



Wyniki w parach

3000 m K

RP: 4:02.12 Katarzyna BACHLEDA-CURUŚ Polska Salt Lake City (USA) 15/02/13

| Para | Tor | Numer | Imię i Nazwisko | Kateg | Klub | Wynik (Ranking) |
|----------|-----|-------|---------------------------|-------|---------------------------------|---------------------|
| 1 | W | | Małgorzata LITWITZ | 11 | Akademia Łyżwiarstwa Kristensen | 5:35.62 (13) |

LITWITZ Małgorzata

| | | |
|-------|----|------------------|
| 200m | 13 | 23.98 (23.98) |
| 600m | 13 | 1:04.65 (40.66) |
| 1000m | 13 | 1:48.09 (43.43) |
| 1400m | 13 | 2:33.17 (45.08) |
| 1800m | 13 | 3:18.54 (45.37) |
| 2200m | 13 | 4:04.51 (45.97) |
| 2600m | 13 | 4:51.03 (46.51) |
| 3000m | 13 | 5:35.54 (44.51)" |

| | | | | | | |
|----------|---|--|--------------------------|----|--------------------------------|------------------------|
| 2 | W | | Urszula SYCHOWICZ | 11 | UKS Sparta Grodzisk Mazowiecki | 5:00.77 (11) PB |
| | Z | | Kornelia DYŁĄG | 11 | SKŁ Górnik Sanok | 5:01.85 (12) PB |

SYCHOWICZ Urszula

| | | |
|-------|----|------------------|
| 200m | 11 | 23.43 (23.43) |
| 600m | 11 | 1:01.57 (38.14) |
| 1000m | 11 | 1:40.64 (39.07) |
| 1400m | 11 | 2:21.19 (40.54) |
| 1800m | 11 | 3:01.67 (40.48) |
| 2200m | 11 | 3:42.83 (41.16) |
| 2600m | 11 | 4:22.55 (39.72) |
| 3000m | 11 | 5:00.76 (38.20)" |

DYŁĄG Kornelia

| | | |
|-------|----|------------------|
| 200m | 12 | 23.51 (23.51) |
| 600m | 12 | 1:02.15 (38.63) |
| 1000m | 12 | 1:41.22 (39.06) |
| 1400m | 12 | 2:21.33 (40.11) |
| 1800m | 12 | 3:02.33 (41.00) |
| 2200m | 12 | 3:42.86 (40.52) |
| 2600m | 12 | 4:23.32 (40.46) |
| 3000m | 12 | 5:01.86 (38.53)" |

| | | | | | | |
|----------|---|--|-----------------------|----|--------------------------------|------------------------|
| 3 | W | | Magdalena KULA | 06 | UKS Sparta Grodzisk Mazowiecki | 4:49.08 (9) PB |
| | Z | | Anna PERZYŃSKA | 11 | UKS Sparta Grodzisk Mazowiecki | 4:53.64 (10) PB |

KULA Magdalena

| | | |
|-------|----|------------------|
| 200m | 9 | 22.22 (22.22) |
| 600m | 10 | 57.58 (35.36) |
| 1000m | 10 | 1:33.96 (36.38) |
| 1400m | 9 | 2:11.38 (37.41) |
| 1800m | 9 | 2:49.60 (38.21) |
| 2200m | 9 | 3:28.56 (38.96) |
| 2600m | 9 | 4:08.13 (39.57) |
| 3000m | 9 | 4:49.07 (40.94)" |

PERZYŃSKA Anna

| | | |
|-------|----|------------------|
| 200m | 10 | 22.40 (22.40) |
| 600m | 9 | 57.45 (35.05) |
| 1000m | 9 | 1:33.77 (36.31) |
| 1400m | 10 | 2:11.68 (37.91) |
| 1800m | 10 | 2:50.56 (38.87) |
| 2200m | 10 | 3:31.45 (40.89) |
| 2600m | 10 | 4:13.16 (41.70) |
| 3000m | 10 | 4:53.61 (40.45)" |



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|----------|---|-------------------------------|----|--------------------------------|-----------------------|
| 4 | W | Zofia SZCZĘSNA | 12 | KS ARENA Tomaszów Mazowiecki | 4:40.22 (5) PB |
| | Z | Wiktoria DZIENISIEWICZ | 09 | UKS Sparta Grodzisk Mazowiecki | 4:46.55 (8) PB |

| SZCZĘSNA Zofia | | | DZIENISIEWICZ Wiktoria | | |
|----------------|---|------------------|------------------------|---|------------------|
| 200m | 8 | 22.02 (22.02) | 200m | 4 | 21.54 (21.54) |
| 600m | 7 | 56.73 (34.70) | 600m | 4 | 55.71 (34.16) |
| 1000m | 6 | 1:32.05 (35.32) | 1000m | 8 | 1:32.54 (36.82) |
| 1400m | 6 | 2:08.66 (36.61) | 1400m | 8 | 2:09.60 (37.06) |
| 1800m | 6 | 2:46.08 (37.42) | 1800m | 8 | 2:47.48 (37.87) |
| 2200m | 6 | 3:23.93 (37.85) | 2200m | 8 | 3:26.63 (39.15) |
| 2600m | 5 | 4:02.35 (38.41) | 2600m | 8 | 4:07.28 (40.64) |
| 3000m | 5 | 4:40.23 (37.87)" | 3000m | 8 | 4:46.54 (39.25)" |

| | | | | | |
|----------|---|-------------------------|----|--|-----------------------|
| 5 | W | Alicja PODSKARBI | 12 | IUKS Dziewiątka Tomaszów Mazowiecki | 4:44.52 (7) PB |
| | Z | Lena BUDZAN | 09 | Akademia Sportowego Rozwoju Natalii Czer | 4:44.51 (6) |

| PODSKARBI Alicja | | | BUDZAN Lena | | |
|------------------|---|------------------|-------------|---|------------------|
| 200m | 6 | 21.62 (21.62) | 200m | 5 | 21.60 (21.60) |
| 600m | 8 | 56.98 (35.36) | 600m | 3 | 55.06 (33.45) |
| 1000m | 7 | 1:32.46 (35.48) | 1000m | 3 | 1:29.39 (34.33) |
| 1400m | 7 | 2:08.97 (36.50) | 1400m | 5 | 2:05.48 (36.08) |
| 1800m | 7 | 2:46.63 (37.65) | 1800m | 5 | 2:43.20 (37.71) |
| 2200m | 7 | 3:25.93 (39.30) | 2200m | 5 | 3:22.26 (39.06) |
| 2600m | 7 | 4:05.77 (39.83) | 2600m | 6 | 4:02.93 (40.67) |
| 3000m | 7 | 4:44.50 (38.73)" | 3000m | 6 | 4:44.49 (41.56)" |

| | | | | | |
|----------|---|-----------------------|----|------------------------|--------------------|
| 6 | W | Liwia KUBIN | 04 | KS SNPTT 1907 Zakopane | 4:26.33 (4) |
| | Z | Emilia ZAWISZA | 07 | UKS Viking Elbląg | 4:26.27 (3) |

| KUBIN Liwia | | | ZAWISZA Emilia | | |
|-------------|---|------------------|----------------|---|------------------|
| 200m | 3 | 21.45 (21.45) | 200m | 7 | 21.71 (21.71) |
| 600m | 5 | 55.72 (34.26) | 600m | 6 | 55.80 (34.09) |
| 1000m | 4 | 1:29.77 (34.05) | 1000m | 5 | 1:29.99 (34.18) |
| 1400m | 4 | 2:04.39 (34.61) | 1400m | 3 | 2:04.16 (34.17) |
| 1800m | 4 | 2:39.02 (34.62) | 1800m | 3 | 2:38.93 (34.77) |
| 2200m | 4 | 3:14.24 (35.22) | 2200m | 3 | 3:14.14 (35.20) |
| 2600m | 3 | 3:50.09 (35.85) | 2600m | 4 | 3:50.39 (36.25) |
| 3000m | 4 | 4:26.33 (36.23)" | 3000m | 3 | 4:26.27 (35.87)" |

| | | | | | |
|----------|---|------------------------|----|-------------------------------|-----------------------|
| 7 | W | Zofia BRAUN | 07 | WTŁ Stegny Warszawa | 4:14.11 (1) |
| | Z | Natalia JABRZYK | 01 | KS Pilica Tomaszów Mazowiecki | 4:23.38 (2) SB |

| BRAUN Zofia | | | JABRZYK Natalia | | |
|-------------|---|------------------|-----------------|---|------------------|
| 200m | 1 | 20.74 (20.74) | 200m | 2 | 20.96 (20.96) |
| 600m | 1 | 53.19 (32.45) | 600m | 2 | 53.20 (32.24) |
| 1000m | 1 | 1:25.78 (32.58) | 1000m | 2 | 1:26.49 (33.28) |
| 1400m | 1 | 1:58.85 (33.07) | 1400m | 2 | 2:00.55 (34.06) |
| 1800m | 1 | 2:32.01 (33.15) | 1800m | 2 | 2:35.20 (34.64) |
| 2200m | 1 | 3:05.40 (33.38) | 2200m | 2 | 3:10.69 (35.48) |
| 2600m | 1 | 3:39.38 (33.98) | 2600m | 2 | 3:46.64 (35.95) |
| 3000m | 1 | 4:14.13 (34.74)" | 3000m | 2 | 4:23.38 (36.73)" |

Start: 12:54

Koniec: 13:12

Temp: 12°C - Wilgotność: 40 % - Lód: -8°C

Sędzia Główny: *Barbara Koźma (Sanok)*

Starter: *Marek Balczerzyk (Tomaszów Maz.)*

www.pzls.pl

Druk: 26-03-14 13:18:32

DNS-nie wystartował, DNF-nie ukończył, DQ-dyskwalifikacja, PR- rekord sezonu

