL/09 |
| PK | 93 | Joanna KURYŁO | 95-08-16 | 13.17/10 | 13.17 | 310/DOL/09 |
| PK | 81 | Anna PAŁYS | 95-03-02 | 12.89/10 | 12.89 | 270/DOL/10 |
| PK | 79 | Laura TUSZAKOWSKA | 95-11-23 | 13.39/10 | 13.39 | 4/DOL/09 |

300 metrów kobiet

| | | | | | |
|----|------------|----------|----------|-------|------------|
| 81 | Anna PAŁYS | 95-03-02 | 42.17/10 | 42.17 | 270/DOL/10 |
|----|------------|----------|----------|-------|------------|

4x100 metrów kobiet

| | | | | | |
|----|-------------------|----------|--|--|------------|
| 78 | Paulina KRUPIŃSKA | 95-03-15 | | | 297/DOL/09 |
| 93 | Joanna KURYŁO | 95-08-16 | | | 310/DOL/09 |
| 81 | Anna PAŁYS | 95-03-02 | | | 270/DOL/10 |
| 79 | Laura TUSZAKOWSKA | 95-11-23 | | | 4/DOL/09 |

Skok o tyczce kobiet

| | | | | | |
|----|-------------------|----------|---------|------|----------|
| 95 | Paulina HNIDA | 95-01-10 | 3.40/10 | 3.40 | 3/DOL/09 |
| 94 | Izabela WŁODARSKA | 95-02-11 | 2.80/10 | 2.80 | 1/DOL/09 |

Skok w dal kobiet

| | | | | | |
|-----|-------------------|----------|---------|------|------------|
| 333 | Adriana ZIELIŃSKA | 95-02-11 | 5.15/10 | 5.15 | 415/DOL/10 |
|-----|-------------------|----------|---------|------|------------|

100 metrów mężczyzn (PK)

| | | | | | | |
|----|----|---------------------|----------|----------|-------|------------|
| PK | 79 | Paweł MALSKI | 95-09-06 | 11.79/10 | 11.79 | 475/DOL/09 |
| PK | 87 | Maksymilian PFLEGEL | 95-07-22 | 12.40/10 | 12.40 | 382/DOL/09 |
| PK | 75 | Michał RURAŃSKI | 95-01-23 | 12.45/10 | 12.45 | 273/DOL/10 |

300 metrów mężczyzn

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 79 | Paweł MALSKI | 95-09-06 | 37.11/10 | 37.11 | 475/DOL/09 |
|----|--------------|----------|----------|-------|------------|

4x100 metrów mężczyzn

| | | | | | |
|----|---------------------|----------|--|--|------------|
| 79 | Paweł MALSKI | 95-09-06 | | | 475/DOL/09 |
| 51 | Adrian MISIOŁEK | 96-02-25 | | | |
| 87 | Maksymilian PFLEGEL | 95-07-22 | | | 382/DOL/09 |
| 75 | Michał RURAŃSKI | 95-01-23 | | | 273/DOL/10 |

Skok o tyczce mężczyzn

| | | | | | |
|----|-----------------|----------|---------|------|--|
| 51 | Adrian MISIOŁEK | 96-02-25 | 3.20/10 | 3.20 | |
|----|-----------------|----------|---------|------|--|

MLKS Echo Twardogóra

Rzut młotem młodziczek (3kg)

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 12 | Aleksandra PUKA | 95-02-22 | 35.90/10 | 35.90 | 174/DOL/09 |
|----|-----------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | | |
|----|---------------|----------|----------|-------|------------|
| 15 | Klaudia HLIWA | 95-07-24 | 32.02/10 | 32.02 | 165/DOL/09 |
|----|---------------|----------|----------|-------|------------|

110 m ppł młodzików (91,4)

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 12 | Kacper SCHUBERT | 95-07-10 | 15.43/10 | 15.43 | 176/DOL/09 |
| 12 | Kacper SCHUBERT | 95-07-10 | 15.43/10 | 15.43 | 176/DOL/09 |

300 m ppł mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 12 | Kacper SCHUBERT | 95-07-10 | 40.92/10 | 40.92 | 176/DOL/09 |
|----|-----------------|----------|----------|-------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | | |
|----|-------------------|----------|----------|-------|------------|
| 15 | Mateusz ŁAWNICZAK | 95-07-17 | 46.74/10 | 46.74 | 170/DOL/09 |
|----|-------------------|----------|----------|-------|------------|

MLKS Sokół Lubin

1000 metrów kobiet

| | | | | | |
|----|-------------------|----------|------------|---------|------------|
| 12 | Weronika FELISZEK | 95-01-15 | 3:09.07/10 | 3:09.07 | 566/DOL/09 |
|----|-------------------|----------|------------|---------|------------|

100 m ppł młodziczki (76,2)

| | | | | | |
|----|----------------|----------|--|--|------------|
| 12 | Aleksandra RÓD | 95-01-20 | | | 466/DOL/09 |
|----|----------------|----------|--|--|------------|

300 m ppł kobiet

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 12 | Aleksandra RÓD | 95-01-20 | 48.56/10 | 48.56 | 466/DOL/09 |
|----|----------------|----------|----------|-------|------------|

3000 m chód kobiet

| | | | | | |
|----|------------------|----------|-------------|----------|------------|
| 25 | Urszula ZAWADZKA | 95-04-21 | 18:03.59/10 | 18:03.59 | 165/DOL/10 |
|----|------------------|----------|-------------|----------|------------|

600 metrów kobiet

| | | | | | |
|----|----------------------|----------|------------|---------|------------|
| 36 | Małgorzata WOJTOWICZ | 95-07-17 | 1:37.64/10 | 1:37.64 | 265/DOL/09 |
|----|----------------------|----------|------------|---------|------------|

110 m ppł młodzików (91,4)

| | | | | | |
|----|--------------|----------|----------|-------|-----------|
| 11 | Patryk PILCH | 95-09-25 | 15.47/10 | 15.47 | 80/DOL/09 |
| 11 | Patryk PILCH | 95-09-25 | 15.47/10 | 15.47 | 80/DOL/09 |

600 metrów mężczyzn

| | | | | | |
|----|-------------------|----------|------------|---------|------------|
| 18 | Bartosz NAPIERAŁA | 95-04-15 | 1:28.76/10 | 1:28.76 | 467/DOL/09 |
|----|-------------------|----------|------------|---------|------------|

SL GKS Olsza Olszyna

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|-----------------------|----------|----------|-------|-----------|
| 405 | Roksana ANDRUSZCZYŹYŃ | 95-10-04 | 38.32/10 | 38.32 | 21/DOL/10 |
|-----|-----------------------|----------|----------|-------|-----------|

600 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|------------|---------|-----------|
| 412 | Tomasz BUCIAK | 95-10-16 | 1:29.75/10 | 1:29.75 | 22/DOL/10 |
|-----|---------------|----------|------------|---------|-----------|

SS MKS Parasol Wrocław**1000 metrów kobiet**

| | | | | | |
|----|-------------------|----------|------------|---------|------------|
| 92 | Małgorzata ZIELEŃ | 96-01-01 | 3:06.82/10 | 3:06.82 | 511/DOL/09 |
|----|-------------------|----------|------------|---------|------------|

600 metrów kobiet

| | | | | | |
|----|--------------------|----------|------------|---------|------------|
| 91 | Monika GĘBARZEWSKA | 96-10-06 | 1:39.60/10 | 1:39.60 | 512/DOL/10 |
|----|--------------------|----------|------------|---------|------------|

1000 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|------------|---------|------------|
| 84 | Kamil MAŃKOWSKI | 95-01-05 | 2:41.39/10 | 2:41.39 | 302/dol/09 |
|----|-----------------|----------|------------|---------|------------|

2000 metrów mężczyzn

| | | | | | |
|----|--------------------|----------|------------|---------|------------|
| 82 | Mateusz FRANKOWSKI | 95-04-02 | 6:03.71/10 | 6:03.71 | 197/dol/09 |
|----|--------------------|----------|------------|---------|------------|

UKS Nowogrodziec**Rzut młotem młodzików (5kg)**

| | | | | | |
|-----|--------------|----------|----------|-------|------------|
| 381 | Dawid KOPAŁA | 96-07-04 | 46.45/10 | 46.45 | 107/DOL/10 |
|-----|--------------|----------|----------|-------|------------|

UKS Sprint Legnica**600 metrów mężczyzn**

| | | | | | |
|-----|-------------|----------|------------|---------|------------|
| 174 | Filip FONAŁ | 95-01-24 | 1:28.89/10 | 1:28.89 | 133/DOL/08 |
|-----|-------------|----------|------------|---------|------------|

BKS Bydgoszcz

Rzut młotem młodziczek (3kg)

| | | | | |
|-----------------|----------|----------|-------|------------|
| 463 Anna DREGER | 95-07-29 | 40.92/10 | 40.92 | 375/KPO/09 |
|-----------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | |
|-----------------------|----------|----------|-------|------------|
| 462 Szymon HOLESIŃSKI | 95-04-25 | 41.47/09 | 40.55 | 374/KPO/09 |
|-----------------------|----------|----------|-------|------------|

GKS Olimpia Grudziądz

4x100 metrów kobiet

| | | |
|--------------------------|----------|------------|
| Natalia GELIŃSKA | 95-11-30 | 168/KPO/10 |
| 5 Kinga ŁAKOMY | 95-03-12 | 153/KPO/09 |
| 17 Nikolettta PŁOSZYŃSKA | 95-11-10 | 245/KPO/09 |
| 33 Magdalena ZAWADZAKA | 95-01-24 | 356/KPO/09 |

Skok o tyczce kobiet

| | | | | |
|-------------------------|----------|---------|------|-----------|
| 12 Oliwia KOSTURKIEWICZ | 96-08-21 | 2.50/10 | 2.50 | 11/KPO/10 |
|-------------------------|----------|---------|------|-----------|

Skok o tyczce mężczyzn

| | | |
|---------------------|----------|------------|
| 97 Sebastian PIGIEL | 95-01-05 | 354/KPO/09 |
|---------------------|----------|------------|

Skok wzwyż mężczyzn

| | | | | |
|---------------------|----------|---------|------|------------|
| 97 Sebastian PIGIEL | 95-01-05 | 1.76/10 | 1.76 | 354/KPO/09 |
|---------------------|----------|---------|------|------------|

LKS VECTRA-DGS Włocławek

1000 metrów kobiet

| | | | | |
|---------------------|----------|------------|---------|------------|
| 918 Daria GAWŁOWSKA | 95-04-25 | 3:10.26/10 | 3:10.26 | 360/KPO/09 |
|---------------------|----------|------------|---------|------------|

600 metrów kobiet

| | | | | |
|----------------|----------|------------|---------|----------|
| 903 Anna SOBKA | 96-11-08 | 1:41.16/10 | 1:41.16 | 8/KPO/10 |
|----------------|----------|------------|---------|----------|

LUKS Inowrocław

Rzut oszczepem kobiet

| | | | | |
|-------------------------|----------|----------|-------|-----------|
| 608 Aleksandra FILIPIAK | 96-04-14 | 33.01/10 | 33.01 | 27/KPO/10 |
|-------------------------|----------|----------|-------|-----------|

MKL Toruń

300 metrów kobiet

| | | | | |
|-------------------------|----------|----------|-------|------------|
| 15 Dominika ADAMCZYK | 95-08-11 | 44.31/10 | 44.31 | 394/KPO/09 |
| 506 Katarzyna TUNIEWICZ | 95-04-14 | 43.88/10 | 43.88 | |

300 m ppł kobiet

| | | | | |
|-------------------------|----------|----------|-------|------------|
| 548 Agata KĘPA | 95-07-24 | 49.95/10 | 49.95 | 198/KPO/10 |
| 506 Katarzyna TUNIEWICZ | 95-04-14 | 48.48/10 | 48.48 | |

600 metrów kobiet

| | | | | |
|--------------------------|----------|------------|---------|------------|
| 547 Aleksandra RYGIELSKA | 96-08-22 | 1:44.96/10 | 1:44.96 | 199/KPO/10 |
|--------------------------|----------|------------|---------|------------|

Rzut oszczepem kobiet

| | | | | |
|-------------------|----------|----------|-------|------------|
| 43 Antonina SZTAL | 95-08-12 | 29.83/09 | 28.81 | 305/KPO/09 |
|-------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | |
|--------------------|----------|----------|-------|-----------|
| 527 Michał OLENDER | 96-03-27 | 11.79/10 | 11.79 | 40/KPO/10 |
| 527 Michał OLENDER | 96-03-27 | 11.79/10 | 11.79 | |

300 m ppł mężczyzn

| | | | | |
|-------------------|----------|----------|-------|--|
| 503 Michał WEIWER | 96-01-01 | 44.29/10 | 44.29 | |
|-------------------|----------|----------|-------|--|

Rzut oszczepem młodzików (600)

| | | | | |
|--------------------|----------|----------|-------|--|
| 5 Maciej PAWŁOWSKI | 96-01-01 | 49.47/10 | 49.47 | |
|--------------------|----------|----------|-------|--|

MLKS Krajna Sępólno

Rzut oszczepem młodzików (600)

| | | | | |
|------------------|----------|----------|-------|------------|
| 348 Kamil MARACH | 96-02-28 | 50.07/10 | 50.07 | 202/KPO/10 |
|------------------|----------|----------|-------|------------|

MLKS Nadwiślanin Chełmno

Rzut oszczepem młodzików (600)

| | | | | |
|------------------|----------|----------|-------|------------|
| 953 Mateusz BOLT | 95-08-05 | 50.31/10 | 50.31 | 177/kpo/09 |
|------------------|----------|----------|-------|------------|

SL WKS Zawisza Bydgoszcz

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|---------------------|----------|----------|-------|-----------|
| 860 | Marcelina GRZEGOREK | 96-03-21 | 15.91/10 | 15.91 | 33/KPO/10 |
|-----|---------------------|----------|----------|-------|-----------|

300 m ppł kobiet

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 861 | Katarzyna RYCHTER | 96-02-01 | 48.31/10 | 48.31 | 101/KPO/10 |
|-----|-------------------|----------|----------|-------|------------|

4x100 metrów kobiet

| | | | | | |
|-----|------------------|----------|--|--|------------|
| 885 | Daria CIEŚLIŃSKA | 96-11-18 | | | 141/KPO/10 |
|-----|------------------|----------|--|--|------------|

| | | | | | |
|-----|----------------|----------|--|--|-----------|
| 881 | Weronika CZĘSZ | 96-04-28 | | | 32/KPO/10 |
|-----|----------------|----------|--|--|-----------|

| | | | | | |
|-----|---------------------|----------|--|--|-----------|
| 860 | Marcelina GRZEGOREK | 96-03-21 | | | 33/KPO/10 |
|-----|---------------------|----------|--|--|-----------|

| | | | | | |
|-----|------------------|----------|--|--|-----------|
| 882 | Zuzanna KANIECKA | 96-07-07 | | | 34/KPO/10 |
|-----|------------------|----------|--|--|-----------|

Rzut oszczepem kobiet

| | | | | | |
|-----|----------------------|----------|----------|-------|------------|
| 891 | Aleksandra BORKOWSKA | 95-01-04 | 34.92/10 | 34.92 | 377/KPO/09 |
|-----|----------------------|----------|----------|-------|------------|

Skok wzwyż kobiet

| | | | | | |
|-----|----------------------|----------|---------|------|------------|
| 891 | Aleksandra BORKOWSKA | 95-01-04 | 1.63/10 | 1.63 | 377/KPO/09 |
|-----|----------------------|----------|---------|------|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 865 | Jan NAPIERAŁA | 96-05-29 | 42.60/10 | 42.60 | 232/KPO/10 |
|-----|---------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 898 | Łukasz GOŁĘBIEWSKI | 95-05-02 | 53.69/10 | 53.69 | 234/KPO/10 |
|-----|--------------------|----------|----------|-------|------------|

Skok o tyczce mężczyzn

| | | | | | |
|-----|---------------|----------|---------|------|------------|
| 880 | Mateusz JERZY | 95-03-29 | 4.30/10 | 4.30 | 376/KPO/09 |
|-----|---------------|----------|---------|------|------------|

UKB Szubin

110 m ppł młodzików (91,4)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 331 | Michał STODOLNY | 95-05-26 | 15.56/10 | 15.56 | 220/KPO/09 |
|-----|-----------------|----------|----------|-------|------------|

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 331 | Michał STODOLNY | 95-05-26 | 15.56/10 | 15.56 | 220/KPO/09 |
|-----|-----------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 331 | Michał STODOLNY | 95-05-26 | 40.02/10 | 40.02 | 220/KPO/09 |
|-----|-----------------|----------|----------|-------|------------|

AZS UMCS Lublin**1000 metrów kobiet**

| | | | | | |
|-----|-------------------|----------|------------|---------|------------|
| 428 | Patrycja DYNOWSKA | 95-01-07 | 3:12.64/10 | 3:12.64 | 399/LBE/09 |
|-----|-------------------|----------|------------|---------|------------|

600 metrów kobiet

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 311 | Patrycja MROZOWSKA | 95-09-10 | 1:41.18/10 | 1:41.18 | 100/LBE/09 |
|-----|--------------------|----------|------------|---------|------------|

2000 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|------------|
| 412 | Mateusz CHYLIŃSKI | 95-05-22 | 6:08.59/10 | 6:08.59 | 319/LBE/09 |
|-----|-------------------|----------|------------|---------|------------|

Skok w dal mężczyzn

| | | | | | |
|-----|------------------|----------|---------|------|------------|
| 426 | Paweł ORLIKOWSKI | 95-04-08 | 6.03/10 | 6.03 | 103/LBE/09 |
|-----|------------------|----------|---------|------|------------|

KS Agros Zamość**100 metrów kobiet**

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 235 | Magdalena WRONKA | 95-01-01 | 12.54/10 | 12.54 | 264/LBE/09 |
|-----|------------------|----------|----------|-------|------------|

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 235 | Magdalena WRONKA | 95-01-01 | 12.54/10 | 12.54 | 264/LBE/09 |
|-----|------------------|----------|----------|-------|------------|

| | | | | | |
|-----|--------------|----------|----------|-------|------------|
| 754 | Kamila ZAŃKO | 95-01-31 | 12.90/10 | 12.90 | 411/LBE/09 |
|-----|--------------|----------|----------|-------|------------|

300 metrów kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 235 | Magdalena WRONKA | 95-01-01 | 42.29/10 | 42.29 | 264/LBE/09 |
|-----|------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 102 | Dominik KOPEĆ | 95-03-05 | 11.85/10 | 11.85 | 159/LBE/10 |
|-----|---------------|----------|----------|-------|------------|

2000 metrów mężczyzn

| | | | | | |
|---|---------------|----------|------------|---------|------------|
| 6 | Szczepan KNAP | 95-07-11 | 6:07.64/10 | 6:07.64 | 252/LBE/09 |
|---|---------------|----------|------------|---------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|---|----------------|----------|---------|------|-----------|
| 1 | Michał MAZUREK | 95-01-01 | 1.79/10 | 1.79 | 78/LBE/10 |
|---|----------------|----------|---------|------|-----------|

KS Wisła Puławy**Rzut młotem młodziczek (3kg)**

| | | | | | |
|----|------------|----------|----------|-------|------------|
| 55 | Anna KAWKA | 95-01-15 | 42.60/10 | 42.60 | 422/LBE/09 |
|----|------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 62 | Rafał FURTAK | 95-01-20 | 57.08/10 | 57.08 | 134/LBE/09 |
|----|--------------|----------|----------|-------|------------|

MKL Nefryt Lubartów**1000 metrów kobiet**

| | | | | | |
|----|--------------------|----------|------------|---------|-----------|
| 85 | Bogumiła NOWOSACKA | 95-12-28 | 3:10.84/10 | 3:10.84 | 24/LBE/10 |
|----|--------------------|----------|------------|---------|-----------|

Rzut oszczepem młodzików (600)

| | | | | | |
|----|-------------|----------|----------|-------|------------|
| 91 | Jakub PYDYŚ | 95-03-11 | 50.28/10 | 50.28 | 427/LBE/09 |
|----|-------------|----------|----------|-------|------------|

MKS Agros Chełm**1000 metrów mężczyzn**

| | | | | | |
|-----|---------------------|----------|------------|---------|-----------|
| 910 | Aleksander KUŚMIERZ | 95-12-02 | 2:53.45/10 | 2:53.45 | 48/LBE/10 |
|-----|---------------------|----------|------------|---------|-----------|

MKS Start Lublin**1000 metrów mężczyzn**

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 616 | Bartłomiej WRONA | 95-07-07 | 2:53.89/10 | 2:53.89 | 414/LBE/09 |
|-----|------------------|----------|------------|---------|------------|

MKS Żak Biała Podlaska**3000 m chód kobiet**

| | | | | | |
|---|-----------------|----------|-------------|----------|------------|
| 4 | Natalia DANIŁKO | 95-09-01 | 18:47.64/10 | 18:47.64 | 311/LBE/09 |
|---|-----------------|----------|-------------|----------|------------|

300 metrów mężczyzn

| | | | | | |
|----|-------------------|----------|----------|-------|------------|
| 13 | Piotr STRASZEWSKI | 95-03-29 | 38.65/10 | 38.65 | 419/LBE/09 |
|----|-------------------|----------|----------|-------|------------|

5000 m chód mężczyzn

| | | | | | |
|-----|----------------|----------|----------|-------|-----------|
| 270 | Karol NAJDYHOR | 95-01-18 | 26:31/10 | 26:31 | 48/LBE/09 |
|-----|----------------|----------|----------|-------|-----------|

MULKS Terespol**2000 metrów mężczyzn**

| | | | | | |
|-----|-------------------|----------|------------|---------|--|
| 282 | Michał SOBOLEWSKI | 96-01-01 | 6:14.26/10 | 6:14.26 | |
|-----|-------------------|----------|------------|---------|--|

TKS Tomasovia Tomaszów Lubelski**600 metrów kobiet**

| | | | | | |
|----|------------------|----------|------------|---------|-----------|
| 14 | Małgorzata MALEC | 96-04-07 | 1:49.20/10 | 1:49.20 | 46/LBE/10 |
|----|------------------|----------|------------|---------|-----------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 75 | Weronika FUS | 96-05-22 | 32.09/10 | 32.09 | 120/LBE/10 |
|----|--------------|----------|----------|-------|------------|

AZS-AWF Gorzów

100 metrów kobiet

| | | | | |
|---------------------|----------|----------|-------|-----------|
| 870 Klaudia TESZBIR | 96-02-16 | 13.04/10 | 13.04 | 83/LBU/10 |
|---------------------|----------|----------|-------|-----------|

300 metrów kobiet

| | | | | |
|---------------------|----------|----------|-------|-----------|
| 870 Klaudia TESZBIR | 96-02-16 | 42.41/10 | 42.41 | 83/LBU/10 |
|---------------------|----------|----------|-------|-----------|

Skok w dal kobiet

| | | | | |
|-----------------------------|----------|---------|------|------------|
| 873 Aleksandra PAZURKIEWICZ | 95-02-20 | 5.27/10 | 5.27 | 185/LBU/09 |
|-----------------------------|----------|---------|------|------------|

AZS-PWSZ Gorzów

100 m ppł młodziczki (76,2)

| | | | | |
|--------------------|----------|----------|-------|-----------|
| 356 Agata BOROWIAK | 96-01-01 | 15.09/10 | 15.09 | 51/LBU/10 |
|--------------------|----------|----------|-------|-----------|

| | | | | |
|--------------------|----------|----------|-------|-----------|
| 356 Agata BOROWIAK | 96-01-01 | 15.17/10 | 15.17 | 51/LBU/10 |
|--------------------|----------|----------|-------|-----------|

| | | | | |
|---------------------|----------|----------|-------|------------|
| 357 Oliwia SOZAŃSKA | 95-03-02 | 15.44/09 | 15.79 | 207/LBU/09 |
|---------------------|----------|----------|-------|------------|

300 metrów kobiet

| | | | | |
|---------------------|----------|----------|-------|------------|
| 360 Dagmara BADECKA | 95-12-03 | 42.88/10 | 42.88 | 323/LBU/09 |
|---------------------|----------|----------|-------|------------|

4x100 metrów kobiet

| | | | | |
|---------------------|----------|--|--|------------|
| 360 Dagmara BADECKA | 95-12-03 | | | 323/LBU/09 |
|---------------------|----------|--|--|------------|

| | | | | |
|--------------------|----------|--|--|-----------|
| 356 Agata BOROWIAK | 96-01-01 | | | 51/LBU/10 |
|--------------------|----------|--|--|-----------|

| | | | | |
|-----------------------|----------|--|--|-----------|
| 366 Edyta MARCINISZYN | 96-09-10 | | | 62/LBU/10 |
|-----------------------|----------|--|--|-----------|

| | | | | |
|---------------------|----------|--|--|------------|
| 357 Oliwia SOZAŃSKA | 95-03-02 | | | 207/LBU/09 |
|---------------------|----------|--|--|------------|

300 m ppł mężczyźni

| | | | | |
|---------------------|----------|----------|-------|------------|
| 355 Jakub CZYŻEWSKI | 95-03-12 | 42.42/10 | 42.42 | 198/LBU/09 |
|---------------------|----------|----------|-------|------------|

LKS Lubusz Słubice

1000 metrów kobiet

| | | | | |
|-------------------|----------|------------|---------|------------|
| 981 Sofia ENNAOUI | 95-08-30 | 3:00.43/10 | 3:00.43 | 138/LBU/10 |
|-------------------|----------|------------|---------|------------|

100 metrów mężczyźni

| | | | | |
|----------------------|----------|----------|-------|------------|
| 985 Patryk HŁADUNIUK | 95-06-27 | 11.12/10 | 11.12 | 235/LBU/09 |
|----------------------|----------|----------|-------|------------|

| | | | | |
|----------------------|----------|----------|-------|------------|
| 985 Patryk HŁADUNIUK | 95-06-27 | 11.12/10 | 11.12 | 235/LBU/09 |
|----------------------|----------|----------|-------|------------|

1000 metrów mężczyźni

| | | | | |
|-----------------|----------|------------|---------|------------|
| 979 Piotr MUCHA | 95-07-15 | 2:39.40/10 | 2:39.40 | 232/LBU/09 |
|-----------------|----------|------------|---------|------------|

2000 metrów mężczyźni

| | | | | |
|-------------------|----------|------------|---------|------------|
| 976 Oskar STASIAK | 95-03-18 | 6:03.63/10 | 6:03.63 | 253/LBU/09 |
|-------------------|----------|------------|---------|------------|

300 metrów mężczyźni

| | | | | |
|----------------------|----------|----------|-------|------------|
| 985 Patryk HŁADUNIUK | 95-06-27 | 35.65/10 | 35.65 | 235/LBU/09 |
|----------------------|----------|----------|-------|------------|

| | | | | |
|-----------------------|----------|----------|-------|------------|
| 984 Mateusz ZIELIŃSKI | 95-06-27 | 37.29/10 | 37.29 | 249/LBU/09 |
|-----------------------|----------|----------|-------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | |
|------------------------|----------|----------|-------|------------|
| 982 Dominik SIEJKOWSKI | 95-08-21 | 55.78/10 | 55.78 | 180/LBU/10 |
|------------------------|----------|----------|-------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | |
|------------------------|----------|----------|-------|------------|
| 982 Dominik SIEJKOWSKI | 95-08-21 | 14.58/10 | 14.58 | 180/LBU/10 |
|------------------------|----------|----------|-------|------------|

MLKS Agros Żary

1000 metrów mężczyźni

| | | | | |
|------------------|----------|------------|---------|------------|
| 33 Michał ROZMYS | 95-03-13 | 2:47.31/10 | 2:47.31 | 119/LBU/10 |
|------------------|----------|------------|---------|------------|

ULKS Uczniak Szprotawa

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|---------------------------|----------|----------|-------|------------|
| 26 Adrianna ROTENSZTRAUCH | 95-09-03 | 35.56/10 | 35.56 | 374/LBU/09 |
|---------------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | |
|--------------------------|----------|----------|-------|------------|
| 30 Aleksandra MICKIEWICZ | 95-03-24 | 11.54/10 | 11.54 | 148/LBU/09 |
|--------------------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | |
|--------------------------|----------|----------|-------|------------|
| 30 Aleksandra MICKIEWICZ | 95-03-24 | 41.34/10 | 41.34 | 148/LBU/09 |
|--------------------------|----------|----------|-------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | |
|-------------------------|----------|----------|-------|------------|
| 985 Mateusz KWAŚNIEWSKI | 95-07-16 | 46.58/10 | 46.58 | 149/LBU/09 |
|-------------------------|----------|----------|-------|------------|

| | | | | |
|--------------------|----------|----------|-------|------------|
| 35 Patryk PAWELSKI | 95-02-25 | 51.32/10 | 51.32 | 383/LBU/09 |
|--------------------|----------|----------|-------|------------|

| | | | | |
|--------------------|----------|----------|-------|------------|
| 99 Karol WOŁKOWSKI | 95-04-13 | 45.05/10 | 45.05 | 338/LBU/09 |
|--------------------|----------|----------|-------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | |
|--------------------|----------|----------|-------|------------|
| 35 Patryk PAWELSKI | 95-02-25 | 14.70/10 | 14.70 | 383/LBU/09 |
|--------------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | |
|-------------------|----------|----------|-------|------------|
| 52 Konrad ADAMCIO | 96-01-08 | 40.28/10 | 40.28 | 201/LBU/10 |
|-------------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | |
|-------------------------|----------|----------|-------|------------|
| 985 Mateusz KWAŚNIEWSKI | 95-07-16 | 57.98/10 | 57.98 | 149/LBU/09 |
|-------------------------|----------|----------|-------|------------|

Skok wzwyż mężczyźni

| | | | | |
|-------------------------------|----------|---------|------|------------|
| 475 Piotr krzysztof OSTROWSKI | 95-03-28 | 1.75/10 | 1.75 | 189/LBU/10 |
|-------------------------------|----------|---------|------|------------|

ZLKL Zielona Góra

600 metrów mężczyźni

| | | | | |
|----------------|----------|------------|---------|------------|
| 508 Łukasz BAK | 95-10-27 | 1:28.39/10 | 1:28.39 | 162/LBU/09 |
|----------------|----------|------------|---------|------------|

Skok o tyczce mężczyźni

| | | | | |
|----------------------|----------|---------|------|------------|
| 519 Patryk BŁASZCZYK | 95-04-06 | 3.30/10 | 3.30 | 220/LBU/10 |
|----------------------|----------|---------|------|------------|

| | | | | |
|-------------------|----------|---------|------|------------|
| 518 Daniel PUCZKO | 95-07-07 | 3.30/10 | 3.30 | 215/LBU/09 |
|-------------------|----------|---------|------|------------|

Skok w dal mężczyźni

| | | | | |
|-------------------|----------|---------|------|------------|
| 508 Piotr CIEBIEŃ | 95-01-23 | 5.91/10 | 5.91 | 193/LBU/10 |
|-------------------|----------|---------|------|------------|

AZS Łódź

300 m ppł kobiet

| | | | | | |
|-----|---------------------|----------|----------|-------|------------|
| 181 | Aleksandra KNERA | 95-03-28 | 51.94/10 | 51.94 | 213/LDZ/09 |
| 796 | Aleksandra PIETRZAK | 96-06-02 | 53.48/10 | 53.48 | 410/LDZ/10 |

2000 metrów mężczyzn

| | | | | | |
|-----|-------------|----------|------------|---------|------------|
| 169 | Jakub TOSIK | 95-06-14 | 6:31.47/10 | 6:31.47 | 405/LDZ/09 |
|-----|-------------|----------|------------|---------|------------|

BKL Bełchatów

600 metrów kobiet

| | | | | | |
|-----|--------------|----------|------------|---------|------------|
| 512 | Ola GAWORSKA | 95-11-07 | 1:43.42/10 | 1:43.42 | 377/LDZ/10 |
|-----|--------------|----------|------------|---------|------------|

Skok w dal kobiet

| | | | | | |
|-----|-----------------|----------|---------|------|-----------|
| 516 | Karolina FISZER | 95-02-09 | 5.21/10 | 5.21 | 39/LDZ/09 |
|-----|-----------------|----------|---------|------|-----------|

600 metrów mężczyzn

| | | | | | |
|-----|-----------------|----------|------------|---------|-----------|
| 534 | Damian GAJEWSKI | 95-05-21 | 1:28.37/10 | 1:28.37 | 35/LDZ/09 |
|-----|-----------------|----------|------------|---------|-----------|

Skok wzwyż mężczyzn

| | | | | | |
|-----|-----------------|----------|---------|------|------------|
| 533 | Marcin GÓRALSKI | 95-01-27 | 1.75/10 | 1.75 | 173/LDZ/10 |
|-----|-----------------|----------|---------|------|------------|

KS Żeglina Sieradz

300 metrów kobiet

| | | | | | |
|-----|--------------|----------|----------|-------|------------|
| 151 | Iga KOWALSKA | 96-09-04 | 44.97/10 | 44.97 | 122/LDZ/10 |
|-----|--------------|----------|----------|-------|------------|

LUKS Boguszyce

1000 metrów kobiet

| | | | | | |
|---|-----------------|----------|------------|---------|-----------|
| 7 | Żaneta ADAMCZYK | 95-08-05 | 3:12.17/10 | 3:12.17 | 19/LDZ/09 |
|---|-----------------|----------|------------|---------|-----------|

ŁKS Łódź

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|----------------------|----------|----------|-------|------------|
| 225 | Aleksandra WIESIOŁEK | 95-11-28 | 15.78/10 | 15.78 | 392/LDZ/09 |
|-----|----------------------|----------|----------|-------|------------|

MKLA Łęczyca

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|-----|---------------------|----------|----------|-------|------------|
| 725 | Katarzyna KARWOWSKA | 95-09-20 | 30.55/10 | 30.55 | 209/LDZ/10 |
|-----|---------------------|----------|----------|-------|------------|

110 m ppł młodzików (91,4)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 722 | Konrad GÓRALSKI | 95-01-02 | 15.80/10 | 15.80 | 208/LDZ/10 |
| 722 | Konrad GÓRALSKI | 95-01-02 | 15.80/10 | 15.80 | 208/LDZ/10 |

300 m ppł mężczyzn

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 620 | Adam SOBIŃSKI | 95-03-24 | 41.11/10 | 41.11 | 219/LDZ/10 |
| 612 | Adam ZACHWIEJA | 95-10-09 | 41.84/10 | 41.84 | 226/LDZ/10 |

MKS Aleksandrów Łódzki

Rzut dyskiem młodzików (1kg)

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 140 | Cezary OPOCZYŃSKI | 95-03-02 | 48.57/10 | 48.57 | 128/LDZ/09 |
|-----|-------------------|----------|----------|-------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 140 | Cezary OPOCZYŃSKI | 95-03-02 | 14.82/10 | 14.82 | 128/LDZ/09 |
|-----|-------------------|----------|----------|-------|------------|

Skok w dal mężczyzn

| | | | | | |
|-----|---------------|----------|---------|------|------------|
| 136 | Konrad SYGUŁA | 95-07-17 | 6.16/10 | 6.16 | 147/LDZ/09 |
|-----|---------------|----------|---------|------|------------|

MLUKS Rawa Mazowiecka

600 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|------------|
| 144 | Rafał ZAWITKOWSKI | 95-02-11 | 1:29.77/10 | 1:29.77 | 381/LDZ/10 |
|-----|-------------------|----------|------------|---------|------------|

MMLUKS Sprint Zduńska Wola

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 387 | Justyna GÓRAK | 96-07-27 | 41.29/10 | 41.29 | 290/LDZ/10 |
|-----|---------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 385 | Marcin KUŹNIAREK | 96-05-27 | 36.47/10 | 36.47 | 288/LDZ/10 |
|-----|------------------|----------|----------|-------|------------|

MUKS Park Zduńska Wola

Rzut młotem młodzików (5kg)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 91 | Kamil RACHUCKI | 95-12-15 | 40.23/10 | 40.23 | 333/LDZ/09 |
| 85 | Paweł SITEK | 95-10-25 | 42.79/10 | 42.79 | 331/LDZ/09 |

MULKS MOS Sieradz

300 metrów kobiet

| | | | | | |
|-----|---------------|----------|----------|-------|-----------|
| 207 | Karolina KĘPA | 95-02-10 | 45.62/10 | 45.62 | 65/LDZ/10 |
|-----|---------------|----------|----------|-------|-----------|

600 metrów kobiet

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 205 | Patrycja WITKOWSKA | 95-07-07 | 1:42.86/10 | 1:42.86 | 183/LDZ/09 |
|-----|--------------------|----------|------------|---------|------------|

RKS Łódź

100 metrów kobiet

| | | | | | |
|---|--------------------|----------|----------|-------|-----------|
| 9 | Arletta DZIEWIĄTAK | 95-01-24 | 12.89/10 | 12.89 | 32/LDZ/09 |
|---|--------------------|----------|----------|-------|-----------|

100 m ppł młodziczki (76,2)

| | | | | | |
|----|----------------|----------|----------|-------|-----------|
| 40 | Katarzyna FLIS | 96-02-12 | 15.36/10 | 15.36 | 13/LDZ/10 |
|----|----------------|----------|----------|-------|-----------|

300 metrów kobiet

| | | | | | |
|---|--------------------|----------|----------|-------|-----------|
| 9 | Arletta DZIEWIĄTAK | 95-01-24 | 44.13/08 | 44.58 | 32/LDZ/09 |
|---|--------------------|----------|----------|-------|-----------|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|---|-------------------|----------|----------|-------|-----------|
| 5 | Małgorzata MRÓWKA | 96-05-14 | 33.58/10 | 33.58 | 03/LDZ/10 |
|---|-------------------|----------|----------|-------|-----------|

SKS Start Łódź

300 metrów kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 438 | Justyna SAGANIAK | 95-12-01 | 42.14/10 | 42.14 | 200/LDZ/09 |
|-----|------------------|----------|----------|-------|------------|

300 m ppł kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 438 | Justyna SAGANIAK | 95-12-01 | 46.97/10 | 46.97 | 200/LDZ/09 |
|-----|------------------|----------|----------|-------|------------|

UKS Błyskawica Domaniewice

Rzut oszczepem kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|--|
| 116 | Agata WITKOWSKA | 95-10-10 | 32.74/10 | 32.74 | |
|-----|-----------------|----------|----------|-------|--|

Skok wzwyż mężczyzn

| | | | | | |
|-----|------------------|----------|---------|------|------------|
| 361 | Marcin WODZYŃSKI | 95-02-04 | 1.75/10 | 1.75 | 361/LDZ/10 |
|-----|------------------|----------|---------|------|------------|

UKS Dziesiątka Radomsko

1000 metrów kobiet

| | | | | | |
|-----|--------------|----------|------------|---------|-----------|
| 182 | Marta OLCZYK | 96-07-26 | 3:09.55/10 | 3:09.55 | 66/LDZ/10 |
|-----|--------------|----------|------------|---------|-----------|

300 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|----------|-------|--|
| 147 | Artur GŁADYSZ | 95-10-03 | 38.74/10 | 38.74 | |
|-----|---------------|----------|----------|-------|--|

UKS DZIEWIĄTKA Kutno

300 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 94 | Marcin KACPRZAK | 95-02-09 | 37.67/10 | 37.67 | 63/LDZ/09 |
|----|-----------------|----------|----------|-------|-----------|

300 m ppł mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 94 | Marcin KACPRZAK | 95-02-09 | 40.52/10 | 40.52 | 63/LDZ/09 |
|----|-----------------|----------|----------|-------|-----------|

UKS Jedynka Łowicz

100 metrów kobiet

| | | | | | |
|----|---------------|----------|----------|-------|------------|
| 10 | Iwona OLEWICZ | 96-05-17 | 13.00/10 | 13.00 | 374/LDZ/10 |
|----|---------------|----------|----------|-------|------------|

UMLKS PEGAZ Opoczno

Skok wzwyż kobiet

| | | | | | |
|-----|---------------------|----------|---------|------|------------|
| 317 | Aleksandra PIELUŻEK | 95-01-17 | 1.51/10 | 1.51 | 341/LDZ/09 |
|-----|---------------------|----------|---------|------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|--------------|----------|------------|---------|-----------|
| 322 | Sławomir KUC | 96-01-24 | 2:39.15/10 | 2:39.15 | 74/LDZ/10 |
|-----|--------------|----------|------------|---------|-----------|

AZS-AWF Kraków

600 metrów mężczyzn

| | | | | |
|-----------------------|----------|------------|---------|-----------|
| 668 Mateusz DEREWECKI | 95-03-12 | 1:30.27/10 | 1:30.27 | 92/MLP/10 |
|-----------------------|----------|------------|---------|-----------|

IKS Olkusz

1000 metrów kobiet

| | | | | |
|--------------------|----------|------------|---------|-----------|
| 75 Monika KALIWODA | 96-02-23 | 3:10.23/10 | 3:10.23 | 04/MLP/10 |
|--------------------|----------|------------|---------|-----------|

MKS Tempo Kęty

Skok wzwyż kobiet

| | | | | |
|--------------------|----------|---------|------|------------|
| 524 Justyna KONIOR | 95-11-23 | 1.55/10 | 1.55 | 219/MLP/10 |
|--------------------|----------|---------|------|------------|

Skok w dal kobiet

| | | | | |
|---------------------|----------|---------|------|------------|
| 505 Patrycja ŁAZARZ | 95-03-26 | 5.18/10 | 5.18 | 103/MLP/09 |
|---------------------|----------|---------|------|------------|

MLUKS Tarnów

300 m ppł kobiet

| | | | | |
|----------------|----------|-----|--|------------|
| 7 Iwona KLIMEK | 95-03-22 | /10 | | 198/MLP/09 |
|----------------|----------|-----|--|------------|

600 metrów kobiet

| | | | | |
|---------------------|----------|------------|---------|-----------|
| 7 Magdalena WĘGRZYN | 95-05-05 | 1:38.96/10 | 1:38.96 | 24/MLP/09 |
|---------------------|----------|------------|---------|-----------|

1000 metrów mężczyzn

| | | | | |
|--------------------|----------|------------|---------|------------|
| 42 Rafał HEKŁOWSKI | 95-02-19 | 2:45.96/10 | 2:45.96 | 202/MLP/09 |
|--------------------|----------|------------|---------|------------|

MUKS ILKUS Olkusz

1000 metrów kobiet

| | | | | |
|----------------------|----------|------------|---------|-----------|
| 14 Aleksandra KRĘŻEL | 95-03-11 | 3:07.19/10 | 3:07.19 | 38/MLP/09 |
|----------------------|----------|------------|---------|-----------|

300 metrów mężczyzn

| | | | | |
|---------------------|----------|----------|-------|------------|
| 1 Wojciech ROWIŃSKI | 95-04-18 | 39.33/10 | 39.33 | 197/MLP/10 |
|---------------------|----------|----------|-------|------------|

SKS Kusy Kraków

100 metrów kobiet

| | | | | |
|-----------------------|----------|----------|-------|-----------|
| 50 Klaudia PĘDZIWIATR | 96-01-20 | 12.94/09 | 12.99 | 44/MLP/10 |
|-----------------------|----------|----------|-------|-----------|

100 metrów kobiet (PK)

| | | | | |
|-------------------|----------|----------|-------|------------|
| PK 84 Kinga TARAŃ | 95-08-22 | 13.03/09 | 13.32 | 259/MLP/09 |
|-------------------|----------|----------|-------|------------|

100 m ppł młodziczki (76,2)

| | | | | |
|-------------------|----------|----------|-------|------------|
| 81 Marlena MORTON | 95-02-15 | 15.45/10 | 15.45 | 257/MLP/09 |
|-------------------|----------|----------|-------|------------|

300 m ppł kobiet

| | | | | |
|-------------------|----------|-----|--|------------|
| 81 Marlena MORTON | 95-02-15 | /10 | | 257/MLP/09 |
|-------------------|----------|-----|--|------------|

Rzut oszczepem kobiet

| | | | | |
|-------------------|----------|----------|-------|------------|
| 97 Gabriela NOWAK | 95-05-23 | 31.09/10 | 31.09 | 295/MLP/09 |
|-------------------|----------|----------|-------|------------|

Skok wzwyż kobiet

| | | | | |
|-----------------------|----------|---------|------|------------|
| 95 Aleksandra BORCZAK | 95-06-13 | 1.50/09 | 1.50 | 258/MLP/09 |
|-----------------------|----------|---------|------|------------|

Skok w dal kobiet

| | | | | |
|----------------|----------|---------|------|------------|
| 84 Kinga TARAŃ | 95-08-22 | 5.12/10 | 5.12 | 259/MLP/09 |
|----------------|----------|---------|------|------------|

110 m ppł młodzików (91,4)

| | | | | |
|------------------------|----------|----------|-------|------------|
| 148 Grzegorz ARCZYŃSKI | 95-08-21 | 16.53/10 | 16.53 | 242/MLP/09 |
|------------------------|----------|----------|-------|------------|

| | | | | |
|------------------|----------|----------|-------|------------|
| 109 Tomasz NOWAK | 95-05-09 | 16.08/10 | 16.08 | 234/MLP/09 |
|------------------|----------|----------|-------|------------|

| | | | | |
|-----------------|----------|----------|-------|------------|
| 123 Piotr ZIAJA | 95-07-27 | 16.76/10 | 16.76 | 248/MLP/09 |
|-----------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | |
|------------------|----------|----------|-------|------------|
| 109 Tomasz NOWAK | 95-05-09 | 42.21/10 | 42.21 | 234/MLP/09 |
|------------------|----------|----------|-------|------------|

| | | | | |
|-------------------------|----------|----------|-------|------------|
| 131 Wojciech PRZYBYLSKI | 95-01-04 | 42.89/10 | 42.89 | 245/MLP/09 |
|-------------------------|----------|----------|-------|------------|

UKS Korzeniowski.pl Kraków

3000 m chód kobiet

| | | | | |
|----------------|----------|----------|-------|-----------|
| 89 Anna MACIAŚ | 96-07-29 | 15:28/10 | 15:28 | 02/MLP/10 |
|----------------|----------|----------|-------|-----------|

ULKS Fajfer 2001 Łapanów

2000 metrów mężczyzn

| | | | | |
|-------------------|----------|------------|---------|-----------|
| 541 Dominik TABOR | 95-04-24 | 5:56.18/10 | 5:56.18 | 77/MLP/09 |
|-------------------|----------|------------|---------|-----------|

WKS Wawel Kraków

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|------------------|----------|----------|-------|-----------|
| 344 Monika NOWAK | 95-07-11 | 45.35/10 | 45.35 | 52/MLP/09 |
|------------------|----------|----------|-------|-----------|

Pchnięcie kulą młodziczek (3kg)

| | | | | |
|------------------|----------|----------|-------|-----------|
| 344 Monika NOWAK | 95-07-11 | 13.58/10 | 13.58 | 52/MLP/09 |
|------------------|----------|----------|-------|-----------|

Rzut dyskiem młodzików (1kg)

| | | | | |
|--------------------|----------|----------|-------|------------|
| 348 Przemysław SUM | 95-06-14 | 46.52/10 | 46.52 | 307/MLP/09 |
|--------------------|----------|----------|-------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | |
|--------------------|----------|----------|-------|------------|
| 348 Przemysław SUM | 95-06-14 | 13.84/10 | 13.84 | 307/MLP/09 |
|--------------------|----------|----------|-------|------------|

KS Orzeł Warszawa

3000 m chód kobiet

| | | | | |
|-------------------|----------|-------------|----------|------------|
| 56 Urszula UTRATA | 96-04-09 | 19:37.74/10 | 19:37.74 | 309/MAZ/10 |
|-------------------|----------|-------------|----------|------------|

KS Warszawianka W-wa

1000 metrów kobiet

| | | | | |
|-----------------------|----------|------------|---------|------------|
| 962 Amelia CZERWIŃSKA | 95-03-30 | 3:05.34/10 | 3:05.34 | 234/MAZ/09 |
|-----------------------|----------|------------|---------|------------|

100 m ppł młodziczki (76,2)

| | | | | |
|-----------------------|----------|----------|-------|------------|
| 920 Aleksandra KORDUS | 96-04-01 | 15.67/10 | 15.67 | 338/MAZ/10 |
|-----------------------|----------|----------|-------|------------|

LKS Olymp Błonie

Rzut dyskiem młodzików (1kg)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 17 Patryk DOBRZELAK | 95-03-14 | 47.70/10 | 47.70 | 273/MAZ/10 |
|---------------------|----------|----------|-------|------------|

LKS Ostrowianka Ostrów Mazowiecka

Pchnięcie kulą młodzików (5kg)

| | | | | |
|-------------------|----------|----------|-------|------------|
| 278 Dominik WASIL | 95-05-17 | 15.73/10 | 15.73 | 644/MAZ/09 |
|-------------------|----------|----------|-------|------------|

MKS DURASAN Płońsk

Skok w dal kobiet

| | | | | |
|-------------------------|----------|---------|------|------------|
| 551 Ewelina WYSZCZELSKA | 95-04-04 | 5.58/10 | 5.58 | 893/MAZ/09 |
|-------------------------|----------|---------|------|------------|

1000 metrów mężczyzn

| | | | | |
|---------------------|----------|------------|---------|-----------|
| 538 Mateusz GOCEJNA | 95-03-21 | 2:46.29/10 | 2:46.29 | 69/MAZ/10 |
|---------------------|----------|------------|---------|-----------|

MKS Pułtusk

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|------------------------|----------|----------|-------|------------|
| 198 Natalia CZUBKOWSKA | 95-03-07 | 32.94/10 | 32.94 | 590/MAZ/09 |
|------------------------|----------|----------|-------|------------|

| | | | | |
|-------------------|----------|----------|-------|------------|
| 162 Daria SIERZAN | 95-02-14 | 40.26/10 | 40.26 | 593/MAZ/09 |
|-------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | |
|-------------------|----------|----------|-------|------------|
| 162 Daria SIERZAN | 95-02-14 | 11.35/10 | 11.35 | 593/MAZ/09 |
|-------------------|----------|----------|-------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | |
|---------------------------|----------|----------|-------|------------|
| 165 Przemysław KOWALEWSKI | 95-08-03 | 48.37/10 | 48.37 | 575/MAZ/09 |
|---------------------------|----------|----------|-------|------------|

| | | | | |
|------------------------|----------|----------|-------|------------|
| 169 Krystian PAWELCZYK | 95-08-22 | 53.66/10 | 53.66 | 574/MAZ/09 |
|------------------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | |
|---------------------------|----------|--|--|------------|
| 165 Przemysław KOWALEWSKI | 95-08-03 | | | 575/MAZ/09 |
|---------------------------|----------|--|--|------------|

MLKL Płock

Rzut dyskiem młodziczek (0,75 kg)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 32 Anna SZCZUTOWSKA | 95-05-03 | 34.02/10 | 34.02 | 697/MAZ/09 |
|---------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | |
|---------------------|----------|----------|-------|------------|
| 20 Anna SZCZUTOWSKA | 95-05-03 | 12.61/10 | 12.61 | 697/MAZ/09 |
|---------------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | |
|------------------|----------|----------|-------|--|
| 26 Kinga NISZTOR | 96-07-26 | 27.15/10 | 27.15 | |
|------------------|----------|----------|-------|--|

Skok wzwyż kobiet

| | | | | |
|------------------|----------|---------|------|--|
| 26 Kinga NISZTOR | 96-07-26 | 1.53/10 | 1.53 | |
|------------------|----------|---------|------|--|

1000 metrów mężczyzn

| | | | | |
|---------------------|----------|------------|---------|------------|
| 407 Rafał BŁASZCZAK | 95-07-09 | 2:47.52/10 | 2:47.52 | 810/MAZ/09 |
|---------------------|----------|------------|---------|------------|

MUKS Płock

100 metrów kobiet

| | | | | |
|-------------------------|----------|----------|-------|-----------|
| 607 Karolina CIESIELSKA | 96-02-17 | 12.52/10 | 12.52 | 52/MAZ/10 |
|-------------------------|----------|----------|-------|-----------|

| | | | | |
|-------------------------|----------|----------|-------|-----------|
| 607 Karolina CIESIELSKA | 96-02-17 | 12.52/10 | 12.52 | 52/MAZ/10 |
|-------------------------|----------|----------|-------|-----------|

300 metrów kobiet

| | | | | |
|-------------------------|----------|----------|-------|-----------|
| 607 Karolina CIESIELSKA | 96-02-17 | 41.87/10 | 41.87 | 52/MAZ/10 |
|-------------------------|----------|----------|-------|-----------|

600 metrów kobiet

| | | | | |
|--------------------------|----------|------------|---------|------------|
| 601 Dominika MURASZEWSKA | 95-11-21 | 1:34.12/10 | 1:34.12 | 206/MAZ/09 |
|--------------------------|----------|------------|---------|------------|

Rzut oszczepem kobiet

| | | | | |
|------------------------|----------|----------|-------|------------|
| 663 Monika KARASIEWICZ | 95-02-18 | 40.49/10 | 40.49 | 192/MAZ/10 |
|------------------------|----------|----------|-------|------------|

OKLA StoraEnso Ostrołęka

Skok w dal kobiet

| | | | | |
|------------------------|----------|---------|------|------------|
| 68 Magdalena ŻEBROWSKA | 96-05-29 | 5.25/10 | 5.25 | 145/MAZ/10 |
|------------------------|----------|---------|------|------------|

Skok wzwyż mężczyzn

| | | | | |
|------------------------|----------|---------|------|------------|
| 851 Jakub CHOROSZEWSKI | 95-02-20 | 1.82/10 | 1.82 | 149/MAZ/10 |
|------------------------|----------|---------|------|------------|

OKS Start Otwock

1000 metrów mężczyzn

| | | | | |
|--------------------|----------|------------|---------|-----------|
| 493 Sylwester WILK | 96-05-12 | 2:43.89/10 | 2:43.89 | 83/MAZ/10 |
|--------------------|----------|------------|---------|-----------|

RKS SKRA Warszawa

100 m ppł młodziczki (76,2)

| | | | | |
|-----|--------------------|----------|----------|-------|
| 768 | Dagmara JARCZYŃSKA | 95-06-26 | 15.28/10 | 15.28 |
|-----|--------------------|----------|----------|-------|

300 m ppł kobiet

| | | | | |
|-----|--------------------|----------|----------|-------|
| 768 | Dagmara JARCZYŃSKA | 95-06-26 | 47.04/10 | 47.04 |
|-----|--------------------|----------|----------|-------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 770 | Paulina GAJOS | 95-03-29 | 39.62/10 | 39.62 | 676/MAZ/09 |
| 786 | Julia GÓRNICKA | 95-08-15 | 42.89/09 | 42.88 | 675/MAZ/09 |
| 701 | Klaudia ZIĘTARSKA | 96-02-24 | 43.56/10 | 43.56 | 684/MAZ/09 |

Skok o tyczce kobiet

| | | | | |
|-----|------------------|----------|---------|------|
| 749 | Daria ROSIEWICZ | 96-12-10 | 2.60/10 | 2.60 |
| 751 | Kamila ŚLADOWSKA | 96-11-05 | 3.00/10 | 3.00 |

110 m ppł młodzików (91,4)

| | | | | |
|-----|---------------------|----------|-----|------------|
| 771 | Mateusz ORZECHOWSKI | 95-07-14 | /10 | 680/MAZ/09 |
|-----|---------------------|----------|-----|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|---------------------|----------|----------|-------|------------|
| 771 | Mateusz ORZECHOWSKI | 95-07-14 | 40.98/10 | 40.98 | 680/MAZ/09 |
|-----|---------------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|-----|--------------|----------|----------|-------|------------|
| 771 | Maciej ROZUM | 95-02-14 | 36.71/10 | 36.71 | 294/MAZ/10 |
|-----|--------------|----------|----------|-------|------------|

Skok o tyczce mężczyzn

| | | | | |
|-----|--------------|----------|---------|------|
| 787 | Karol GÓRSKI | 95-05-31 | 2.80/10 | 2.80 |
|-----|--------------|----------|---------|------|

RLMKS Orleża Radom

300 metrów kobiet

| | | | | |
|----|------------------|----------|----------|-------|
| 77 | Patrycja TKACZYK | 95-01-01 | 42.70/10 | 42.70 |
|----|------------------|----------|----------|-------|

300 m ppł kobiet

| | | | | |
|----|------------------|----------|----------|-------|
| 77 | Patrycja TKACZYK | 95-01-01 | 48.08/10 | 48.08 |
|----|------------------|----------|----------|-------|

300 metrów mężczyzn

| | | | | |
|----|------------------|----------|----------|-------|
| 70 | Łukasz WITKOWSKI | 95-01-01 | 37.44/10 | 37.44 |
|----|------------------|----------|----------|-------|

RLTL ZTE Radom

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|--------------|----------|----------|-------|------------|
| 937 | Natalia KUNZ | 95-02-01 | 15.10/09 | 15.19 | 432/MAZ/09 |
| 937 | Natalia KUNZ | 95-02-01 | 15.10/09 | 15.24 | 432/MAZ/09 |

Rzut oszczepem młodzików (600)

| | | | | |
|-----|-----------------|----------|----------|-------|
| 925 | Mateusz WOŁOWIK | 95-01-01 | 48.80/09 | 48.27 |
|-----|-----------------|----------|----------|-------|

SSA Legia 1926 Warszawa

100 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 417 | Kamila DZIENISZ | 95-11-29 | 12.93/10 | 12.93 | 762/MAZ/09 |
|-----|-----------------|----------|----------|-------|------------|

1000 metrów kobiet

| | | | | |
|-----|-----------------|----------|------------|---------|
| 404 | Anita JARZYŃSKA | 95-12-02 | 3:09.56/10 | 3:09.56 |
|-----|-----------------|----------|------------|---------|

UKS Kusy Warszawa

300 m ppł kobiet

| | | | | |
|-----|--------------------|----------|----------|-------|
| 458 | Aleksandra BUDZIAK | 96-05-11 | 47.66/10 | 47.66 |
|-----|--------------------|----------|----------|-------|

300 m ppł mężczyzn

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 438 | Maciej LEWANDOWSKI | 95-02-08 | 39.70/10 | 39.70 | 658/MAZ/09 |
| 435 | Kamil RÓZGA | 95-09-19 | 42.60/10 | 42.60 | 709/MAZ/09 |

Skok o tyczce mężczyzn

| | | | | | |
|-----|---------------------|----------|---------|------|------------|
| 436 | Albert GIERYSZEWSKI | 95-01-04 | 3.20/10 | 3.20 | 711/MAZ/09 |
|-----|---------------------|----------|---------|------|------------|

UKS Olimp Kozienice

5000 m chód mężczyzn

| | | | | | |
|-----|----------------------|----------|-------------|----------|------------|
| 448 | Arkadiusz MIŚKIEWICZ | 95-08-31 | 26:15.05/10 | 26:15.05 | 609/MAZ/09 |
|-----|----------------------|----------|-------------|----------|------------|

ULKS Jedlińsk

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|------------|----------|----------|-------|-----------|
| 15 | Maja NESKA | 96-02-13 | 34.92/10 | 34.92 | 81/MAZ/10 |
|----|------------|----------|----------|-------|-----------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|----|------------|----------|----------|-------|-----------|
| 15 | Maja NESKA | 96-02-13 | 11.88/10 | 11.88 | 81/MAZ/10 |
|----|------------|----------|----------|-------|-----------|

UOLKA Ostrów Mazowiecka

1000 metrów kobiet

| | | | | | |
|---|--------------------|----------|------------|---------|------------|
| 1 | Angelika WARDASZKA | 95-04-19 | 3:13.07/09 | 3:16.12 | 173/MAZ/09 |
|---|--------------------|----------|------------|---------|------------|

WKS Gwardia Warszawa

Skok w dal mężczyzn

| | | | | | |
|-----|------------|----------|---------|------|------------|
| 378 | Emil FARAJ | 95-11-29 | 6.52/10 | 6.52 | 785/MAZ/09 |
|-----|------------|----------|---------|------|------------|

WLKS Siedlce - Iganie Nowe

100 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 955 | Rafał ABRAMOWSKI | 95-02-23 | 11.80/10 | 11.80 | 334/MAZ/10 |
| 974 | Bartek FLORYSZCZUK | 95-04-30 | /10 | | 622/MAZ/09 |

300 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 955 | Rafał ABRAMOWSKI | 95-02-23 | 37.63/10 | 37.63 | 334/MAZ/10 |
| 974 | Bartek FLORYSZCZUK | 95-04-30 | 37.18/10 | 37.18 | 622/MAZ/09 |

5000 m chód mężczyzn

| | | | | |
|-----|------------------|----------|-------------|----------|
| 959 | Daniel CHOJECKI | 95-01-24 | 27:34/10 | 27:34 |
| 966 | Mateusz GOŁAWSKI | 95-01-24 | 27:43/10 | 27:43 |
| 976 | Mateusz KUĆ | 95-01-06 | 26:27.70/10 | 26:27.70 |

LUKS Podium Kup**110 m ppł młodzików (91,4)**

| | | | | |
|----------------------|----------|----------|-------|------------|
| 248 Sebastian LUDWIG | 95-03-02 | 15.42/10 | 15.42 | 223/OPL/09 |
| 248 Sebastian LUDWIG | 95-03-02 | 15.42/10 | 15.42 | 223/OPL/09 |

2000 metrów mężczyzn

| | | | | |
|------------------|----------|------------|---------|------------|
| 246 Dawid SZKODA | 95-05-31 | 6:09.25/10 | 6:09.25 | 220/OPL/09 |
|------------------|----------|------------|---------|------------|

300 m ppł mężczyzn

| | | | | |
|----------------------|----------|----------|-------|------------|
| 248 Sebastian LUDWIG | 95-03-02 | 40.14/10 | 40.14 | 223/OPL/09 |
|----------------------|----------|----------|-------|------------|

MULKS Juwenia Głuchołazy**2000 metrów mężczyzn**

| | | | | |
|---------------------------|----------|------------|---------|-----------|
| 691 Przemysław MACIEJCZYK | 95-05-10 | 6:06.58/10 | 6:06.58 | 26/OPL/09 |
|---------------------------|----------|------------|---------|-----------|

UKS-MOS Opole**100 metrów kobiet**

| | | | | |
|----------------------|----------|----------|-------|-----------|
| 78 Katarzyna SIEWRUK | 95-12-03 | 12.27/10 | 12.27 | 63/OPL/09 |
| 78 Katarzyna SIEWRUK | 95-12-03 | 12.27/10 | 12.27 | 63/OPL/09 |

100 m ppł młodziczki (76,2)

| | | | | |
|----------------------|----------|----------|-------|-----------|
| 78 Katarzyna SIEWRUK | 95-12-03 | 14.60/10 | 14.60 | 63/OPL/09 |
| 78 Katarzyna SIEWRUK | 95-12-03 | 14.38/10 | 14.38 | 63/OPL/09 |

Rzut młotem młodziczek (3kg)

| | | | | |
|------------------|----------|----------|-------|------------|
| 85 Weronika BAŁK | 96-04-15 | 38.45/10 | 38.45 | 190/OPL/09 |
|------------------|----------|----------|-------|------------|

Skok w dal kobiet

| | | | | |
|------------------|----------|---------|------|------------|
| 84 Alicja SADLAK | 96-02-22 | 5.20/10 | 5.20 | 191/OPL/09 |
|------------------|----------|---------|------|------------|

100 metrów mężczyzn

| | | | | |
|----------------|----------|----------|-------|------------|
| 87 Jacek SZWED | 95-01-14 | 11.67/10 | 11.67 | 192/OPL/09 |
|----------------|----------|----------|-------|------------|

CWKS Resovia Rzeszów

100 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 112 | Katarzyna MAZUR | 95-09-17 | 12.70/10 | 12.70 | 250/PDK/09 |
|-----|-----------------|----------|----------|-------|------------|

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|----------------|----------|----------|-------|-----------|
| 146 | Klaudia KALITA | 95-12-14 | 16.08/10 | 16.08 | 18/PDK/10 |
|-----|----------------|----------|----------|-------|-----------|

300 m ppł kobiet

| | | | | | |
|-----|----------------------|----------|----------|-------|------------|
| 149 | Joanna ŻMUDZIEJEWSKA | 96-11-02 | 45.95/10 | 45.95 | 380/PDK/09 |
|-----|----------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 112 | Patryk KOŚCIÓŁEK | 95-05-20 | 11.71/10 | 11.71 | 252/PDK/09 |
|-----|------------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|------------|---------|------------|
| 131 | Marcin MATYCZ | 95-01-03 | 2:35.92/10 | 2:35.92 | 214/PDK/09 |
|-----|---------------|----------|------------|---------|------------|

| | | | | | |
|----|-------------------|----------|------------|---------|------------|
| 29 | Arkadiusz MURYJAS | 95-01-14 | 2:51.12/10 | 2:51.12 | 209/PDK/09 |
|----|-------------------|----------|------------|---------|------------|

Skok w dal mężczyzn

| | | | | | |
|-----|---------------|----------|---------|------|------------|
| 158 | Kamil SOLECKI | 95-03-23 | 6.20/10 | 6.20 | 118/PDK/10 |
|-----|---------------|----------|---------|------|------------|

GUKLA Bratkowice Korzeniowski.pl

3000 m chód kobiet

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 99 | Natalia KALINA | 96-01-01 | 15:29/10 | 15:29 | 126/PDK/10 |
|----|----------------|----------|----------|-------|------------|

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 49 | Anna LACHCIK | 96-07-29 | 16:44/10 | 16:44 | 123/PDK/10 |
|----|--------------|----------|----------|-------|------------|

5000 m chód mężczyzn

| | | | | | |
|-----|---------------|----------|-------------|----------|------------|
| 100 | Michał BACHOR | 96-01-17 | 27:04.57/10 | 27:04.57 | 128/PDK/10 |
|-----|---------------|----------|-------------|----------|------------|

| | | | | | |
|---|-------------|----------|-------------|----------|------------|
| 2 | Marek KUBAS | 96-01-01 | 25:04.85/10 | 25:04.85 | 127/PDK/10 |
|---|-------------|----------|-------------|----------|------------|

KKB MOSIR Krosno

600 metrów kobiet

| | | | | | |
|----|--------------|----------|------------|---------|-----------|
| 92 | Ilona TABISZ | 96-04-06 | 1:42.15/10 | 1:42.15 | 03/PDK/10 |
|----|--------------|----------|------------|---------|-----------|

300 metrów mężczyzn

| | | | | | |
|----|--------------------|----------|----------|-------|-----------|
| 82 | Bartłomiej RABENDA | 96-03-07 | 37.57/10 | 37.57 | 09/PDK/09 |
|----|--------------------|----------|----------|-------|-----------|

600 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|------------|---------|------------|
| 85 | Maciej BARAŃSKI | 96-06-16 | 1:31.96/10 | 1:31.96 | 303/PDK/09 |
|----|-----------------|----------|------------|---------|------------|

KKS Victoria Stalowa Wola

300 metrów kobiet

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 558 | Marta MAŚLACH | 95-04-07 | 43.75/10 | 43.75 | 135/PDK/09 |
|-----|---------------|----------|----------|-------|------------|

600 metrów kobiet

| | | | | | |
|-----|---------------|----------|------------|---------|------------|
| 554 | Beata KRAWIEC | 95-08-29 | 1:40.33/10 | 1:40.33 | 327/PDK/09 |
|-----|---------------|----------|------------|---------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 551 | Luis GALICIA-PEREZ | 95-07-09 | 2:39.77/09 | 2:43.79 | 140/PDK/09 |
|-----|--------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | | |
|-----|-----------------------|----------|----------|-------|------------|
| 549 | Przemysław KASPROWICZ | 95-04-19 | 38.24/10 | 38.24 | 153/PDK/09 |
|-----|-----------------------|----------|----------|-------|------------|

5000 m chód mężczyzn

| | | | | | |
|-----|------------|----------|-------------|----------|------------|
| 560 | Adam MAŁEK | 95-01-01 | 24:38.47/10 | 24:38.47 | 131/PDK/10 |
|-----|------------|----------|-------------|----------|------------|

Skok w dal mężczyzn

| | | | | | |
|---|-------------|----------|---------|------|------------|
| 1 | Kamil PĘCAK | 95-05-18 | 6.26/10 | 6.26 | 134/PDK/10 |
|---|-------------|----------|---------|------|------------|

KS Komunalni Sanok

Skok w dal kobiet

| | | | | | |
|-----|---------------|----------|---------|------|-----------|
| 127 | Angelika FAKA | 96-01-15 | 5.35/10 | 5.35 | 98/PDK/10 |
|-----|---------------|----------|---------|------|-----------|

LKS Stal Mielec

1000 metrów kobiet

| | | | | | |
|-----|----------------|----------|------------|---------|------------|
| 970 | Sylwia NAPRAWA | 95-04-23 | 3:01.84/09 | 3:07.14 | 125/PDK/09 |
|-----|----------------|----------|------------|---------|------------|

3000 m chód kobiet

| | | | | | |
|-----|---------------------|----------|-------------|----------|------------|
| 971 | Barbara KANTOROWSKA | 95-11-14 | 15:43.87/10 | 15:43.87 | 133/PDK/09 |
|-----|---------------------|----------|-------------|----------|------------|

| | | | | | |
|-----|------------------|----------|-------------|----------|------------|
| 967 | Sylwia REMBOWICZ | 95-01-20 | 14:59.33/09 | 15:02.66 | 115/PDK/09 |
|-----|------------------|----------|-------------|----------|------------|

| | | | | | |
|-----|--------------------|----------|-------------|----------|-----------|
| 964 | Katarzyna ZDZIEBŁO | 96-11-28 | 14:56.12/10 | 14:56.12 | 70/PDK/10 |
|-----|--------------------|----------|-------------|----------|-----------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 974 | Ewelina JACHER | 95-02-22 | 45.40/10 | 45.40 | 121/PDK/09 |
|-----|----------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|---|------------------|----------|----------|-------|------------|
| 1 | Sebastian JANUSZ | 95-12-21 | 49.22/10 | 49.22 | 341/PDK/09 |
|---|------------------|----------|----------|-------|------------|

MKL Sparta Stalowa Wola

1000 metrów kobiet

| | | | | | |
|----|----------------|----------|------------|---------|-----------|
| 58 | Justyna RĘBISZ | 96-05-12 | 3:11.23/10 | 3:11.23 | 24/PDK/10 |
|----|----------------|----------|------------|---------|-----------|

MKS Halicz Ustrzyki Dolne

300 m ppł kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|-----------|
| 123 | Patrycja ŚLIWIAK | 95-08-10 | 48.97/10 | 48.97 | 43/PDK/10 |
|-----|------------------|----------|----------|-------|-----------|

2000 metrów mężczyzn

| | | | | | |
|---|------------------|----------|------------|---------|-----------|
| 3 | Patryk LACHOWSKI | 95-11-03 | 6:05.27/10 | 6:05.27 | 78/PDK/09 |
|---|------------------|----------|------------|---------|-----------|

OTG Sokół Mielec

3000 m chód kobiet

66 Angelika AUGUSTYN 96-01-15 15:18.77/10 15:18.77 129/PDK/10

UKS Tempo 5 Przemyśl

100 metrów kobiet

33 Ewa FORNAL 95-03-16 12.89/10 12.89 62/PDK/09

100 m ppł młodziczki (76,2)

37 Kamila KOPCZAK 95-07-22 15.20/10 15.20 207/PDK/09

300 metrów kobiet

33 Ewa FORNAL 95-03-16 43.31/10 43.31 62/PDK/09

300 m ppł kobiet

37 Kamila KOPCZAK 95-07-22 46.34/10 46.34 207/PDK/09

100 metrów mężczyzn

126 Grzegorz KANIA 95-01-01 11.82/10 11.82 55/PDK/09

2000 metrów mężczyzn

125 Paweł CHABKO 95-02-19 5:58.30/10 5:58.30 52/PDK/10

300 m ppł mężczyzn

68 Kamil HENDZEL 95-03-10 43.87/10 43.87 64/PDK/09

Rzut dyskiem młodzików (1kg)

116 Piotr KORALEWICZ 95-07-11 49.23/10 49.23 53/PDK/09

Rzut oszczepem młodzików (600)

116 Piotr KORALEWICZ 95-07-11 53.49/10 53.49 53/PDK/09

Skok wzwyż mężczyzn

69 Piotr SANOWSKI 95-07-08 1.85/10 1.85 74/PDK/09

KS Podlasie Białystok

300 metrów kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|-----------|
| 241 | Paulina KAJEWSKA | 95-06-30 | 42.57/10 | 42.57 | 93/POD/10 |
|-----|------------------|----------|----------|-------|-----------|

300 m ppł kobiet

| | | | | | |
|-----|-------------|----------|----------|-------|-----------|
| 777 | Marta KUBEŁ | 95-09-23 | 48.87/10 | 48.87 | 94/POD/10 |
|-----|-------------|----------|----------|-------|-----------|

3000 m chód kobiet

| | | | | | |
|-----|-------------------|----------|-------------|----------|------------|
| 340 | Sylwia CZYŻKOWSKA | 96-08-03 | 18:17.58/10 | 18:17.58 | 284/POD/10 |
|-----|-------------------|----------|-------------|----------|------------|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 177 | Paulina NOWACKA | 95-11-17 | 37.08/10 | 37.08 | 555/POD/09 |
|-----|-----------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 183 | Daria ZABAWSKA | 95-04-16 | 33.10/10 | 33.10 | 279/POD/10 |
|-----|----------------|----------|----------|-------|------------|

Skok o tyczce kobiet

| | | | | | |
|-----|-----------------------|----------|---------|------|------------|
| 778 | Katarzyna STARCZEWSKA | 95-05-27 | 2.50/10 | 2.50 | 545/POD/09 |
|-----|-----------------------|----------|---------|------|------------|

Skok wzwyż kobiet

| | | | | | |
|-----|-----------------|----------|---------|------|------------|
| 778 | Izabela KONDRAT | 95-02-20 | 1.65/10 | 1.65 | 339/POD/09 |
|-----|-----------------|----------|---------|------|------------|

Rzut dyskiem młodzików (1kg)

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 204 | Rafał MOCARSKI | 95-02-21 | 47.60/10 | 47.60 | 100/POD/10 |
|-----|----------------|----------|----------|-------|------------|

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 323 | Michał MURSZTYN | 95-01-05 | 46.37/10 | 46.37 | 289/POD/10 |
|-----|-----------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 341 | Karol GODLEWSKI | 95-02-22 | 50.11/10 | 50.11 | 283/POD/10 |
|-----|-----------------|----------|----------|-------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|-----|-----------------------|----------|---------|------|------------|
| 780 | Bartłomiej BEDENICZUK | 95-09-06 | 1.85/10 | 1.85 | 267/POD/10 |
|-----|-----------------------|----------|---------|------|------------|

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|-----|----------------|----------|---------|------|------------|
| 210 | Damian NOWICKI | 95-09-27 | 1.82/10 | 1.82 | 240/POD/10 |
|-----|----------------|----------|---------|------|------------|

LKS Narew Kurpiewski Łomża

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 14 | Wioleta GÓRSKA | 95-01-03 | 39.62/10 | 39.62 | 225/POD/09 |
|----|----------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 14 | Wioleta GÓRSKA | 95-01-03 | 11.92/10 | 11.92 | 225/POD/09 |
|----|----------------|----------|----------|-------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|----|---------------|----------|---------|------|------------|
| 24 | Antoni GÓRSKI | 95-05-06 | 1.82/10 | 1.82 | 226/POD/09 |
|----|---------------|----------|---------|------|------------|

Skok w dal mężczyzn

| | | | | | |
|---|----------------|----------|---------|------|------------|
| 5 | Bartosz PADUCH | 95-03-21 | 6.09/10 | 6.09 | 149/POD/10 |
|---|----------------|----------|---------|------|------------|

LŁKS Prefbet Śniadowo Łomża

100 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 993 | Marta KALIŚCIAK | 96-06-11 | 13.23/10 | 13.23 | 166/POD/10 |
|-----|-----------------|----------|----------|-------|------------|

300 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 993 | Marta KALIŚCIAK | 96-06-11 | 42.32/10 | 42.32 | 166/POD/10 |
|-----|-----------------|----------|----------|-------|------------|

600 metrów kobiet

| | | | | | |
|-----|----------------|----------|------------|---------|-----------|
| 991 | Eliza GRZYMAŁA | 96-02-24 | 1:46.90/10 | 1:46.90 | 75/POD/10 |
|-----|----------------|----------|------------|---------|-----------|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 994 | Beata TRZONKOWSKA | 95-05-02 | 39.64/10 | 39.64 | 107/POD/09 |
|-----|-------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 994 | Beata TRZONKOWSKA | 95-05-02 | 12.96/10 | 12.96 | 107/POD/09 |
|-----|-------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 986 | Tomasz OLSZEWSKI | 95-01-19 | 11.57/10 | 11.57 | 579/POD/09 |
|-----|------------------|----------|----------|-------|------------|

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 986 | Tomasz OLSZEWSKI | 95-01-19 | 11.57/10 | 11.57 | 579/POD/09 |
|-----|------------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|------------|
| 990 | Paweł POGORZELSKI | 95-06-20 | 2:49.28/10 | 2:49.28 | 290/POD/09 |
|-----|-------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 986 | Tomasz OLSZEWSKI | 95-01-19 | 37.47/10 | 37.47 | 579/POD/09 |
|-----|------------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|--------------|----------|----------|-------|-----------|
| 986 | Rafał ŁAGUNA | 96-04-30 | 45.26/10 | 45.26 | 71/POD/10 |
|-----|--------------|----------|----------|-------|-----------|

600 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 998 | Grzegorz CHYLIŃSKI | 96-06-06 | 1:30.94/10 | 1:30.94 | 112/POD/10 |
|-----|--------------------|----------|------------|---------|------------|

| | | | | | |
|-----|-----------------|----------|------------|---------|-----------|
| 992 | Michał KAMIŃSKI | 95-03-13 | 1:31.70/09 | 1:32.50 | 89/POD/09 |
|-----|-----------------|----------|------------|---------|-----------|

Rzut młotem młodzików (5kg)

| | | | | | |
|----|------------------|----------|----------|-------|------------|
| 26 | Paweł ROSZKOWSKI | 96-08-18 | 40.97/10 | 40.97 | 169/POD/10 |
|----|------------------|----------|----------|-------|------------|

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 30 | Michał SAWKO | 95-02-03 | 39.34/10 | 39.34 | 580/POD/09 |
|----|--------------|----------|----------|-------|------------|

LUKS Hańcza Suwałki

100 metrów kobiet

1 Kornelia WRÓBEL 96-01-11 12.80/10 12.80 21/POD/10

1000 metrów kobiet

23 Żaneta JARZĄBSKA 96-09-09 3:06.29/10 3:06.29 16/POD/10

100 m ppł młodziczki (76,2)

24 Emilia PUCZYŁOWSKA 95-05-30 16.32/10 16.32 47/POD/09

12 Barbara WOJTULEWICZ 95-03-25 15.27/10 15.27 3/POD/09

12 Barbara WOJTULEWICZ 95-03-25 15.13/10 15.13 3/POD/09

300 m ppł kobiet

24 Emilia PUCZYŁOWSKA 95-05-30 49.65/10 49.65 47/POD/09

11 Elwira WRÓBEL 96-01-11 49.63/10 49.63 20/POD/10

Skok wzwyż kobiet

5 Wioleta SZULIŃSKA 95-01-10 1.62/10 1.62 39/POD/09

Skok w dal kobiet

1 Kornelia WRÓBEL 96-01-11 5.29/10 5.29 21/POD/10

100 metrów mężczyzn

29 Patryk FRANKO 95-05-15 11.11/10 11.11 25/POD/09

29 Patryk FRANKO 95-05-15 11.11/10 11.11 25/POD/09

300 metrów mężczyzn

29 Patryk FRANKO 95-05-15 37.49/10 37.49 25/POD/09

MKS Eurocentr Suchowola

Rzut dyskiem młodzików (1kg)

500 Bartosz CHOJNOWSKI 95-01-04 48.88/10 48.88 413/POD/09

Pchnięcie kulą młodzików (5kg)

500 Bartosz CHOJNOWSKI 95-01-04 16.15/10 16.15 413/POD/09

MKS Juwenia Białystok

Rzut młotem młodziczek (3kg)

49 Ewelina ŚLIWOWSKA 95-05-20 37.02/10 37.02 262/POD/10

5000 m chód mężczyzn

56 Kamil KOMAROWSKI 95-03-21 29:42.16/10 29:42.16

UKS 19 Bojary Białystok

100 m ppł młodziczki (76,2)

52 Iwona DŹWIL 95-05-05 15.93/10 15.93 328/POD/09

110 m ppł młodzików (91,4)

97 Kornel KUCZYŃSKI 95-02-01 16.73/10 16.73 384/POD/09

80 Wojciech PACEWICZ 95-01-11 16.37/10 16.37 386/POD/09

AZS-AWFiS Gdańsk

100 metrów kobiet

| | | | | |
|---------------------|----------|----------|-------|------------|
| 397 Klaudia GOŁĄBEK | 95-01-24 | 12.60/10 | 12.60 | 370/POM/09 |
| 397 Klaudia GOŁĄBEK | 95-01-24 | 12.60/10 | 12.60 | 370/POM/09 |

100 m ppł młodziczki (76,2)

| | | | | |
|----------------------|----------|----------|-------|------------|
| 404 Aleksandra ŁOSIK | 95-01-11 | 16.18/10 | 16.18 | 371/POM/09 |
| 401 Maja MIKOŁAJEK | 96-02-13 | 15.46/10 | 15.46 | 383/POM/10 |
| 401 Maja MIKOŁAJEK | 96-02-13 | 15.01/10 | 15.01 | 383/POM/10 |

300 m ppł kobiet

| | | | | |
|-------------------------|----------|----------|-------|--------------|
| 403 Magdalena ZUBRZYCKA | 96-10-06 | 49.23/10 | 49.23 | 386/POM/2010 |
|-------------------------|----------|----------|-------|--------------|

Skok w dal kobiet

| | | | | |
|--------------------|----------|---------|------|------------|
| 401 Maja MIKOŁAJEK | 96-02-13 | 5.31/10 | 5.31 | 383/POM/10 |
|--------------------|----------|---------|------|------------|

110 m ppł młodzików (91,4)

| | | | | |
|-------------------|----------|----------|-------|-------------|
| 400 Marcin GRUDKA | 95-01-01 | 15.95/10 | 15.95 | 0381/POM/10 |
| 400 Marcin GRUDKA | 95-01-01 | 15.67/10 | 15.67 | 0381/POM/10 |

Rzut dyskiem młodzików (1kg)

| | | | | |
|------------------|----------|----------|-------|------------|
| 392 Rafał WELENC | 95-04-28 | 45.39/10 | 45.39 | 377/POM/09 |
|------------------|----------|----------|-------|------------|

Skok w dal mężczyzn

| | | | | |
|--------------------|----------|---------|------|------------|
| 395 Beniamin LIGUZ | 95-01-29 | 6.18/10 | 6.18 | 375/POM/10 |
|--------------------|----------|---------|------|------------|

KKL Rodło Kwidzyn

1000 metrów kobiet

| | | | | |
|-------------------------|----------|------------|---------|--------------|
| 40 Magdalena WIŚNIEWSKA | 96-12-23 | 3:01.16/10 | 3:01.16 | 148/POM/2010 |
|-------------------------|----------|------------|---------|--------------|

600 metrów mężczyzn

| | | | | |
|----------------------|----------|------------|---------|-----------|
| 23 Marcin KANIGOWSKI | 95-10-25 | 1:26.42/10 | 1:26.42 | 57/POM/09 |
|----------------------|----------|------------|---------|-----------|

KL Gdynia

Skok o tyczce kobiet

| | | | | |
|--------------------------|----------|---------|------|------------|
| 284 Adrianna HUDZIK | 95-03-20 | 3.00/10 | 3.00 | 568/Pom/09 |
| 282 Justyna PSTRONGOWSKA | 95-01-15 | 2.90/10 | 2.90 | 574/Pom/09 |
| 285 Linda TUZ | 96-10-22 | 2.90/09 | 2.90 | 569/Pom/09 |

KL Lechia Gdańsk

3000 m chód kobiet

| | | | | |
|----------------------|----------|-------------|----------|------------|
| 163 Agata BRANDT | 95-09-13 | 17:13.95/10 | 17:13.95 | 541/POM/09 |
| 164 Diana HILDEBRAND | 95-10-25 | 16:22/10 | 16:22 | 200/POM/10 |
| 60 Agnieszka RADZIUN | 95-07-14 | 17:25.88/10 | 17:25.88 | 202/POM/10 |

5000 m chód mężczyzn

| | | | | |
|--------------------------|----------|-------------|----------|------------|
| 142 Krystian ANDREARCZYK | 95-04-10 | 29:14/10 | 29:14 | 539/POM/09 |
| 58 Artur KAIM | 95-06-11 | 28:32.61/10 | 28:32.61 | 540/POM/09 |

LKB Braci Petk Lębork

600 metrów kobiet

| | | | | |
|------------------------|----------|------------|---------|------------|
| 95 Monika GWOŹDZIAŃSKA | 95-06-05 | 1:40.43/09 | 1:40.78 | 144/POM/09 |
|------------------------|----------|------------|---------|------------|

LKS Zantyr Sztum

2000 metrów mężczyzn

| | | | | |
|--------------------|----------|------------|---------|-----------|
| 500 Michał KOPECKI | 96-01-01 | 6:07.92/10 | 6:07.92 | 83/POM/10 |
|--------------------|----------|------------|---------|-----------|

LKS Ziemi Puckiej Puck

100 metrów mężczyzn

| | | | | |
|---------------------|----------|----------|-------|------------|
| 7 Radosław LADEMANN | 95-02-08 | 11.38/10 | 11.38 | 469/POM/09 |
| 7 Radosław LADEMANN | 95-02-08 | 11.38/10 | 11.38 | 469/POM/09 |
| 10 Tomasz MUDLAFF | 95-07-16 | 11.60/10 | 11.60 | 468/POM/09 |

300 metrów mężczyzn

| | | | | |
|---------------------|----------|----------|-------|------------|
| 7 Radosław LADEMANN | 95-02-08 | 36.22/10 | 36.22 | 469/POM/09 |
|---------------------|----------|----------|-------|------------|

LLKS Ziemi Kociewskiej Skórcz

1000 metrów kobiet

| | | | | |
|---------------------|----------|------------|---------|------------|
| 53 Natalia DZIENIAK | 95-05-07 | 3:05.41/10 | 3:05.41 | 231/POM/09 |
| 53 Marta SZACHTA | 96-05-07 | 3:11.42/10 | 3:11.42 | 154/POM/10 |

600 metrów kobiet

| | | | | |
|-----------------|----------|------------|---------|------------|
| 51 Julia GAJDUS | 95-08-10 | 1:38.65/09 | 1:40.92 | 228/POM/09 |
|-----------------|----------|------------|---------|------------|

Rzut młotem młodzików (5kg)

| | | | | |
|-----------------------|----------|----------|-------|------------|
| 74 Sławomir KRĘCKI | 95-12-12 | 55.52/10 | 55.52 | 533/POM/09 |
| 62 Kacper WRZAŁKOWSKI | 95-09-20 | 36.32/10 | 36.32 | 530/POM/09 |

LLKS Ziemi Kociewskiej Smętowo Graniczne

1000 metrów kobiet

| | | | | |
|-----------------|----------|------------|---------|------------|
| 21 Daria KUFTA | 96-12-05 | 3:12.22/10 | 3:12.22 | 525/Pom/09 |
| 29 Kinga MOLLUS | 95-09-17 | 3:11.54/10 | 3:11.54 | 131/POM/10 |

1000 metrów mężczyzn

| | | | | |
|-------------------|----------|------------|---------|------------|
| 16 Wojciech BRAUN | 95-01-01 | 2:48.02/10 | 2:48.02 | 329/POM/10 |
| 11 Filip SIUDA | 95-03-25 | 2:49.19/10 | 2:49.19 | 302/Pom/09 |

2000 metrów mężczyzn

| | | | | |
|---------------|----------|------------|---------|------------|
| 13 Dawid WENT | 95-12-09 | 6:08.20/10 | 6:08.20 | 303/Pom/09 |
|---------------|----------|------------|---------|------------|

MKL Lider Malbork

600 metrów mężczyzn

| | | | | |
|---------------------|----------|------------|---------|------------|
| 547 Patryk SAROSIEK | 95-05-06 | 1:25.31/10 | 1:25.31 | 239/pom/09 |
|---------------------|----------|------------|---------|------------|

MKS Chojniczanka Chojnice

100 metrów kobiet

| | | | | | |
|----|----------------|----------|----------|-------|-----------|
| 23 | Dominika MOREK | 96-01-22 | 12.94/10 | 12.94 | 70/POM/09 |
|----|----------------|----------|----------|-------|-----------|

300 metrów kobiet

| | | | | | |
|----|----------------|----------|----------|-------|-----------|
| 23 | Dominika MOREK | 96-01-22 | 42.27/10 | 42.27 | 70/POM/09 |
|----|----------------|----------|----------|-------|-----------|

100 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 60 | Dawid MISIORSKI | 95-05-05 | 11.58/10 | 11.58 | 15/POM/10 |
|----|-----------------|----------|----------|-------|-----------|

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 60 | Dawid MISIORSKI | 95-05-05 | 11.58/10 | 11.58 | 15/POM/10 |
|----|-----------------|----------|----------|-------|-----------|

2000 metrów mężczyzn

| | | | | | |
|----|---------------|----------|------------|---------|-----------|
| 64 | Damian RUDNIK | 95-04-29 | 5:52.15/10 | 5:52.15 | 69/POM/09 |
|----|---------------|----------|------------|---------|-----------|

300 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 60 | Dawid MISIORSKI | 95-05-05 | 37.07/10 | 37.07 | 15/POM/10 |
|----|-----------------|----------|----------|-------|-----------|

MKS Sambor Tczew

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|------------------|----------|----------|-------|-----------|
| 60 | Paulina FURMANEK | 96-02-26 | 34.34/10 | 34.34 | 33/POM/10 |
|----|------------------|----------|----------|-------|-----------|

Pchnięcie kul młodziczek (3kg)

| | | | | | |
|----|-------------|----------|----------|-------|-----------|
| 52 | Agata GADEK | 96-01-23 | 11.39/10 | 11.39 | 29/POM/10 |
|----|-------------|----------|----------|-------|-----------|

Rzut oszczepem kobiet

| | | | | | |
|----|------------------|----------|----------|-------|-----------|
| 60 | Paulina FURMANEK | 96-02-26 | 31.48/10 | 31.48 | 33/POM/10 |
|----|------------------|----------|----------|-------|-----------|

| | | | | | |
|----|---------------------|----------|----------|-------|-----------|
| 40 | Martyna SEROCZYŃSKA | 95-03-01 | 33.70/10 | 33.70 | 30/POM/10 |
|----|---------------------|----------|----------|-------|-----------|

Skok wzwyż kobiet

| | | | | | |
|----|----------------|----------|---------|------|-----------|
| 40 | Natalia RADTKE | 96-02-14 | 1.65/10 | 1.65 | 28/POM/10 |
|----|----------------|----------|---------|------|-----------|

1000 metrów mężczyzn

| | | | | | |
|----|-------------------|----------|------------|---------|------------|
| 40 | Krzysztof WYSOCKI | 96-04-12 | 2:46.99/10 | 2:46.99 | 117/POM/10 |
|----|-------------------|----------|------------|---------|------------|

300 m ppł mężczyzn

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 10 | Patryk LASOCKI | 95-03-11 | 42.52/10 | 42.52 | 386/POM/09 |
|----|----------------|----------|----------|-------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|----|-------------------|----------|---------|------|------------|
| 55 | Michał MAŁKIEWICZ | 95-04-11 | 1.83/10 | 1.83 | 399/POM/09 |
|----|-------------------|----------|---------|------|------------|

MLKS Baszta Bytów

300 m ppł kobiet

| | | | | | |
|-----|--------------------|----------|----------|-------|-----------|
| 239 | Małgorzata CICHOSZ | 95-01-16 | 48.30/10 | 48.30 | 40/POM/08 |
|-----|--------------------|----------|----------|-------|-----------|

600 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|-----------|
| 254 | Patryk PIANKOWSKI | 95-08-14 | 1:28.82/10 | 1:28.82 | 85/POM/10 |
|-----|-------------------|----------|------------|---------|-----------|

MMKS Gdańsk

100 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 760 | Weronika BŁAŻEK | 96-01-14 | 12.46/10 | 12.46 | 217/POM/10 |
|-----|-----------------|----------|----------|-------|------------|

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 760 | Weronika BŁAŻEK | 96-01-14 | 12.46/10 | 12.46 | 217/POM/10 |
|-----|-----------------|----------|----------|-------|------------|

300 metrów kobiet

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 750 | Karolina GESEK | 96-02-20 | 41.48/10 | 41.48 | 355/POM/09 |
|-----|----------------|----------|----------|-------|------------|

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 757 | Regina MATEROWSKA | 95-11-10 | 42.70/10 | 42.70 | 223/POM/10 |
|-----|-------------------|----------|----------|-------|------------|

4x100 metrów kobiet

| | | | | | |
|-----|-----------------|----------|--|--|------------|
| 760 | Weronika BŁAŻEK | 96-01-14 | | | 217/POM/10 |
|-----|-----------------|----------|--|--|------------|

| | | | | | |
|-----|--------------------|----------|--|--|------------|
| 755 | Jacqueline BOLESKA | 95-12-30 | | | 111/POM/09 |
|-----|--------------------|----------|--|--|------------|

| | | | | | |
|-----|----------------|----------|--|--|------------|
| 750 | Karolina GESEK | 96-02-20 | | | 355/POM/09 |
|-----|----------------|----------|--|--|------------|

| | | | | | |
|-----|-------------------|----------|--|--|------------|
| 757 | Regina MATEROWSKA | 95-11-10 | | | 223/POM/10 |
|-----|-------------------|----------|--|--|------------|

Skok w dal kobiet

| | | | | | |
|-----|--------------------|----------|---------|------|------------|
| 755 | Jacqueline BOLESKA | 95-12-30 | 5.20/10 | 5.20 | 111/POM/09 |
|-----|--------------------|----------|---------|------|------------|

Pchnięcie kul młodzików (5kg)

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 797 | Mariusz PYCKA | 95-03-26 | 13.58/10 | 13.58 | 236/POM/10 |
|-----|---------------|----------|----------|-------|------------|

MTS Junior Sopot

Pchnięcie kul młodziczek (3kg)

| | | | | | |
|----|-------------------|----------|----------|-------|------------|
| 97 | Katarzyna HNATIUK | 96-04-02 | 12.52/10 | 12.52 | 158/POM/10 |
|----|-------------------|----------|----------|-------|------------|

Ośrodek Skoku o Tycze Gdańsk

Skok o tycze mężczyzn

| | | | | | |
|-----|--------------|----------|---------|------|------------|
| 104 | Artur GRUBBA | 95-02-18 | 3.00/10 | 3.00 | 249/POM/10 |
|-----|--------------|----------|---------|------|------------|

| | | | | | |
|-----|-------------------|----------|---------|------|------------|
| 103 | Arkadiusz MOLENDĄ | 95-01-06 | 3.00/10 | 3.00 | 331/POM/10 |
|-----|-------------------|----------|---------|------|------------|

| | | | | | |
|-----|-------------|----------|---------|------|------------|
| 100 | Damian PILC | 95-04-20 | 2.90/10 | 2.90 | 528/POM/09 |
|-----|-------------|----------|---------|------|------------|

RKS Rumia

300 metrów kobiet

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 94 | Joanna WALAS | 96-01-01 | 43.82/10 | 43.82 | 562/POM/09 |
|----|--------------|----------|----------|-------|------------|

Skok w dal mężczyzn

| | | | | | |
|----|-----------------|----------|---------|------|------------|
| 94 | Jakub CISKOWSKI | 96-05-08 | 6.12/09 | 6.12 | 561/POM/09 |
|----|-----------------|----------|---------|------|------------|

SKLA Słupsk

600 metrów kobiet

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 162 | Patrycja GÓRECKA | 95-08-13 | 1:41.80/10 | 1:41.80 | 202/POM/09 |
|-----|------------------|----------|------------|---------|------------|

Rzut oszczepem kobiet

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 298 | Hanna KAMIŃSKA | 96-01-19 | 33.01/10 | 33.01 | 190/POM/10 |
|-----|----------------|----------|----------|-------|------------|

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 169 | Marcelina WITEK | 95-06-02 | 44.90/10 | 44.90 | 174/POM/09 |
|-----|-----------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 168 | Szymon WRÓBEL | 96-03-12 | 58.22/10 | 58.22 | 188/POM/10 |
|-----|---------------|----------|----------|-------|------------|

SKLA Sopot

600 metrów kobiet

| | | | | | |
|-----|------------------|----------|------------|---------|-----------|
| 527 | Tatiana KUKIEŁKO | 95-06-07 | 1:38.92/09 | 1:38.94 | 44/POM/09 |
|-----|------------------|----------|------------|---------|-----------|

300 m ppł mężczyzn

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 530 | Łukasz SMOLNICKI | 95-01-27 | 41.27/10 | 41.27 | 361/POM/10 |
|-----|------------------|----------|----------|-------|------------|

4x100 metrów mężczyzn

| | | | | | |
|-----|---------------------|----------|--|--|------------|
| 0 | Maciej SKUT | 95-07-21 | | | 363/POM/10 |
| 530 | Łukasz SMOLNICKI | 95-01-27 | | | 361/POM/10 |
| 526 | Aleksander ZABŁOCKI | 95-07-18 | | | 250/POM/10 |
| 520 | Maciej ZIELIŃSKI | 95-04-29 | | | 496/POM/09 |

UKS Lipusz

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|------------------|----------|----------|-------|------------|
| 76 | Kinga EBERTOWSKA | 96-06-04 | 31.16/10 | 31.16 | 195/POM/10 |
|----|------------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | | |
|----|------------------|----------|----------|-------|------------|
| 76 | Kinga EBERTOWSKA | 96-06-04 | 35.05/10 | 35.05 | 195/POM/10 |
|----|------------------|----------|----------|-------|------------|

600 metrów mężczyzn

| | | | | | |
|----|----------------|----------|------------|---------|------------|
| 72 | Jakub RUMIŃSKI | 95-09-24 | 1:26.65/10 | 1:26.65 | 300/POM/09 |
|----|----------------|----------|------------|---------|------------|

UKS Wiking Rychnowy

2000 metrów mężczyzn

| | | | | | |
|----|------------------------|----------|------------|---------|------------|
| 70 | Bartłomiej SZCZEPAŃSKI | 95-08-28 | 6:13.92/10 | 6:13.92 | 104/POM/10 |
|----|------------------------|----------|------------|---------|------------|

ULKS Talex Borzytuchom

100 metrów mężczyzn

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 212 | Damian WOSIŃSKI | 96-05-06 | 11.73/10 | 11.73 | 346/POM/10 |
|-----|-----------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|-----------------|----------|------------|---------|-----------|
| 230 | Tomasz KOSIŃSKI | 95-02-11 | 2:44.10/10 | 2:44.10 | 86/POM/09 |
|-----|-----------------|----------|------------|---------|-----------|

100 metrów mężczyzn (PK)

| | | | | | | |
|----|-----|-------------|----------|----------|-------|------------|
| PK | 202 | Paweł SOKÓŁ | 96-02-03 | 12.42/10 | 12.42 | 343/POM/10 |
|----|-----|-------------|----------|----------|-------|------------|

2000 metrów mężczyzn

| | | | | | |
|-----|----------------------|----------|------------|---------|------------|
| 211 | Dominik SERAFINOWSKI | 96-01-01 | 6:14.37/10 | 6:14.37 | 301/POM/09 |
|-----|----------------------|----------|------------|---------|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|------------------|----------|----------|-------|-----------|
| 207 | Damian PAWŁOWICZ | 95-08-04 | 41.95/10 | 41.95 | 91/POM/09 |
|-----|------------------|----------|----------|-------|-----------|

4x100 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|--|--|------------|
| 230 | Tomasz KOSIŃSKI | 95-02-11 | | | 86/POM/09 |
| 204 | Damian PAWŁOWICZ | 95-08-04 | | | 91/POM/09 |
| 202 | Paweł SOKÓŁ | 96-02-03 | | | 343/POM/10 |
| 208 | Damian WOSIŃSKI | 96-05-06 | | | 346/POM/10 |

WKS Flota Gdynia

Skok wzwyż kobiet

| | | | | | |
|-----|-------------------------|----------|---------|------|-----------|
| 452 | Aleksandra NIEWIADOMSKA | 95-05-18 | 1.62/10 | 1.62 | 13/POM/10 |
|-----|-------------------------|----------|---------|------|-----------|

CKS Budowlani Częstochowa

3000 m chód kobiet

| | | | | | |
|-----|----------------|----------|-------------|----------|-----------|
| 380 | Joanna BINDRYN | 95-12-14 | 15:25.90/10 | 15:25.90 | 52/SLK/09 |
|-----|----------------|----------|-------------|----------|-----------|

100 metrów mężczyzn

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 611 | Michał JUSZCZYK | 95-11-05 | 11.91/10 | 11.91 | 442/SLK/09 |
|-----|-----------------|----------|----------|-------|------------|

| | | | | | |
|-----|--------------------|----------|----------|-------|-----------|
| 349 | Mikołaj WILCZYŃSKI | 95-04-30 | 11.80/10 | 11.80 | 46/SLK/09 |
|-----|--------------------|----------|----------|-------|-----------|

100 metrów mężczyzn (PK)

| | | | | | |
|-------|----------------|----------|--|--|------------|
| PK 66 | Dorian JELONEK | 95-01-11 | | | 594/SLK/09 |
|-------|----------------|----------|--|--|------------|

300 metrów mężczyzn

| | | | | | |
|-----|-------------|----------|----------|-------|-----------|
| 144 | Adam BŁASIK | 95-06-14 | 38.25/10 | 38.25 | 61/SLK/09 |
|-----|-------------|----------|----------|-------|-----------|

4x100 metrów mężczyzn

| | | | | | |
|-----|-------------|----------|--|--|-----------|
| 144 | Adam BŁASIK | 95-06-14 | | | 61/SLK/09 |
|-----|-------------|----------|--|--|-----------|

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|----|----------------|----------|--|--|------------|
| 66 | Dorian JELONEK | 95-01-11 | | | 594/SLK/09 |
|----|----------------|----------|--|--|------------|

| | | | | | |
|-----|-----------------|----------|--|--|------------|
| 611 | Michał JUSZCZYK | 95-11-05 | | | 442/SLK/09 |
|-----|-----------------|----------|--|--|------------|

| | | | | | |
|----|--------------------|----------|--|--|-----------|
| 49 | Mikołaj WILCZYŃSKI | 95-04-30 | | | 46/SLK/09 |
|----|--------------------|----------|--|--|-----------|

5000 m chód mężczyzn

| | | | | | |
|-----|-----------|----------|-------------|----------|-----------|
| 851 | Jan RYGAŁ | 95-06-25 | 24:55.37/10 | 24:55.37 | 60/SLK/09 |
|-----|-----------|----------|-------------|----------|-----------|

| | | | | | |
|-----|------------------|----------|-------------|----------|------------|
| 380 | Mateusz SZEWCZYK | 95-07-10 | 30:42.85/09 | 30:54.18 | 590/SLK/09 |
|-----|------------------|----------|-------------|----------|------------|

GKS Piast Gliwice

1000 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|------------|---------|-----------|
| 784 | Bartłomiej COPIK | 95-09-20 | 2:44.53/10 | 2:44.53 | 46/SLK/10 |
|-----|------------------|----------|------------|---------|-----------|

GTS Bojszowy

3000 m chód kobiet

| | | | | | |
|----|-------------------|----------|-------------|----------|------------|
| 53 | Natalia MAŃKOWSKA | 95-02-02 | 17:19.71/10 | 17:19.71 | 173/SLK/09 |
|----|-------------------|----------|-------------|----------|------------|

600 metrów mężczyzn

| | | | | | |
|----|--------------|----------|------------|---------|------------|
| 59 | Rafał BIOLIK | 96-07-09 | 1:28.33/10 | 1:28.33 | 167/SLK/09 |
|----|--------------|----------|------------|---------|------------|

LKS Pogórze Skoczów

600 metrów mężczyzn

| | | | | | |
|----|----------------------|----------|------------|---------|------------|
| 19 | Przemysław STRZĄDAŁA | 95-02-14 | 1:28.09/10 | 1:28.09 | 186/SLK/09 |
|----|----------------------|----------|------------|---------|------------|

LKS Pszczyna

100 metrów kobiet

| | | | | | |
|-----|---------------|----------|----------|-------|-----------|
| 123 | Monika MULARZ | 96-02-03 | 12.91/10 | 12.91 | 49/SLK/10 |
|-----|---------------|----------|----------|-------|-----------|

1000 metrów kobiet

| | | | | | |
|-----|---------------|----------|------------|---------|------------|
| 121 | Natalia WIERA | 95-05-13 | 3:02.86/10 | 3:02.86 | 183/SLK/09 |
|-----|---------------|----------|------------|---------|------------|

LUKS Konopiska

600 metrów kobiet

| | | | | | |
|-----|-----------------|----------|------------|---------|-----------|
| 406 | Julianna GASIAK | 95-12-10 | 1:35.87/10 | 1:35.87 | 79/SLK/10 |
|-----|-----------------|----------|------------|---------|-----------|

LUKS Zabrzeg

300 metrów kobiet

| | | | | | |
|---|--------------------|----------|----------|-------|-----------|
| 6 | Elżbieta GŁOGOWSKA | 95-01-10 | 43.70/10 | 43.70 | 44/SLK/10 |
|---|--------------------|----------|----------|-------|-----------|

300 m ppł mężczyzn

| | | | | | |
|----|------------------|----------|----------|-------|------------|
| 15 | Marcel MARSZAŁEK | 95-09-23 | 42.02/10 | 42.02 | 500/SLK/09 |
|----|------------------|----------|----------|-------|------------|

MKS Ustroń

Skok o tyczce kobiet

| | | | | | |
|----|----------------|----------|---------|------|------------|
| 48 | Natalia KRYSTA | 95-09-07 | 3.10/10 | 3.10 | 416/SLK/09 |
|----|----------------|----------|---------|------|------------|

Skok wzwyż kobiet

| | | | | | |
|----|---------------|----------|---------|------|------------|
| 57 | Justyna KŁODA | 96-05-10 | 1.55/10 | 1.55 | 422/SLK/09 |
|----|---------------|----------|---------|------|------------|

MKS Żywiec

Skok wzwyż kobiet

| | | | | | |
|----|-----------|----------|---------|------|------------|
| 59 | Ewa FIJAK | 95-08-17 | 1.60/10 | 1.60 | 506/SLK/09 |
|----|-----------|----------|---------|------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | | |
|---|-------------------|----------|----------|-------|------------|
| 4 | Kacper DOBRZAŃSKI | 95-02-11 | 13.74/10 | 13.74 | 309/SLK/10 |
|---|-------------------|----------|----------|-------|------------|

MKS-MOS Płomień Sosnowiec

600 metrów kobiet

| | | | | | |
|----|------------------|----------|------------|---------|------------|
| 52 | Jowita BŁASZCZAK | 95-11-15 | 1:41.21/10 | 1:41.21 | 605/SLK/09 |
|----|------------------|----------|------------|---------|------------|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 60 | Joanna KIJANKA | 96-10-02 | 34.93/10 | 34.93 | 314/SLK/10 |
|----|----------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 60 | Joanna KIJANKA | 96-10-02 | 11.84/10 | 11.84 | 314/SLK/10 |
|----|----------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | | |
|---|------------------|----------|----------|-------|------------|
| 4 | Jacek KABACIŃSKI | 95-10-25 | 11.83/10 | 11.83 | 351/SLK/09 |
|---|------------------|----------|----------|-------|------------|

100 metrów mężczyzn (PK)

| | | | | | | |
|----|---|--------------------|----------|----------|-------|------------|
| PK | 6 | Krzysztof ADAMCZYK | 95-10-28 | 11.90/10 | 11.90 | 316/SLK/10 |
|----|---|--------------------|----------|----------|-------|------------|

| | | | | | | |
|----|----|----------------|----------|----------|-------|------------|
| PK | 77 | Rafał KUBAŃSKI | 95-07-16 | 12.21/10 | 12.21 | 315/SLK/10 |
|----|----|----------------|----------|----------|-------|------------|

110 m ppł młodzików (91,4)

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 75 | Grzegorz JONAS | 95-03-15 | 17.18/10 | 17.18 | 350/SLK/09 |
|----|----------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 50 | Szymon MARCZUK | 95-07-24 | 42.20/10 | 42.20 | 345/SLK/09 |
|----|----------------|----------|----------|-------|------------|

4x100 metrów mężczyzn

13 Marek BRZEZIŃSKI

4 Jacek KABACIŃSKI

77 Rafał KUBAŃSKI

50 Szymon MARCZUK

Pchnięcie kulą młodzików (5kg)

| | | | | | |
|----|---------------------|----------|----------|-------|------------|
| 79 | Aleksander SOBIERAJ | 95-01-26 | 12.02/09 | 11.54 | 358/SLK/09 |
|----|---------------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 72 | Radosław ZROBEK | 95-10-20 | 40.72/10 | 40.72 | 602/SLK/09 |
|----|-----------------|----------|----------|-------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|----|-------------|----------|---------|------|------------|
| 63 | Szymon FABA | 95-01-21 | 1.82/10 | 1.82 | 349/SLK/09 |
|----|-------------|----------|---------|------|------------|

Skok w dal mężczyzn

| | | | | | |
|----|------------------|----------|---------|------|------------|
| 13 | Marek BRZEZIŃSKI | 95-05-12 | 6.44/10 | 6.44 | 211/SLK/10 |
|----|------------------|----------|---------|------|------------|

MKS-MOSM Bytom

300 m ppł kobiet

| | | | | | |
|----|-----------------------|----------|----------|-------|------------|
| 73 | Aleksandra BUCZKOWICZ | 95-04-04 | 46.07/10 | 46.07 | 135/SLK/09 |
|----|-----------------------|----------|----------|-------|------------|

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 71 | Oliwia KASPEREK | 95-09-20 | 48.13/10 | 48.13 | 138/SLK/09 |
|----|-----------------|----------|----------|-------|------------|

600 metrów kobiet

| | | | | | |
|----|------------------|----------|------------|---------|------------|
| 72 | Ewelina BALIŃSKA | 95-03-20 | 1:40.32/10 | 1:40.32 | 133/SLK/09 |
|----|------------------|----------|------------|---------|------------|

600 metrów mężczyzn

| | | | | | |
|----|---------------|----------|------------|---------|------------|
| 89 | Tomasz DOLATA | 96-02-15 | 1:27.98/10 | 1:27.98 | 152/SLK/09 |
|----|---------------|----------|------------|---------|------------|

MKS-SMS Victoria Racibórz

300 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|-----------|
| 52 | Daniel ZALEWSKI | 95-05-18 | 37.90/10 | 37.90 | 84/SLK/09 |
|----|-----------------|----------|----------|-------|-----------|

Rzut dyskiem młodzików (1kg)

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 52 | Krzysztof CICHY | 95-08-26 | 48.41/10 | 48.41 | 577/SLK/09 |
|----|-----------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 43 | Dawid MENDELSKI | 95-02-07 | 50.33/10 | 50.33 | 578/SLK/09 |
|----|-----------------|----------|----------|-------|------------|

MOS CSiR Dąbrowa Górnicza

100 metrów kobiet

| | | | | | |
|---|-------------|----------|----------|-------|----------|
| 2 | Kamila CIBA | 95-03-29 | 12.53/10 | 12.53 | 5/SLK/09 |
|---|-------------|----------|----------|-------|----------|

| | | | | | |
|---|-------------|----------|----------|-------|----------|
| 2 | Kamila CIBA | 95-03-29 | 12.53/10 | 12.53 | 5/SLK/09 |
|---|-------------|----------|----------|-------|----------|

1000 metrów kobiet

| | | | | | |
|---|----------------|----------|------------|---------|-----------|
| 8 | Kinga ŻUKOWSKA | 96-11-21 | 3:08.32/10 | 3:08.32 | 12/SLK/10 |
|---|----------------|----------|------------|---------|-----------|

100 m ppł młodziczki (76,2)

| | | | | | |
|---|-------------|----------|----------|-------|----------|
| 2 | Kamila CIBA | 95-03-29 | 14.54/10 | 14.54 | 5/SLK/09 |
|---|-------------|----------|----------|-------|----------|

| | | | | | |
|---|-------------|----------|----------|-------|----------|
| 2 | Kamila CIBA | 95-03-29 | 14.54/10 | 14.54 | 5/SLK/09 |
|---|-------------|----------|----------|-------|----------|

600 metrów kobiet

| | | | | | |
|----|-------------------|----------|------------|---------|-----------|
| 22 | Weronika ŻUKOWSKA | 96-11-21 | 1:40.99/10 | 1:40.99 | 13/SLK/10 |
|----|-------------------|----------|------------|---------|-----------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|---|---------------|----------|----------|-------|-----------|
| 3 | Roksana KAWKA | 95-02-04 | 11.84/10 | 11.84 | 22/SLK/10 |
|---|---------------|----------|----------|-------|-----------|

| | | | | | |
|---|--------------|----------|----------|-------|------------|
| 8 | Patrycja MOŚ | 95-01-17 | 11.97/10 | 11.97 | 342/SLK/10 |
|---|--------------|----------|----------|-------|------------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|---|---------------|----------|----------|-------|-----------|
| 3 | Roksana KAWKA | 95-02-04 | 44.43/10 | 44.43 | 22/SLK/10 |
|---|---------------|----------|----------|-------|-----------|

300 m ppł mężczyzn

| | | | | | |
|----|-----------------|----------|----------|-------|----------|
| 37 | Sebastian KRAUT | 95-01-25 | 41.48/10 | 41.48 | 2/SLK/09 |
|----|-----------------|----------|----------|-------|----------|

RMKS Rybnik

100 metrów kobiet (PK)

| | | | | | | |
|----|----|--------------------|----------|----------|-------|------------|
| PK | 68 | Magdalena KOWALSKA | 95-08-25 | 13.21/10 | 13.21 | 575/SLK/09 |
|----|----|--------------------|----------|----------|-------|------------|

| | | | | | | |
|----|----|--------------|----------|----------|-------|------------|
| PK | 84 | Kinga PEKAŁA | 96-04-19 | 13.61/10 | 13.61 | 343/SLK/10 |
|----|----|--------------|----------|----------|-------|------------|

300 metrów kobiet

| | | | | | |
|----|-----------------|----------|----------|-------|------------|
| 81 | Natalia PIONTEK | 95-11-23 | 41.66/10 | 41.66 | 383/SLK/09 |
|----|-----------------|----------|----------|-------|------------|

4x100 metrów kobiet

68 Magdalena KOWALSKA

84 Kinga PEKAŁA

81 Natalia PIONTEK

98 Paulina POTYKA

Skok w dal kobiet

| | | | | | |
|----|----------------|----------|---------|------|------------|
| 98 | Paulina POTYKA | 95-07-30 | 5.37/10 | 5.37 | 393/SLK/09 |
|----|----------------|----------|---------|------|------------|

TL Pogoń Ruda Śląska

300 metrów kobiet

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 420 | Angelika SIWCZYK | 95-02-17 | 43.28/10 | 43.28 | 585/SLK/09 |
|-----|------------------|----------|----------|-------|------------|

600 metrów kobiet

| | | | | | |
|-----|---------------|----------|------------|---------|------------|
| 402 | Zuzanna PUTOŃ | 95-02-26 | 1:39.46/10 | 1:39.46 | 402/SLK/09 |
|-----|---------------|----------|------------|---------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|--------------|----------|------------|---------|------------|
| 406 | Adrian HAJOK | 95-01-11 | 2:48.23/10 | 2:48.23 | 593/SLK/09 |
|-----|--------------|----------|------------|---------|------------|

TS AKS Chorzów

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 108 | Paulina BRYDA | 95-01-26 | 16.48/10 | 16.48 | 250/SLK/10 |
|-----|---------------|----------|----------|-------|------------|

300 m ppł kobiet

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 108 | Paulina BRYDA | 95-01-26 | 48.39/10 | 48.39 | 250/SLK/10 |
|-----|---------------|----------|----------|-------|------------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|---------------------|----------|----------|-------|------------|
| 115 | Aleksandra KOKOWSKA | 95-04-28 | 47.65/10 | 47.65 | 585/SLK/09 |
|-----|---------------------|----------|----------|-------|------------|

100 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 111 | Aleksander SERAFIN | 95-08-29 | 11.64/10 | 11.64 | 533/SLK/09 |
|-----|--------------------|----------|----------|-------|------------|

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 111 | Aleksander SERAFIN | 95-08-29 | 11.64/10 | 11.64 | 533/SLK/09 |
|-----|--------------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 321 | Mateusz JĘDRUSIK | 95-01-10 | 2:50.99/10 | 2:50.99 | 248/SLK/10 |
|-----|------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 111 | Aleksander SERAFIN | 95-08-29 | 38.05/10 | 38.05 | 533/SLK/09 |
|-----|--------------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | | |
|-----|-------------------|----------|----------|-------|------------|
| 108 | Kajetan DUSZYŃSKI | 95-05-12 | 40.70/10 | 40.70 | 536/SLK/09 |
|-----|-------------------|----------|----------|-------|------------|

UKS 14 Zabrze

2000 metrów mężczyzn

| | | | | | |
|---|-----------|----------|------------|---------|------------|
| 7 | Kamil MAJ | 95-04-02 | 6:06.65/10 | 6:06.65 | 246/SLK/09 |
|---|-----------|----------|------------|---------|------------|

UKS Czwórka Żory

1000 metrów kobiet

| | | | | | |
|-----|----------------|----------|------------|---------|------------|
| 778 | Hanna SZCZYPKA | 96-08-13 | 3:06.82/10 | 3:06.82 | 178/SLK/09 |
|-----|----------------|----------|------------|---------|------------|

300 metrów kobiet

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 776 | Izabela GRUSZKA | 95-07-28 | 42.89/10 | 42.89 | 180/SLK/09 |
|-----|-----------------|----------|----------|-------|------------|

UKS Olimp Mazańcowice

Skok o tyczce kobiet

| | | | | | |
|----|------------|----------|---------|------|------------|
| 55 | Anna PUZOŃ | 95-01-12 | 2.60/10 | 2.60 | 583/SLK/09 |
|----|------------|----------|---------|------|------------|

| | | | | | |
|---|------------------|----------|---------|------|------------|
| 9 | Daria SOBOLEWSKA | 96-02-07 | 2.71/10 | 2.71 | 336/SLK/10 |
|---|------------------|----------|---------|------|------------|

Skok o tyczce mężczyzn

| | | | | | |
|---|-------------|----------|---------|------|------------|
| 6 | Kamil KUPKA | 96-05-06 | 2.81/10 | 2.81 | 337/SLK/10 |
|---|-------------|----------|---------|------|------------|

KKL Kielce

100 metrów kobiet

| | | | | | |
|-----|---------------|----------|----------|-------|------------|
| 607 | Maria MIERZWA | 95-06-12 | 13.40/10 | 13.40 | 173/SWK/09 |
|-----|---------------|----------|----------|-------|------------|

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 603 | Paulina WIŚNIEWSKA | 95-05-08 | 15.30/10 | 15.30 | 155/SWK/09 |
|-----|--------------------|----------|----------|-------|------------|

| | | | | | |
|-----|--------------------|----------|----------|-------|------------|
| 603 | Paulina WIŚNIEWSKA | 95-05-08 | 15.22/10 | 15.22 | 155/SWK/09 |
|-----|--------------------|----------|----------|-------|------------|

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|-----|--------------------|----------|----------|-------|-----------|
| 603 | Katarzyna FURMANEK | 96-02-19 | 12.33/10 | 12.33 | 62/SWK/09 |
|-----|--------------------|----------|----------|-------|-----------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|--------------------|----------|----------|-------|-----------|
| 603 | Katarzyna FURMANEK | 96-02-19 | 50.71/10 | 50.71 | 62/SWK/09 |
|-----|--------------------|----------|----------|-------|-----------|

110 m ppł młodzików (91,4)

| | | | | | |
|-----|----------------|----------|----------|-------|-----------|
| 608 | Patryk GRADZIK | 95-02-08 | 15.21/10 | 15.21 | 64/SWK/09 |
|-----|----------------|----------|----------|-------|-----------|

| | | | | | |
|-----|----------------|----------|----------|-------|-----------|
| 608 | Patryk GRADZIK | 95-02-08 | 15.39/10 | 15.39 | 64/SWK/09 |
|-----|----------------|----------|----------|-------|-----------|

Skok o tyczce mężczyzn

| | | | | | |
|---|----------------|----------|---------|------|-----------|
| 2 | Mateusz WÓJCIK | 96-04-04 | 3.00/10 | 3.00 | 70/SWK/10 |
|---|----------------|----------|---------|------|-----------|

KLKS Juventa-Kobex Starachowice

100 metrów mężczyzn

| | | | | | |
|-----|---------------------|----------|----------|-------|-----------|
| 440 | Bartosz WIERZBIŃSKI | 95-01-29 | 11.49/10 | 11.49 | 42/SWK/09 |
|-----|---------------------|----------|----------|-------|-----------|

2000 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|-----------|
| 439 | Marcin RZESZOWSKI | 96-03-04 | 6:40.66/10 | 6:40.66 | 72/SWK/10 |
|-----|-------------------|----------|------------|---------|-----------|

300 metrów mężczyzn

| | | | | | |
|-----|---------------------|----------|----------|-------|-----------|
| 440 | Bartosz WIERZBIŃSKI | 95-01-29 | 37.50/10 | 37.50 | 42/SWK/09 |
|-----|---------------------|----------|----------|-------|-----------|

STS Skarżysko-Kamienna

1000 metrów kobiet

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 119 | Klaudia KOTAŃSKA | 95-05-26 | 3:07.50/10 | 3:07.50 | 159/SWK/09 |
|-----|------------------|----------|------------|---------|------------|

UKS Sprint Stadnicka Wola

1000 metrów mężczyzn

| | | | | | |
|-----|---------------------|----------|------------|---------|-----------|
| 304 | Krzysztof SŁOWIŃSKI | 95-10-26 | 2:58.22/10 | 2:58.22 | 91/SWK/10 |
|-----|---------------------|----------|------------|---------|-----------|

UKS Żaczek Połaniec

100 metrów mężczyzn

| | | | | | |
|---|-------------|----------|----------|-------|------------|
| 1 | Mateusz GAD | 95-10-06 | 11.42/10 | 11.42 | 166/SWK/09 |
|---|-------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|----|---------------------|----------|------------|---------|------------|
| 11 | Krzysztof PASTERNAK | 95-04-04 | 2:55.08/10 | 2:55.08 | 108/SWK/09 |
|----|---------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | | |
|---|-------------|----------|----------|-------|------------|
| 2 | Mateusz GAD | 95-10-06 | 38.24/10 | 38.24 | 166/SWK/09 |
|---|-------------|----------|----------|-------|------------|

300 m ppł mężczyzn

| | | | | | |
|----|---------------|----------|----------|-------|-----------|
| 22 | Mateusz SIUDA | 95-02-11 | 41.11/10 | 41.11 | 63/SWK/09 |
|----|---------------|----------|----------|-------|-----------|

ULKS Gryf Rytwiany

Skok wzwyż mężczyzn

| | | | | | |
|---|----------------------|----------|---------|------|------------|
| 3 | Aleksander PODSIADŁO | 95-08-23 | 1.88/10 | 1.88 | 184/SWK/09 |
|---|----------------------|----------|---------|------|------------|

| | | | | | |
|---|----------------------|----------|---------|------|------------|
| 3 | Aleksander PODSIADŁO | 95-08-23 | 1.88/10 | 1.88 | 184/SWK/09 |
|---|----------------------|----------|---------|------|------------|

AZS UWM Olsztyn

4x100 metrów kobiet

51 Małgorzata DZIADKO
88 Beata MILANOWSKA
47 Martyna STRUCIŃSKA
42 Aleksandra SZCZERBACZEWI

600 metrów kobiet

47 Martyna STRUCIŃSKA 95-03-26 1:34.98/10 1:34.98 194/WMZ/09

1000 metrów mężczyzn

47 Michał MISIEWICZ 95-12-31 2:46.54/10 2:46.54 200/WMZ/09

100 metrów mężczyzn (PK)

PK 89 Patryk ŁUGOWSKI 95-01-24 11.72/10 11.72 118/WMZ/10
PK 52 Łukasz NAKONIECZNY 95-05-04 12.36/10 12.36 95/WMZ/10

4x100 metrów mężczyzn

41 Mateusz BACZEWSKI
78 Maciej ŁABASZEWSKI
3 Patryk ŁUGOWSKI
52 Łukasz NAKONIECZNY

600 metrów mężczyzn

81 Kacper ADAMSKI 95-12-27 1:28.45/10 1:28.45 136/WMZ/09
41 Mateusz BACZEWSKI 95-02-26 1:25.95/10 1:25.95 213/WMZ/09

KS Jeziorak Iława

2000 metrów mężczyzn

99 Paweł ZIELIŃSKI 95-01-26 6:03.32/10 6:03.32 106/WMZ/09

Skok wzwyż mężczyzn

7 Jakub PESTA 95-11-30 1.75/10 1.75 80/WMZ/10

MLUKS Pojezierze Etckie Etka

300 m ppł kobiet

91 Aleksandra BALCEREK 96-05-01 48.02/10 48.02 59/WMZ/10

MOS Zatoka Braniewo

1000 metrów kobiet

6 Urszula BIRYŁO 95-05-05 3:08.78/10 3:08.78 24/WMZ/09

NKS Drwęca 1919 Nowe Miasto Lubawskie

Skok wzwyż mężczyzn

109 Cezary PIETRUSZYŃSKI 96-03-17 1.85/10 1.85 48/WMZ/10

UKS Gimpas Paślęk

Rzut młotem młodzików (5kg)

184 Bartosz DACYSZYN 95-06-03 32.97/10 32.97 146/WMZ/10

UKS Jedynka Bartoszyce

2000 metrów mężczyzn

53 Łukasz ZŁOTUCHA 95-02-17 6:04.45/10 6:04.45 205/WMZ/09

UKS MOSiR Działdowo

1000 metrów kobiet

77 Patrycja MULKITYN 95-09-08 3:04.95/10 3:04.95 159/WMZ/09

300 metrów kobiet

33 Patrycja ŁUGOWSKA 95-07-20 40.70/10 40.70 199/WMZ/09
66 Żaneta STANISZEWSKA 95-02-22 43.55/10 43.55 198/WMZ/09

300 m ppł kobiet

66 Żaneta STANISZEWSKA 95-02-22 47.18/10 47.18 198/WMZ/09

AZS Poznań

300 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|----------|-------|-------------|
| 155 | Mikołaj JEZIEŃSKI | 95-04-25 | 37.80/10 | 37.80 | 413/WLKP/10 |
|-----|-------------------|----------|----------|-------|-------------|

KS Gwardia Piła

3000 m chód kobiet

| | | | | | |
|-----|------------------|----------|-------------|----------|-------------|
| 143 | Katarzyna MROTEK | 95-03-21 | 15:52.56/10 | 15:52.56 | 555/WLKP/09 |
|-----|------------------|----------|-------------|----------|-------------|

600 metrów kobiet

| | | | | | |
|-----|---------------|----------|------------|---------|------------|
| 145 | Sandra SZPOTT | 96-01-22 | 1:40.63/10 | 1:40.63 | 10/WLKP/10 |
|-----|---------------|----------|------------|---------|------------|

1000 metrów mężczyzn

| | | | | | |
|-----|-------------|----------|------------|---------|-------------|
| 137 | Kamil LINKA | 95-02-02 | 2:42.55/10 | 2:42.55 | 112/WLKP/09 |
|-----|-------------|----------|------------|---------|-------------|

300 m ppł mężczyzn

| | | | | | |
|-----|---------------|----------|----------|-------|-------------|
| 146 | Artur STOCHAJ | 95-03-16 | 41.60/10 | 41.60 | 126/WLKP/10 |
|-----|---------------|----------|----------|-------|-------------|

4x100 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|--|--|-------------|
| 146 | Grzegorz CIEMIĘGA | 95-05-03 | | | 330/WLKP/09 |
|-----|-------------------|----------|--|--|-------------|

| | | | | | |
|-----|----------------|----------|--|--|------------|
| 140 | Dawid GŁOWACKI | 96-02-11 | | | 11/WLKP/10 |
|-----|----------------|----------|--|--|------------|

| | | | | | |
|-----|---------------|----------|--|--|-------------|
| 146 | Artur STOCHAJ | 95-03-16 | | | 126/WLKP/10 |
|-----|---------------|----------|--|--|-------------|

| | | | | | |
|-----|---------------|----------|--|--|------------|
| 138 | Patryk TARENT | 96-03-08 | | | 16/WLKP/10 |
|-----|---------------|----------|--|--|------------|

Skok w dal mężczyzn

| | | | | | |
|-----|----------------|----------|---------|------|------------|
| 140 | Dawid GŁOWACKI | 96-02-11 | 6.26/10 | 6.26 | 11/WLKP/10 |
|-----|----------------|----------|---------|------|------------|

KS Stal Ostrów Wlkp.

Skok w dal kobiet

| | | | | | |
|-----|-------------------|----------|---------|------|------------|
| 308 | Roksana PODLEWSKA | 96-05-06 | 5.21/10 | 5.21 | 41/wlkp/10 |
|-----|-------------------|----------|---------|------|------------|

LKLA Krokus Astromal Leszno

300 m ppł kobiet

| | | | | | |
|---|------------------|----------|----------|-------|------------|
| 5 | Katarzyna KOPYTO | 95-08-21 | 48.22/10 | 48.22 | 90/WLKP/10 |
|---|------------------|----------|----------|-------|------------|

Skok w dal kobiet

| | | | | | |
|---|------------------|----------|---------|------|------------|
| 5 | Katarzyna KOPYTO | 95-08-21 | 4.79/10 | 4.79 | 90/WLKP/10 |
|---|------------------|----------|---------|------|------------|

LKS Maraton Turek

Rzut oszczepem młodzików (600)

| | | | | | |
|---|-----------------|----------|----------|-------|-------------|
| 5 | Michał FARYŃSKI | 95-01-15 | 52.01/10 | 52.01 | 544/WLKP/09 |
|---|-----------------|----------|----------|-------|-------------|

LKS Orkan Ostrzeszów

100 metrów mężczyzn

| | | | | | |
|-----|----------------|----------|----------|-------|-------------|
| 405 | Piotr GROBELNY | 95-04-05 | 11.47/10 | 11.47 | 414/WLKP/10 |
|-----|----------------|----------|----------|-------|-------------|

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|-----|----------------|----------|----------|-------|-------------|
| 405 | Piotr GROBELNY | 95-04-05 | 11.47/10 | 11.47 | 414/WLKP/10 |
|-----|----------------|----------|----------|-------|-------------|

300 metrów mężczyzn

| | | | | | |
|-----|----------------|----------|----------|-------|-------------|
| 405 | Piotr GROBELNY | 95-04-05 | 37.77/10 | 37.77 | 414/WLKP/10 |
|-----|----------------|----------|----------|-------|-------------|

LKS Orkan Wlkp. Poznań

1000 metrów kobiet

| | | | | | |
|-----|------------------|----------|------------|---------|-------------|
| 480 | Karena KROSCHTEL | 96-07-04 | 3:03.00/10 | 3:03.00 | 421/WLKP/09 |
|-----|------------------|----------|------------|---------|-------------|

LKS OSiR Pleszew

Pchnięcie kulą młodziczek (3kg)

| | | | | | |
|----|-------------|----------|----------|-------|--------------|
| 24 | Anna LEWERA | 95-01-09 | 10.81/10 | 10.81 | -568/WLKP/09 |
|----|-------------|----------|----------|-------|--------------|

LKS Sana Kościan

2000 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|------------|---------|------------|
| 407 | Piotr MIKOŁAJCZAK | 96-03-16 | 6:01.53/10 | 6:01.53 | 28/WLKP/10 |
|-----|-------------------|----------|------------|---------|------------|

LUKS Orkan Września

Skok wzwyż kobiet

| | | | | | |
|-----|-------------------|----------|---------|------|-------------|
| 376 | Monika WAWRZYŃIAK | 95-03-23 | 1.70/10 | 1.70 | 531/WLKP/09 |
|-----|-------------------|----------|---------|------|-------------|

Skok wzwyż mężczyzn

| | | | | | |
|-----|---------------|----------|---------|------|------------|
| 425 | Hubert HAMPEL | 96-01-16 | 1.85/10 | 1.85 | 83/WLKP/10 |
|-----|---------------|----------|---------|------|------------|

MKL Gniezno

600 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 927 | Bartosz LIPIŃSKI | 95-08-21 | 1:25.08/10 | 1:25.08 | 28/WLKP/09 |
|-----|------------------|----------|------------|---------|------------|

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|-----|----------------|----------|------------|---------|-------------|
| 939 | Patryk SOBCZYK | 95-02-15 | 1:28.03/10 | 1:28.03 | 386/WLKP/09 |
|-----|----------------|----------|------------|---------|-------------|

MKS Baszta Szamotuły

100 metrów kobiet

| | | | | | |
|----|------------|----------|----------|-------|--|
| 23 | Anna BŁOCH | 95-03-23 | 12.96/10 | 12.96 | |
|----|------------|----------|----------|-------|--|

300 metrów kobiet

| | | | | | |
|----|-------------------|----------|----------|-------|--|
| 22 | Adrianna JANOWICZ | 95-04-16 | 41.40/10 | 41.40 | |
|----|-------------------|----------|----------|-------|--|

Rzut dyskiem młodziczek (0,75 kg)

| | | | | | |
|----|----------------|----------|----------|-------|--|
| 20 | Anna KACZMAREK | 95-01-17 | 34.25/10 | 34.25 | |
|----|----------------|----------|----------|-------|--|

MKS Juwenia Puszczykowo

300 metrów kobiet

| | | | | | |
|----|----------------------|----------|----------|-------|------------|
| 79 | Karolina ORGANIŚCIAK | 96-01-16 | 42.11/10 | 42.11 | 86/WLKP/10 |
|----|----------------------|----------|----------|-------|------------|

MUKS Kadet Rawicz

Rzut młotem młodziczek (3kg)

| | | | | | |
|----|------------------|----------|----------|-------|------------|
| 90 | Marika KACZMAREK | 96-04-25 | 35.34/10 | 35.34 | 61/WLKP/10 |
|----|------------------|----------|----------|-------|------------|

1000 metrów mężczyzn

| | | | | | |
|----|------------------|----------|------------|---------|-------------|
| 89 | Kamil HANKIEWICZ | 95-01-01 | 2:48.79/10 | 2:48.79 | 560/WLKP/09 |
|----|------------------|----------|------------|---------|-------------|

PLKS Gwda Piła

300 m ppł kobiet

| | | | | | |
|-----|----------------|----------|----------|-------|-------------|
| 515 | Agata ROLIŃSKA | 95-07-22 | 51.79/10 | 51.79 | 530/WLKP/09 |
|-----|----------------|----------|----------|-------|-------------|

300 m ppł mężczyzn

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 539 | Patryk DŁUGOSZ | 95-10-05 | 41.68/10 | 41.68 | 22/wlkp/09 |
|-----|----------------|----------|----------|-------|------------|

Skok wzwyż mężczyzn

| | | | | | |
|-----|--------------|----------|---------|------|-------------|
| 474 | Kamil CIĘŻKI | 95-07-11 | 1.75/10 | 1.75 | 387/WLKP/10 |
|-----|--------------|----------|---------|------|-------------|

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|-----|--------------|----------|---------|------|-------------|
| 510 | Patryk GRYKA | 95-01-27 | 1.87/10 | 1.87 | 388/WLKP/10 |
|-----|--------------|----------|---------|------|-------------|

TS Olimpia Poznań

4x100 metrów kobiet

| | | | | | |
|-----|------------------------|----------|--|--|-------------|
| 646 | Magdalena ANDRZEJEWSKA | 95-08-24 | | | 144/wlkp/09 |
|-----|------------------------|----------|--|--|-------------|

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| 645 | Monika MIKOŁAJCZAK | 96-01-24 | | | 512/wlkp/09 |
|-----|--------------------|----------|--|--|-------------|

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|-----|--------------|----------|--|--|-------------|
| 648 | Barbara PACH | 95-11-06 | | | 143/wlkp/09 |
|-----|--------------|----------|--|--|-------------|

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|-----|------------------|----------|--|--|-------------|
| 648 | Adrianna SZÓSTAK | 96-03-02 | | | 535/WLKP/09 |
|-----|------------------|----------|--|--|-------------|

600 metrów kobiet

| | | | | | |
|-----|--------------------|----------|------------|---------|-------------|
| 645 | Monika MIKOŁAJCZAK | 96-01-24 | 1:43.24/10 | 1:43.24 | 512/wlkp/09 |
|-----|--------------------|----------|------------|---------|-------------|

Skok o tyczce kobiet

| | | | | | |
|-----|------------------------|----------|---------|------|-------------|
| 649 | Małgorzata WYBIERALSKA | 96-07-09 | 2.90/10 | 2.90 | 534/WLKP/09 |
|-----|------------------------|----------|---------|------|-------------|

Skok w dal kobiet

| | | | | | |
|-----|------------------|----------|---------|------|-------------|
| 648 | Adrianna SZÓSTAK | 96-03-02 | 5.44/10 | 5.44 | 535/WLKP/09 |
|-----|------------------|----------|---------|------|-------------|

300 m ppł mężczyzn

| | | | | | |
|-----|-------------------|----------|----------|-------|-------------|
| 656 | Filip MACIEJEWSKI | 95-06-20 | 41.80/10 | 41.80 | 145/wlkp/09 |
|-----|-------------------|----------|----------|-------|-------------|

Skok o tyczce mężczyzn

| | | | | | |
|-----|----------------|----------|---------|------|-------------|
| 651 | Filip CYBULSKI | 95-02-27 | 4.11/10 | 4.11 | 509/WLKP/09 |
|-----|----------------|----------|---------|------|-------------|

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|-----|-------------------|----------|---------|------|-------------|
| 648 | Nikodem ODLANICKI | 95-01-01 | 3.70/10 | 3.70 | 137/WLKP/09 |
|-----|-------------------|----------|---------|------|-------------|

UKS 12 Kalisz

3000 m chód kobiet

| | | | | | |
|-----|---------------|----------|-------------|----------|------------|
| 172 | Marta BIŃCZYK | 95-03-31 | 16:37.87/10 | 16:37.87 | 50/WLKP/09 |
|-----|---------------|----------|-------------|----------|------------|

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|-----|-----------------|----------|----------|-------|-------------|
| 178 | Katarzyna PRUSS | 96-09-24 | 16:14/10 | 16:14 | 355/WLKP/10 |
|-----|-----------------|----------|----------|-------|-------------|

UKS Achilles Leszno

100 m ppł młodziczki (76,2)

| | | | | | |
|-----|------------|----------|----------|-------|------------|
| 196 | Ewa POLOCH | 95-03-09 | 16.28/10 | 16.28 | 86/Wlkp/09 |
|-----|------------|----------|----------|-------|------------|

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|-----|----------------|----------|----------|-------|------------|
| 197 | Martyna POLOCH | 95-03-09 | 16.22/10 | 16.22 | 84/Wlkp/09 |
|-----|----------------|----------|----------|-------|------------|

300 m ppł kobiet

| | | | | | |
|-----|------------|----------|----------|-------|------------|
| 196 | Ewa POLOCH | 95-03-09 | 47.56/10 | 47.56 | 86/Wlkp/09 |
|-----|------------|----------|----------|-------|------------|

| | | | | | |
|-----|----------------|----------|----------|-------|------------|
| 197 | Martyna POLOCH | 95-03-09 | 48.37/10 | 48.37 | 84/Wlkp/09 |
|-----|----------------|----------|----------|-------|------------|

Skok w dal mężczyzn

| | | | | | |
|-----|---------------------|----------|---------|------|------------|
| 200 | Grzegorz DOLACIŃSKI | 95-07-08 | 6.26/10 | 6.26 | 33/WLKP/10 |
|-----|---------------------|----------|---------|------|------------|

UKS AS Czempień

2000 metrów mężczyzn

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 202 | Jędrzej MARKIEWICZ | 95-09-07 | 5:58.82/10 | 5:58.82 | 69/WLKP/10 |
|-----|--------------------|----------|------------|---------|------------|

300 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|----------|-------|--------------|
| 210 | Marcin SIEJAK | 95-05-26 | 38.18/10 | 38.18 | 363 /wlkp/09 |
|-----|---------------|----------|----------|-------|--------------|

UKS Olimp Duszniki

600 metrów mężczyzn

| | | | | | |
|-----|----------------|----------|------------|---------|-------------|
| 206 | Dominik KORPIK | 95-08-01 | 1:27.84/10 | 1:27.84 | 211/WLKP/09 |
|-----|----------------|----------|------------|---------|-------------|

Rzut dyskiem młodzików (1kg)

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 209 | Łukasz PRZEWOŹNY | 95-03-07 | 45.60/10 | 45.60 | 55/WLKP/09 |
|-----|------------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 209 | Łukasz PRZEWOŹNY | 95-03-07 | 51.94/09 | 48.60 | 55/WLKP/09 |
|-----|------------------|----------|----------|-------|------------|

UKS Orkan Środa Wlkp.

300 metrów mężczyzn

| | | | | | |
|-----|-------------------|----------|----------|-------|-------------|
| 473 | Tomasz WOLNIEWICZ | 96-03-07 | 37.70/10 | 37.70 | 369/WLKP/10 |
|-----|-------------------|----------|----------|-------|-------------|

5000 m chód mężczyzn

| | | | | | |
|-----|------------------|----------|-------------|----------|-------------|
| 476 | Szymon ZIELIŃSKI | 95-12-06 | 24:46.79/10 | 24:46.79 | 604/WLKP/09 |
|-----|------------------|----------|-------------|----------|-------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|-----|------------------|----------|----------|-------|-------------|
| 475 | Marcin WROTYŃSKI | 96-03-11 | 49.61/10 | 49.61 | 275/WLKP/10 |
|-----|------------------|----------|----------|-------|-------------|

Skok w dal mężczyzn

| | | | | | |
|-----|------------------|----------|---------|------|-------------|
| 474 | Tomasz KUDERCZAK | 95-03-09 | 6.15/10 | 6.15 | 199/WLKP/09 |
|-----|------------------|----------|---------|------|-------------|

UKS Przetaj Żerków

3000 m chód kobiet

| | | | | | |
|-----|--------------------|----------|-------------|----------|-------------|
| 606 | Krystyna ZIELIŃSKA | 95-06-06 | 17:03.80/10 | 17:03.80 | 350/WLKP/09 |
|-----|--------------------|----------|-------------|----------|-------------|

UKS Skoczek Skoki

5000 m chód mężczyzn

| | | | | | |
|----|---------------|----------|----------|-------|-------------|
| 20 | Mateusz NOWAK | 96-05-06 | 26:22/10 | 26:22 | 428/WLKP/10 |
|----|---------------|----------|----------|-------|-------------|

UKS Skoczek Władysławów

600 metrów mężczyzn

| | | | | | |
|-----|---------------|----------|------------|---------|-------------|
| 682 | Jakub BAŁDYKA | 96-04-13 | 1:26.87/10 | 1:26.87 | 365/WLKP/10 |
|-----|---------------|----------|------------|---------|-------------|

UMKS Iskra Wolsztyn**100 m ppł młodziczki (76,2)**

| | | | | | |
|----|--------------|----------|----------|-------|------------|
| 11 | Marta KUCZYK | 95-04-24 | 16.86/10 | 16.86 | 242wlkp/09 |
|----|--------------|----------|----------|-------|------------|

Rzut oszczepem kobiet

| | | | | | |
|----|------------------|----------|----------|-------|-------------|
| 13 | Milena PISKORSKA | 95-09-13 | 32.12/10 | 32.12 | 254/WLKP/09 |
|----|------------------|----------|----------|-------|-------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|---|------------------|----------|----------|-------|-------------|
| 2 | Michał WOJKOWIAK | 95-09-19 | 47.21/10 | 47.21 | 249/WLKP/09 |
|---|------------------|----------|----------|-------|-------------|

KL Bałtyk Koszalin

1000 metrów mężczyzn

| | | | | | |
|----|--------------------|----------|------------|---------|-----------|
| 21 | Paweł PRUCHNIEWSKI | 96-05-12 | 2:49.49/10 | 2:49.49 | 46/ZPO/10 |
|----|--------------------|----------|------------|---------|-----------|

KL Iskra Białogard

300 metrów kobiet

| | | | | | |
|-----|----------------------|----------|----------|-------|----------|
| 519 | Weronika PODLASZCZAK | 95-06-23 | 40.89/10 | 40.89 | 8/ZPO/09 |
|-----|----------------------|----------|----------|-------|----------|

KMKL Sztorm Kołobrzeg

5000 m chód mężczyzn

| | | | | | |
|-----|-----------------------|----------|-------------|----------|------------|
| 714 | Przemysław SZPECIŃSKI | 95-04-10 | 28:00.31/10 | 28:00.31 | 412/ZPO/10 |
|-----|-----------------------|----------|-------------|----------|------------|

Pchnięcie kulą młodzików (5kg)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 724 | Dawid STANOWSKI | 95-02-28 | 13.50/09 | 13.12 | 411/ZPO/09 |
|-----|-----------------|----------|----------|-------|------------|

KS Żak Wałcz

Rzut młotem młodziczek (3kg)

| | | | | | |
|-----|------------------|----------|----------|-------|------------|
| 201 | Magda KOŻANOWSKA | 95-05-15 | 38.28/10 | 38.28 | 197/ZPO/10 |
|-----|------------------|----------|----------|-------|------------|

Rzut młotem młodzików (5kg)

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 210 | Maciej LASZCZYK | 96-03-18 | 40.90/10 | 40.90 | 200/ZPO/10 |
|-----|-----------------|----------|----------|-------|------------|

LKS Olympic Szczecin

300 m ppł mężczyzn

| | | | | | |
|----|---------------|----------|----------|-------|------------|
| 13 | Daniel NIŻNIK | 95-04-03 | 40.37/10 | 40.37 | 231/ZPO/09 |
|----|---------------|----------|----------|-------|------------|

LKS Pomorze Stargard

1000 metrów mężczyzn

| | | | | | |
|-----|------------------|----------|------------|---------|------------|
| 960 | Łukasz ŁACHAŃSKI | 95-04-06 | 2:52.98/10 | 2:52.98 | 165/ZPO/10 |
|-----|------------------|----------|------------|---------|------------|

2000 metrów mężczyzn

| | | | | | |
|-----|-------------|----------|------------|---------|--|
| 938 | Alan PASTOR | 95-05-07 | 6:05.23/10 | 6:05.23 | |
|-----|-------------|----------|------------|---------|--|

300 metrów mężczyzn

| | | | | | |
|-----|-----------------|----------|----------|-------|------------|
| 937 | Paweł CISZEWSKI | 95-06-13 | 38.56/10 | 38.56 | 155/ZPO/10 |
|-----|-----------------|----------|----------|-------|------------|

LKS Spartakus Pyrzyce

1000 metrów kobiet

| | | | | | |
|-----|--------------------|----------|------------|---------|------------|
| 840 | Paulina STARZYŃSKA | 95-12-12 | 3:06.55/10 | 3:06.55 | 183/ZPO/09 |
|-----|--------------------|----------|------------|---------|------------|

LLKS Pomorze Stargard

Rzut młotem młodziczek (3kg)

| | | | | | |
|----|--------------------|----------|----------|-------|-----------|
| 94 | Marta KORDYKIEWICZ | 96-08-20 | 42.85/10 | 42.85 | 19/ZPO/10 |
|----|--------------------|----------|----------|-------|-----------|

Rzut młotem młodzików (5kg)

| | | | | | |
|----|--------------------|----------|----------|-------|------------|
| 97 | Kenneth MARYNOWSKI | 95-06-28 | 53.82/10 | 53.82 | 283/ZPO/09 |
|----|--------------------|----------|----------|-------|------------|

MKL Maraton Świnoujście

1000 metrów kobiet

| | | | | | |
|---|------------------|----------|------------|---------|-----------|
| 7 | Aleksandra HOŁDA | 96-11-27 | 3:02.77/10 | 3:02.77 | 16/ZPO/10 |
|---|------------------|----------|------------|---------|-----------|

MKS Hermes Gryfino

300 m ppł kobiet

| | | | | | |
|----|----------------|----------|----------|-------|-----------|
| 61 | Natalia ŚLĘZAK | 95-05-07 | 47.65/10 | 47.65 | 41/ZPO/09 |
|----|----------------|----------|----------|-------|-----------|

Rzut młotem młodziczek (3kg)

| | | | | | |
|----|-------------|----------|----------|-------|-----------|
| 66 | Sara IDCZAK | 95-03-29 | 36.55/10 | 36.55 | 74/ZPO/09 |
|----|-------------|----------|----------|-------|-----------|

Skok w dal kobiet

| | | | | | |
|----|----------------|----------|---------|------|-----------|
| 61 | Natalia ŚLĘZAK | 95-05-07 | 5.43/10 | 5.43 | 41/ZPO/09 |
|----|----------------|----------|---------|------|-----------|

2000 metrów mężczyzn

| | | | | | |
|----|-----------------|----------|------------|---------|------------|
| 66 | Paweł PANKRATOW | 95-04-10 | 5:54.41/10 | 5:54.41 | 193/ZPO/09 |
|----|-----------------|----------|------------|---------|------------|

MKS Junior Złocieniec

100 metrów mężczyzn

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 16 | Kamil JANISZAK | 95-12-29 | 11.49/10 | 11.49 | 158/ZPO/10 |
|----|----------------|----------|----------|-------|------------|

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|----|----------------|----------|----------|-------|------------|
| 16 | Kamil JANISZAK | 95-12-29 | 11.49/10 | 11.49 | 158/ZPO/10 |
|----|----------------|----------|----------|-------|------------|

300 metrów mężczyzn

| | | | | | |
|----|----------------|----------|----------|-------|------------|
| 16 | Kamil JANISZAK | 95-12-29 | 37.46/10 | 37.46 | 158/ZPO/10 |
|----|----------------|----------|----------|-------|------------|

Rzut oszczepem młodzików (600)

| | | | | | |
|----|-----------------------|----------|----------|-------|-----------|
| 29 | Adrian DZIECIĄTKOWSKI | 95-05-18 | 52.66/10 | 52.66 | 15/ZPO/09 |
|----|-----------------------|----------|----------|-------|-----------|

MKS Kusy Szczecin

Skok wzwyż kobiet

| | | | | | |
|-----|--------------------|----------|---------|------|-----------|
| 161 | Kornelia KISZEWSKA | 95-03-14 | 1.60/10 | 1.60 | 66/ZPO/09 |
|-----|--------------------|----------|---------|------|-----------|

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|----|-----------------|----------|---------|------|------------|
| 55 | Sonia SŁAWIŃSKA | 95-09-27 | 1.61/10 | 1.61 | 194/ZPO/10 |
|----|-----------------|----------|---------|------|------------|

100 metrów mężczyzn

| | | | | | |
|-----|------------|----------|----------|-------|------------|
| 525 | Adam GRELA | 95-10-27 | 11.37/10 | 11.37 | 178/ZPO/09 |
|-----|------------|----------|----------|-------|------------|

100 metrów mężczyzn (PK)

| | | | | | | |
|----|-----|--------------------|----------|----------|-------|------------|
| PK | 252 | Michał BOGDANOWICZ | 95-02-28 | 12.60/10 | 12.60 | 175/ZPO/09 |
|----|-----|--------------------|----------|----------|-------|------------|

| | | | | | | |
|----|----|-----------------|----------|----------|--|------------|
| PK | 59 | Adam BRZEZIŃSKI | 95-09-02 | 12.86/09 | | 160/ZPO/09 |
|----|----|-----------------|----------|----------|--|------------|

| | | | | | | |
|----|----|------------|----------|--|--|------------|
| PK | 51 | Emil KARAŚ | 95-06-30 | | | 191/ZPO/10 |
|----|----|------------|----------|--|--|------------|

| | | | | | | |
|----|----|----------------|----------|----------|-------|-----------|
| PK | 62 | Mariusz MAĆZKA | 95-08-06 | 12.17/09 | 12.23 | 17/ZPO/10 |
|----|----|----------------|----------|----------|-------|-----------|

| | | | | | | |
|----|----|----------------|----------|----------|-------|--|
| PK | 58 | Mateusz SREBRO | 95-01-02 | 12.49/10 | 12.49 | |
|----|----|----------------|----------|----------|-------|--|

4x100 metrów mężczyzn

| | |
|-----|------------|
| 525 | Adam GRELA |
|-----|------------|

| | |
|----|------------|
| 51 | Emil KARAŚ |
|----|------------|

| | |
|----|----------------|
| 62 | Mariusz MAĆZKA |
|----|----------------|

| | |
|----|----------------|
| 58 | Mateusz SREBRO |
|----|----------------|

UKL Ósemka Police

100 metrów kobiet

| | | | | | |
|----|----------------|----------|----------|-------|-----------|
| 12 | Julia KUROWSKA | 95-06-29 | 12.57/10 | 12.57 | 72/ZPO/09 |
|----|----------------|----------|----------|-------|-----------|

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|----|----------------|----------|----------|-------|-----------|
| 12 | Julia KUROWSKA | 95-06-29 | 12.57/10 | 12.57 | 72/ZPO/09 |
|----|----------------|----------|----------|-------|-----------|

UKS Barnim Goleniów

600 metrów kobiet

| | | | | |
|--------------------|----------|------------|---------|-----------|
| 969 Karolina GAŚKA | 95-12-09 | 1:41.55/10 | 1:41.55 | 76/ZPO/09 |
|--------------------|----------|------------|---------|-----------|



Obsada sędziowska

| | |
|--|---|
| Sędzia Główny Zawodów | <i>Magdalena Schmidt</i> |
| Komisja Odwoławcza | <i>Czesław Lubarski Tadeusz Majsterkiewicz Magdalena Schmidt</i> |
| Delegat Techniczny PZLA | <i>Tadeusz Majsterkiewicz</i> |
| Starterzy | <i>Józef Knut Krzysztof Knut Wojciech Lach Piotr Lerch Piotr Siemiontkowski</i> |
| Sędziowie Główni Biegów | <i>Andrzej Chmielewski Andrzej Ojrzyński Andrzej Spasowicz</i> |
| Sędziowie Główni Rzutów | <i>Grzegorz Batóg Ryszard Dudek Hubert Tobias</i> |
| Sędziowie Główni Skoków | <i>Bogdan Bocian Arleta Kaniewska Miroslaw Makaruk</i> |
| Sędzia Główny Chodu | <i>Stanisław Pawełczak</i> |
| Pomiar Czasu (FinishLynx)-DomTel-Sport Słupsk | <i>Krzysztof Dukarski Ryszard Pilarczyk</i> |